

**SOUTH EAST ASIAN EDUCATIONAL TRUST®**



# **SHARADHI**

**2025 – 2026**

**COLLEGE ANNUAL MAGAZINE**

**S.E.A. College of Science, Commerce and Arts  
(Autonomous)**

# **FOUNDER**



## **Sri. A. Krishnappa**

**Honourable Founder.**

**S.E.A. GROUP OF INSTITUTIONS,**

**Ex-Minister. Govt. of Karnataka**

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## *Acknowledgement*

With profound respect and gratitude, we extend our heartfelt appreciation to the **Chairperson, Smt. Manjula A. Krishnappa, the Secretary, Sri D. T. Srinivasa, the Chief Executive Officer, Smt. Poorinima Srinivas, the Joint Secretary and Treasurer, Smt. Anupama K, the Vice President, Miss Vinisha Yadav, Dr. Brijesh Yadav and Mr. Rohan Yadav the Trustees of the SEA Group of Institutions.** Their visionary leadership, encouragement, and unwavering support have been the cornerstone in bringing out *Sharadhi 2025*.

We are deeply indebted to our **Honorable Director, Dr. K. Viyyanna Rao,** whose guidance continues to inspire academic excellence and creative expression. We also express our sincere thanks to our **Respected Principal, Dr. Muthe Gowda T N,** for his steadfast leadership and motivation that has enabled this magazine to flourish.

Our special appreciation goes to the **Editorial Board,** whose dedication, creativity, and meticulous effort have shaped this edition into a vibrant reflection of our college community. We gratefully acknowledge the contributions of the **faculty members and student coordinators,** whose collaborative spirit and tireless involvement ensured the successful compilation of this magazine.

We also recognize the invaluable efforts of all contributors- the students, staff, and well-wishers, whose writings, artwork, and ideas have enriched *Sharadhi 2025* with diversity and depth.

Finally, we bow in gratitude to everyone who provided support strength, inspiration, and unity to present this annual magazine as a celebration of knowledge, creativity, and collective endeavor.

## *Editorial Board*

### **Magazine Editorial Board**

**Chief Editor:** Dr. Muthe Gowda T.N, Principal

**Editors:** Dr. Raji S- Dean of Academics  
Ms. Beryl. E- HOD of Languages Department

### **Editorial Board Members**

Dr. Nethra H.S- HOD of Science Department and COE

Ms Hemavati M- Vice Principal

Mr. Manjunatha S- HOD of MCA and M.Sc.(CS) and IQAC Coordinator

Mr. Mahaingaiah G.K-HOD of Arts and Humanities(UG/PG)& PG Coordinator

Ms. P. Santhi Theja - HOD of B.C.A

Ms. Kalanjali M – HOD of B.H.M

Ms. Shashikala H- Placement Coordinator

Mr. Kanthraja R- Asst. Professor (Kannada)

Ms. Shilpa Shree K.B- Asst. Professor (Hindi)

Ms. Inicca B- Asst. Professor (English)

### **Student Members**

Mr. Mohammad Shaiban B.C.A Final Year

Ms. Jennifer P B.COM Final Year

Ms. Vibha Golekar B.Sc First Year

Ms. Harshitha B.A First Year

## *Institutional Philosophy*

### *Vision*

*To be a dynamic learning institution providing intellectual, ethical and technical empowerment of human resource to meet the challenges of the future.*

### *Quality Policy*

*Committed to providing state of the art creative learning, experience with specific focus on shaping the youth minds to be the role models in building new India.*

### *Mission*

*To create a democratic academic atmosphere, through interactive learning experience utilizing best resources for the young and energetic minds and promote value and quality-based education for overall development of human resource.*

### *Core values*

*Commitment towards providing excellent learning environment with Diversity and Inclusion, Ethics and Dignity, Civic Awareness and Social Responsibility and Accountability towards their surrounding. The college promotes a proactive environment for the students in personality development, integration of technology and skill enhancement. The college encourages and nurtures a safe and secure environment for women, physically challenged, students from minorities and for students of other state or nationalities.*

## *The Management*



**SHRI. A. KRISHNAPPA**  
FOUNDER S.E.A.E.T



**MRS. MANJULA  
KRISHNAPPA**  
CHAIRPERSON, S.E.A.E.T



**MR. SRINIVASA. D T**  
SECRETARY, S.E.A.E.T  
MLC, GOVT OF KARNATAKA



**MRS. K. POORNIMA SRINIVASA**  
CEO, S.E.A.E.T  
EX MLA, HIRIYUR ASSEMBLY  
CONSTITUENCY



**MRS. ANUPAMA. K**  
TREASURER &  
JOINT SECRETARY,  
S.E.A.E.T



**MISS. VINISHA YADAV**  
VICE-PRESIDENT, S.E.A.E.T



**Dr. BRIJESH YADAV**  
MEMBER, S.E.A.E.T



**MR. ROHAN YADAV**  
MEMBER, S.E.A.E.T



**DR. K. VIYYANNA RAO**  
HONORARY DIRECTOR,  
S.E.A.E.T  
EX-VICE CHANCELLOR

## *About The College*

At S.E.A. College of Science, Commerce and Arts, education extends far beyond the acquisition of knowledge. Here, learning becomes a deeply personal journey, one that invites students to discover their authentic voice, unlock latent capabilities, and pursue excellence on their own terms. The campus thrives on a sense of genuine connection. Faculty, staff, and students form a community that honors both individual strengths and vulnerabilities, creating space for mutual support as each person develops mental fortitude and physical well-being. This atmosphere of trust allows for honest conversations about growth, setbacks, and aspirations.

We believe in substance over shortcuts. The college instills habits of sustained effort, thoughtful self-regulation, and disciplined inquiry. These qualities prepare our members to navigate complexity and make sound judgments when circumstances shift unexpectedly, proving invaluable as graduates encounter the unpredictable contours of professional and civic life. What distinguishes our approach is the deliberate evolution we encourage. Students arrive with foundational skills and leave as confident initiators. They learn to anticipate rather than merely respond, to build coalitions rather than compete in isolation, and to measure success not by personal achievement alone but by collective advancement. The institution consciously nurtures this shift from tentative beginnings to creative problem-solving, from passive observation to active competence.

This transformation doesn't happen by accident. It emerges from a carefully structured environment where young minds engage with ideas that challenge their assumptions, expand their perspectives, and ultimately shape their character. Our graduates carry forward more than academic credentials. They leave equipped with a coherent set of principles that inform both professional decisions and personal conduct, prepared to make meaningful contributions to the world they enter.

## *The Legacy*

Great institutions are not merely built they are envisioned, nurtured, and propelled forward by purposeful leadership and unwavering commitment. As S.E.A Group of Institutions commemorates its Silver Jubilee, the college stands as a testament to visionary aspirations first ignited in 2000 by the indomitable Sri A. Krishnappa, a pioneer, social reformer, and dedicated advocate for educational empowerment. His founding mission to democratize quality education for the underserved sowed the seeds for a transformative movement, manifesting initially with just a handful of students and four academic programs.

Over the past twenty-five years, the college has experienced exponential growth, now encompassing more than 2000 students pursuing 31 distinctive programs. This extraordinary journey reflects the college's enduring commitment to grit, growth, and boundless ambition. The institution's global vision materialized in 2008 with the admission of international students, amplifying its academic diversity. The initiation of postgraduate programs in 2012 marked a significant evolution, enabling deeper academic inquiry and specialization.

Milestones followed in quick succession. The college's first NAAC accreditation in 2018 validated its standards of academic integrity and excellence. Subsequent infrastructural enhancements including smart classrooms, advanced laboratories, digital libraries, and a dedicated postgraduate center, attest to the college's dedication to merging tradition with innovation. In May 2023, S.E.A College proudly hosted the All-India Inter-University Roll Ball Championship for Men and the American Football Championship for Women, in association with Bengaluru North University and the BNU College Physical Education Directors Association. This prestigious, national-level event spotlighted the institution's flourishing reputation in both academics and athletics, celebrating unity, sportsmanship, and national integration.

Academic distinction was further affirmed with a second NAAC cycle accolade in 2024 and, notably, the conferment of Autonomous Status by the UGC in January 2025, a milestone that crowns a quarter-century legacy of merit.

The vibrancy of the college extends beyond its academic corridors into sprawling sports arenas where leadership, resilience, and character are forged. The institution's world-class facilities, ranging from cricket and football grounds to indoor stadium and specialized courts, embody its holistic educational philosophy, championing both intellectual and physical development.

Steadfast leadership forms the cornerstone of this institutional journey. Mrs. Manjula A. Krishnappa, Chairperson of the S.E.A Educational Trust, alongside a committed team of leaders Sri DT Srinivasa, the Secretary, Mrs. Poornima Srinivasa- the CEO, Mrs. Anupama K- the Joint Secretary and Treasurer, Ms. Vinsha Yadav- the Vice-President, Dr. Brijesh Yadav(Trust Member), Mr. Rohan Yadav(Trust Member) and the academic stewardship of the Honorary Director Dr. Viyyanna Rao K and the Principal of the college Dr. Muthe Gowda T.N., sustain the founding vision with dynamism and foresight. Their concerted efforts, complemented by a passionate faculty, continually inspire curiosity, compassion, and confidence among students.

On this Silver Jubilee, S.E.A College of Science, Commerce, and Arts reflects with pride on its distinguished legacy, while looking resolutely toward the future. The institution stands as a luminous example of what is possible when vision meets values, where every achievement, every milestone, and every alumnus echoes a narrative of transformation. With renewed resolve, the journey towards greater heights continues, empowering generations and shaping destinies through the enduring light of education.

## *Programs Offered*

### UNDERGRADUATE PROGRAMS

SL. NO	COURSE	COMBINATION
1.	B. Com	General
2.	B. Com	Logistic and Supply chain Management
3.	B.B.A	General
4.	B.B.A	Aviation Management
5.	B.B.A.	Logistics & Digital Marketing
6.	B.C.A	Bachelor of Computer Application
7.	B.C.A	AI & ML
8.	B.Sc.	Electronics, Mathematics, Computer Science
9.	B.Sc	Psychology, Chemistry, Mathematics
10.	B.Sc.	Psychology, Chemistry, Computer Science
11.	B.Sc.	Chemistry, Biotechnology, Life Science
12.	B.Sc.	Forensic Science
13.	B.Sc.	Clinical Nutrition and Dietetics
14.	B.A	History, Economics, Political Science
15.	B.A	Criminology, Psychology, Political Science
16.	B.A	Criminology, Psychology, Journalism
17.	B.H.M	Hotel Management
18.	B.T.T.M	Tourism and Travel Management
19.	B.S.W	Social Work

### POST-GRADUATE PROGRAMS

Sl. No	Course	Combination
1.	M.B.A	Master of Business Administration
2.	M.C.A	Master of Computer Application (General)
3.	M.C.A	Cyber Security
4.	M.Com	Master of Commerce
5.	M.Sc.	Computer Science
6.	M.Sc.	Organic Chemistry
7.	M.A	Economics
8.	M.A	English
9.	M.A	Kannada
10.	M.S.W	Master of Social Work
11.	M.T.T.M	Master of Tourism and Travel Management



## *Voices from the Visionaries*



**Ms. Manjula A Krishnappa**  
**Chairperson**  
**S.E.A GROUP OF INSTITUTIONS**

**Dear Students, Faculty and Parents,**

It is with heartfelt joy that I extend my greetings to all who are part of the S.E.A. family. This annual magazine is not just a chronicle of events, it is a reflection of our shared journey, our values, and the vibrant spirit that defines our institution. Founded in the year 2000 by Sri A. Krishnappa, the S.E.A. Group of Institutions was born out of a vision to make quality education accessible, purposeful, and transformative.

Over the years, I have witnessed our students grow into confident individuals who carry forward the legacy of service, discipline, and excellence. Our faculty and staff continue to nurture minds and hearts with dedication, and I am proud of the culture of learning and compassion that thrives on our campuses. Each achievement, each milestone, is a tribute to the founder's dream and to the collective efforts of our academic community.

As you turn the pages of this magazine, may you be reminded of your own role in shaping this legacy. Let us continue to learn with humility, lead with integrity, and serve with commitment. My blessings are with each one of you as you strive to make a meaningful difference in the world.



### **Sri D T Srinivasa**

**Secretary, S.E.A Group of Institutions**

**MLC – South East Teachers' Constituency, Bengaluru.**

**Govt of Karnataka**

In an era of rapid technological advancement, students must continually enhance their skills and broaden their horizons. The world demands adaptability, knowledge, and lifelong learning. I am proud to announce that the 2025–2026 academic session marks the Silver Jubilee Year of the S.E.A Group of Institutions with twenty-five years of educational excellence. Adding to this milestone, S.E.A College of Science, Commerce and Arts has earned **Autonomous Status**, empowering us to innovate in curriculum design, research, and pedagogy. Here, we recognize that the future belongs to those equipped with critical thinking and practical expertise. Our faculty, infrastructure, and programs foster innovation and inquiry, integrating cutting-edge methods to help students excel in contemporary contexts.

I congratulate the editorial team and our entire community for being integral to this journey with Sharadhi 2025. Your passion and collaboration have built the foundation for these achievements. Let us celebrate this Silver Jubilee as an opportunity for renewed dedication toward even greater heights. I urge every student to cultivate resilience, curiosity, and service. Education refines character and vision, not just credentials. Together, let us shape future leaders who will illuminate the world with knowledge, wisdom, and integrity.



**Smt. Poornima Srinivasa**  
**CEO, S.E.A. Group of Institutions**  
**Ex-MLA Hiriyur Assembly**

As we celebrate the Silver Jubilee year of S.E.A. Group of Institutions, my heart is filled with pride and gratitude. This milestone is not merely a marker of time, but it is a tribute to the vision of Sri A. Krishnappa, whose dream was to uplift society through education rooted in discipline, tradition, and service. When tradition guides our values and innovation shapes our vision, education becomes a legacy. I see this college as a living legacy, where values are not just taught, but lived.

Over the past 25 years, S.E.A. College has grown into a vibrant academic community where culture and innovation walk hand in hand. We have preserved heritage while embracing progress, nurtured discipline while encouraging creativity, and built a campus where every student is empowered to rise, lead, and serve. This magazine itself is a reflection of that spirit. I extend heartfelt appreciation to the dedicated team of professors and students who have curated its pages with care, creativity, and commitment. Their work captures not only our achievements but the soul of our journey.

As we look ahead, may this celebration renew our collective purpose. Let us continue to build an institution that honors its roots while reaching for the future; where every learner becomes a leader, and every tradition finds new life in innovation.



**Smt. Anupama K**  
**Joint Secretary and Treasurer**  
**S.E.A Group of Institutions**

It is a privilege to share my thoughts in this edition of Sharadhi 2025. As Joint Secretary and Treasurer of the institution, I am deeply honored to witness our college's transformation over the years. This silver jubilee is especially meaningful, marking our journey from a vision to the proud achievement of autonomous status.

I wholeheartedly congratulate the S.E.A College community, the students and faculty on attaining this significant milestone. Our autonomy reflects not only collective academic excellence but also steadfast commitment to growth, innovation, and service. It is a testament to our founders' aspirations, the perseverance of our educators, and the enthusiasm of every student who has called this campus home. At S.E.A College of Science, Commerce and Arts, I see daily examples of dedication, creativity, and leadership that define our institution's character. The progress we celebrate today is the result of tireless hard work, shared vision, and the willingness to embrace new challenges with integrity and resolve. As we step into this new chapter, let us remember the values that have sustained us: respect, inclusivity, and the pursuit of excellence. I remain committed to supporting and motivating our staff and students, confident that together we will achieve even greater success in the years to come.

I would also like to extend special appreciation to the editorial team and all the contributors who have worked diligently to bring Sharadhi 2025 to life. Your commitment and creativity have ensured that this edition truly reflects the voices, achievements, and aspirations of our college community.

Congratulations once again on this extraordinary accomplishment and on the legacy, we continue to build. May the spirit of the institution inspire every member of our community to reach new heights and uphold the ideals that set us apart.



**Ms. Vinisha S Yadav**  
**Vice-President**  
**S.E.A Group of Institutions**

It is a genuine pleasure to meet you through Sharadhi 2025 and connect with our S.E.A community in this special silver jubilee year. With gratitude for my family's legacy, I am inspired daily by the energy and ambition of our students and staff. This moment, as we step into autonomous status, is more than a milestone. It represents the culmination of decades of passion and an invitation to reshape the future together.

Having been fortunate to study abroad and collaborate with diverse teams, I have learned that true progress is born from curiosity, courage, and a willingness to embrace challenge. Our college stands at a threshold where innovation is not merely encouraged, it is expected. I am proud to work with a vibrant group of visionaries and leaders, each eager to bring fresh ideas to life and set new standards for academic and personal achievement.

My hope is that this era at S.E.A College of Science, Commerce and Arts will be defined by openness and collaboration, where every voice is valued, and every dream is given space to grow. As we celebrate the silver jubilee and our new autonomy, I encourage you to dare greatly, seek out what inspires you, and help build a culture where learning is never the end but the beginning of something extraordinary.

I would like to thank the editorial team and all contributors to Sharadhi 2025 for weaving together the diverse threads of our college's story. Your vision and dedication make this magazine not just a publication, but a reflection of our collective journey and ambition.

Let us move forward with purpose, as innovators and collaborators, eager to shape the next chapter of our college, one defined by resilience, creativity, and hope.



### **Dr. K. Viyyanna Rao**

**Honorary Director of S.E.A Group of Institutions**  
**Former Vice Chancellor of ANU Andhra Pradesh**

It is both an honor and a joy to be part of *Sharadhi 2025*, a publication that embodies the spirit and ambition of S.E.A College of Science, Commerce and Arts. Throughout my years in academia, I have witnessed how education and creative expression together become instruments of transformation. Progress, I believe, is never born of isolation but of dialogue between disciplines, between art and scholarship, between culture and community.

As honorary director, I take immense pride in the journey our institution has undertaken. The celebration of our **Silver Jubilee** and the attainment of **Autonomous Status** are not merely milestones; they are affirmations of our collective resolve to evolve, to embrace change, and to set ever higher standards of excellence.

At our college, creativity is not confined to the classroom. It flourishes in galleries, on stage, and in conversation. Innovation and artistic endeavour enrich our academic pursuits, opening new perspectives and forging connections that transcend conventional boundaries. *Sharadhi 2025* is a testament to this ethos. The editorial team and contributors have woven together a magazine that does more than record achievements; it amplifies voices, visions, and stories that define our community. Their work deserves the highest commendation, for it captures the heartbeat of our institution and inspires others to discover their own creative potential.

As we step into this new chapter, my vision for S.E.A College remains steadfast: to nurture minds that are curious, courageous, and compassionate individuals empowered by knowledge and guided by cultural understanding. May we continue to draw strength from the arts and from our shared heritage, shaping an environment where creativity flourishes and every member of our community is encouraged to aspire higher.

Congratulations to each student, faculty member, and contributor. May this year not only mark our progress but also herald the beginning of many bold ventures yet to come.



**Dr. Muthe Gowda TN**  
**Principal**

**S.E.A College of Science, Commerce and Arts**

It is a privilege to share my reflections with everyone in this landmark **Silver Jubilee Year** of the S.E.A Group of Institutions, through the vibrant pages of Sharadhi 2025. Having been part of this institution from its inception, I have had the unique opportunity to witness our remarkable evolution: firmly rooted in tradition, yet continually reaching forward to embrace new challenges and possibilities.

Education, in my view, is a journey that extends beyond the boundaries of textbooks. It is through the cultivation of the mind, the broadening of perspectives, and the nurturing of curiosity that true learning occurs. Such an approach not only enables students to master their chosen disciplines, but also empowers them to understand themselves and the world around them on a deeper level. This holistic vision of education is at the very heart of S.E.A College of Science, Commerce and Arts. From the outset, we have sought to create an environment where creativity, art, and literature are valued alongside scientific and technological pursuits. The interaction of these diverse disciplines brings vibrancy and depth to our academic life. When scientific inquiry is informed by imagination, and artistic efforts are guided by intellectual discipline, we lay the groundwork for a culture of genuine innovation and thoughtful exploration.

I would like to express my sincere appreciation to the editorial team and all contributors who have brought Sharadhi 2025 to life. Your dedication, creativity, and attention to detail have ensured that this magazine captures the true spirit of our college, providing a platform for our shared achievements and aspirations. As we celebrate our **Autonomous Status** and look back on twenty-five years of progress, I encourage every student and faculty member to remain open to new ideas, to blend tradition with innovation, and to pursue excellence with integrity and enthusiasm. Let us continue to learn from one another and work together to make our college a place where the mind and spirit can flourish.

Wishing you all an inspiring and successful year ahead.

## *From the Editor's Desk*

An ocean is never born of a single spring. It is the meeting of a thousand streams, each carrying whispers from distant hills, each threading its own quiet memory into the vastness. Sharadhi, in its truest sense, is such a gathering, a confluence where voices find their chorus, where thought becomes current, and where the imagination of our college unfolds like salt air over open water. To bring this magazine into being has asked much of us: patience when words would not settle, vision when the page seemed impossibly blank, and the kind of devotion that only those who love language can understand. The editorial board has worked as tides work, persistent, shaping, returning again and again until something whole emerged. What you hold now is not merely print and paper, but the living breath of this institution, carried forward by every contributor who dared to set pen to page.

Within these pages, you will find reflections that shimmer like light on water; some still and contemplative, others restless with the energy of discovery. There are poems that arrive like unexpected waves, essays that carry the weight of careful thought, and voices that speak with the clarity of those who have learned to listen to themselves. Each piece is a testament to the life that moves through our college, the questions that trouble sleep, the insights that arrive unbidden in the middle of an ordinary day. This magazine is a true portrait of minds at work, hearts engaged, and spirits finding their expression. In reading these contributions, you are not observing from a distance. You are wading into the same waters, feeling the same currents that moved these writers to create.

We are indebted to our principal, whose steady presence has been our anchor and our compass. To the writers, artists, and thinkers who gave us their words like shells gathered from the shore, we offer our deepest thanks. To the editorial team, faculty and students alike, who laboured long after the light had dimmed, your hands shaped this tide. May Sharadhi remind its readers that they, too, are part of this endless water. May it call them to dive deeper, to listen for what stirs beneath the surface, to feel the pull of something larger than themselves. The ocean does not end at the horizon. Neither should your dreams.

With warm wishes,  
Ms. E. Beryl  
Editor

## ***MEET THE TEAM***

### ***Governing Council***

Sl. No	Persons Nominated	Category	Designations
1.	Smt. Manjula A. Krishnappa Chairperson, S.E.A.E.T	Management	Chairperson
2.	Mr. D.T. Srinivasa Secretary, S.E.A.E.T	Management	Member
3.	Smt. Poornima K C.E.O, S.E.A.E.T	Management	Member
4.	Smt. Anupama. K Joint Secretary and Treasurer, S.E.A.E.T	Management	Member
5.	Ms. Vinisha. S. Yadav Vice President, S.E.A.E.T	Management	Member
6.	Dr. Brijesh Yadav	Management	Member
7.	Mr. Rohan Yadav	Management	Member
8.	Dr. S. Raji Dean of Academic	Teacher of the College	Member
9.	Dr. Nethra H S Controller of Examination	Teacher of the College	Member
10.	Mrs. Hemavati M Vice Principal	Teacher of the College	Member
11.	Mr. Manjunatha S HOD, MCA	Teacher of the College	Member
12.	Ramesha G E	Administrative Staff of the College	Member
13.	Dr. K. Viyyanna Rao Former VC, ANU, AP.	Educationist	Member
14.	Under Consideration	State Government Nominee	Member
15.	Dr. Kumuda D, Director, PG Center Mangasandra, Kolar, Bengaluru North University.	University Nominee	Member
16.	Dr. Muthe Gowda T N	Principal of the College	Member Secretary

## Staff List 2025-2026

S NO	NAME	DESIGNATION
1.	Dr. Muthe Gowda T N	Principal
2.	Ms. Hemavati M	Vice- Principal
3.	Dr. Raji. S	Dean of Academics
4.	Dr. Netha H S	Controller of Examinations
5.	Mr. Manjunatha S	NAAC/IQAC Coordinator
<b>DEPARTMENT OF SCIENCE</b>		
6.	Dr. Nethra H S	HOD & COE
7.	Ms. Savitha G J	Assistant Professor
8.	Ms. Aswathy B	Assistant Professor
9.	Ms. Keerthana K	Assistant Professor
10.	Ms. Chinchu Chandran	Assistant Professor
11.	Mrs. Neha Fathima	Assistant Professor
12.	Mrs. Deekshitha. V R	Assistant Professor
13.	Ms. Ashika S Nair	Assistant Professor
14.	Ms. Kruthika Jinkal	Assistant Professor
15.	Ms. Sahana C	Assistant Professor
16.	Ms. Bhavana S V	Assistant Professor
17.	Ms. Jaya Prad	
18.	Mr. Manoj Kumar G C	Lab coordinator
<b>DEPARTMENT OF COMPUTER SCIENCE</b>		
19.	Mr. Manjunatha S	HOD MCA & M,Sc. (CS)
20.	Ms. P. Santhi Theja	HOD BCA
21.	Ms. Megha H R	Assistant Professor
22.	Mrs. Ramya M	Assistant Professor
23.	Ms. Meera Ramdas E	Assistant Professor
24.	Ms. Malini S	Assistant Professor
25.	Ms. Parnapalli Pushpanjali	Assistant Professor
26.	Dr. K. Adishesha	Assistant Professor
27.	Ms. Krishna Veni	Assistant Professor
28.	Ms. Prashanthi	Assistant Professor
29.	Mr. Mahesh. R	Assistant Professor
30.	Ms. Rachitha K	Assistant Professor
31.	Ms. Kumari P	Assistant Professor
32.	Ms. Yogashree C	Lab Coordinator
<b>DEPARTMENT OF COMMERCE AND MANAGEMENT</b>		
33.	Ms. Hemavati M	HOD & Vice Principal
34.	Dr. Raji. S	Dean of Academics
35.	Ms. Chandana AS	Assistant Professor
36.	Ms. Shruthi SK	Assistant Professor
37.	Ms. Ajitha Kumari K D	Assistant Professor
38.	Ms. Ameena R	Assistant Professor
39.	Mr. Javeed Pasha	Assistant Professor
40.	Mr. Revathi G	Assistant Professor
41.	Dr. Rekha Mehta	Assistant Professor

42.	Dr. Raga Jyoti L	Assistant Professor
43.	Ms. Sindhu N	Assistant Professor
44.	Ms. Vidhya H K	Assistant Professor
45.	Ms. Likhitha S	Assistant Professor
46.	Ms. Sowmya C	Assistant Professor
47.	Ms. Nayana M	Assistant Professor
48.	Ms. Girija K S	Assistant Professor
49.	Ms. Lakshmi K	Assistant Professor
<b>DEPARTMENT OF HUMANITIES</b>		
50.	Mr. Vijayakumar M C	HOD UG
51.	Mr. Mahalingaiah G K	Assistant Professor
52.	Dr. Chowdappa C B	Assistant Professor
53.	Mr. Ramesha G E	Assistant Professor
54.	Ms. Karabi Das	Assistant Professor
55.	Ms. Asha D R	Assistant Professor
56.	Ms. Nandhini V	Assistant Professor
<b>DEPARTMENT OF LANGUAGES</b>		
57.	Ms E. Beryl	HOD
58.	Ms. Durga Rani	Assistant Professor
59.	Ms. Shalini M	Assistant Professor
60.	Ms. Savitha	Assistant Professor
61.	Ms. Priya Meshram	Assistant Professor
62.	Mr. Kanthraja R	Assistant Professor
63.	Ms. Inicca B	Assistant Professor
64.	Ms. Shilpa shree K B	Assistant Professor
65.	Ms. Shila Davis	Assistant Professor
<b>DEPARTMENT OF SOCIAL WORK</b>		
66.	Mr. Narasimhappa B M	HOD
67.	Mr. VasanthKumar H R	Assistant Professor
68.	Mr. Shyam Sundar	Assistant Professor
69.	Ms. Mamatha	Assistant Professor
<b>DEPARTMENT OF HOTEL MANAGEMENT</b>		
70.	Mrs. Kalanjali M	HOD
71.	Mr. Paul Benjamin	Assistant Professor
72.	Mr. Monish M	Assistant Professor
73.	Ms. P. Padmapriya	Assistant Professor
74.	Mr. P. Manikandan	Assistant Professor
<b>PLACEMENT</b>		
75.	Ms. Shashikala H	Placement Director
<b>STUDENT SUPPORT SERVICES</b>		
76.	Mr. Suresh	Librarian
77.	Mr. Muniraj R	Librarian
78.	Mr. Madhu Yadav	Librarian
79.	Mr. Amaranarayana	Physical Education Director
<b>Office Staff</b>		
80.	Mr. RaviKumar M	Office Superintendent
81.	Ms. BhagyaLakshmi S V	Clerk
82.	Ms. Swarna Gowri G V	Clerk

83.	Ms. Sowmya B G	Clerk
84.	Mr. Manjunath P	Attender
<b>Group D</b>		
85.	Ms. Ambujamma	Housekeeping
86.	Ms. Sumithra	“
87.	Ms. Mickeline Jenova	“
88.	Ms. Antony Amma	“
89.	Ms. Vijayalakhmi	“
90.	Ms. Danalaxmi	“
91.	Ms. Mamatha C	“
92.	Ms. Madamma	“

### *Students Governing Council of PG:2025*

S No	Name	Designation
1	Mr. Nikhil D	President
2	Mr. Arjun Singh S	Treasurer
3	Miss. Vaishnavi	General Secretary
4	Miss. Navya R	Deputy General Secretary
5	Miss. Selvi Darshini	Academic Secretary
6	Mr. Shreyas N	Deputy Academic Secretary
7	Miss. Sahana Shree	Cultural Secretary
8	Miss. Sneha SM	Deputy Cultural Secretary
9	Mr. Manu MR	Sports Secretary
10	Mr. Girivardhan Reddy G	Deputy Sports Secretary
11	Miss. Swathi NS	Marketing Head
12	Miss. Gokula Priya	Deputy Marketing Head
13	Mr. Shanmuga Sundar M	Designing Head
14	Mr. Rajesh DB	Alumni Head

## *Students Governing Council of UG:2025*

S.no	Name	Designation
1	Mr. Abhishek R	President
2	Mr. Aromal Biju	Vice president
3	Miss. Bhoomika	Secretary
4	Miss. Vandana	Joint Secretary
5	Miss. Sonam	Culture Secretary
6	Miss. Mona Dafni	Culture Secretary
7	Mr. Ashok .H	Sports Secretary
8	Miss. Sona Sateesh	Treasurer
9	Miss. Pallavi	Academic Secretary
10	Miss. Jennifer	B.Com Department Head
11	Mr. Tarun	B.Sc Department Head
12	Miss. Anamika	BA Department Head
13	Miss. Bhavana	BCA Department Head
14	Mr. Ashwin	BHM Department Head
15	Miss. Aditi	Arts Club Head
16	Miss. Lavanya	Arts Club Head
17	Mr. Nanda Kumar J	Discipline Head
18	Mr. Gowardhan B	Logistic Head
19	Mr. Mohammed Shaiban	Media Head
20	Mr. Naveen	Event Head
21	Mr. Sreeshanth	Event Head

## *Retrospect: Timeless Karnataka—Heritage, Culture and Renaissance*

### **A Journey Etched in Time and Terrain**

Karnataka's journey is a magnificent sweep through time and terrain, a story etched in stone, sung in poetry, and lived through generations. As Romila Thapar aptly observes in her book, "The past as present allows one to forge contemporary identities through history"; a truth vividly reflected in Karnataka's cultural landscape. From the lush Western Ghats to the expansive Deccan Plateau, from the majestic ruins of Hampi to the ornate temples of Belur and Halebidu, the state's geography and architecture whisper tales of dynasties, devotion, and discovery. Known as the Land of Sandalwood and Royal Heritage, Karnataka is also India's largest producer of silk, coffee, and Ragi millets. In addition, Karnataka holds the distinction of being the only State entrusted with crafting the Indian tricolor flag, showcasing its patriotic significance. The state further stands out with 46 registered Geographic Indication (GI) tags, honoring its rich tradition in arts, agriculture, and crafts, and boasts **four UNESCO World Heritage Sites**—Hampi, the Chalukyan Grandeur in Pattadakal, the Western Ghats, and the Sacred marvels of the Hoysala Era in Belur and Halebeedu, celebrating its architectural and natural legacy.

### **Unity in Diversity: Karnataka's Name and Linguistic Heritage**

The name Karnataka itself, derived from 'Karna' (ears) and 'Taka' (pleasant sounding), evokes harmony. On November 1st, 1973, the state was renamed from Mysore to Karnataka, uniting Kannada-speaking people under one cultural banner. This unity is reflected in the state's unparalleled literary legacy, with eight Jnanpith Awards honoring Kannada poets, including first recipient Sri Kuvempu (1967), Da. Ra. Bendre (1973), Shivaram Karanth (1977), Maasti Venkatesh Iyengar (1983), Girish Karnad (1998), V.K. Gokak (1990), Prof. U.R. Ananthamurthy (1994), and Dr. Chandrashekar Kambar (2010). Influential classical poets such as Pampa, Ranna, Kumara Vyasa, and Harihara have left indelible marks on Kannada literature.

### **Legends of Genius: Karnataka's Contribution to Knowledge and Art**

Beyond literary excellence, Karnataka has nurtured remarkable talent across domains. Globally acclaimed mathematician Shakuntala Devi, revered as the "Human Computer," brought laurels to the state with her Guinness World Record in mental calculation and her mastery of complex mathematics. In music, immortal legends Kanakadasa and Purandharadasa have profoundly shaped Karnataka's Carnatic tradition with their spiritually rich compositions.

### **Sculpting Tradition: Artistic Brilliance Across Ages**

Karnataka is also the proud home of sculptural brilliance. Amarashilpi Jakanachari, the legendary sculptor of Hoysala and Chalukya dynasties, crafted religious masterpieces that continue to inspire. This tradition flourishes through modern visionaries like Arun Yogiraj of Mysore, whose creation of the Ram Lalla

statue in Ayodhya stands as a monumental achievement.

### **Trailblazers of Social Reform and Freedom**

Karnataka's socio-political landscape has been shaped by visionary reformers and brave freedom fighters. Basavanna, the 12th-century philosopher and poet, pioneered a casteless society with his Anubhava Mantapa and vachana literature, advocating ethical living and spiritual equality. During India's freedom movement, Karnataka gave the nation its first woman freedom fighter, Kitturu Rani Chennamma, and valiant warriors such as Sangolli Rayanna, Madakari Nayaka, Belawadi Mallamma, and Vanake Obavva, defender of Chitradurga. Kings like Sri Jayachamarajendra Wadiyar, Nalwadi Krishna Raja Wadiyar, and Queen Amanni laid the foundations for modern Mysore through visionary infrastructure, including the KRS Dam, Sandal Soap Factory, and pioneering electricity and research centers.

### **Engineering Progress: Builders of Modern Karnataka**

Sir M. Visvesvaraya, the architect of modern Karnataka, revolutionized irrigation, engineering, and urban planning. His principles continue to guide generations. Narayana Murthy propelled India into the global tech arena, while C.N.R. Rao elevated Karnataka's status in scientific research, receiving globally prestigious honors including the Bharath Ratna and Legion of Honor. Bengaluru houses the headquarters of ISRO, NAL, and HAL, the institutions driving India's advances in space, aeronautics, and defense. Thought leaders such as Girish Karnad and Banu Mushtaq reshaped Kannada arts and media, amplifying creative evolution with new voices and vision.

### **Bengaluru: Beacon of Heritage and Innovation**

Bengaluru, Karnataka's proud capital, blossomed under Nadaprabhu Kempe Gowda, a visionary governor of the Vijayanagara Empire. In 1537, he laid the city's legendary gates, welcoming traders and artisans from afar. Today, his blueprint pulses beneath the city's bustling streets, connecting tradition to innovation.

### **The Rise of India's Silicon Valley**

As the new millennium dawned, Bengaluru transformed into India's Silicon Valley, nurturing tech giants such as Infosys and Wipro, and becoming a cradle for startups, creativity, and global talent. The city's infrastructure expanded with metro rail, ring roads, and expressways, signalling vibrancy. Bengaluru's iconic green spaces: Lalbagh and Cubbon Park, illustrate environmental stewardship, with urban greenery harmoniously blending with dynamic innovation.

### **Education: Karnataka's Quiet Revolution**

Through every epoch, education has been Karnataka's quiet revolution. The state established India's first engineering college, University Visvesvaraya College of Engineering, and the pioneering Akka Mahadevi Women's University, empowering generations through knowledge. Karnataka's premier research centers across science, technology, medicine, agriculture, and aerospace foster innovation and scholarship, cementing its status as a world-class academic hub.

**Legacy of Transformation: S.E.A Group of Institutions**

This tradition found new expression in the emergence of the S.E.A. Group of Institutions, founded by Late Sri Krishnappa A. Out of modest means, he envisioned education as empowerment for the underserved, building a network from kindergarten to Post Graduation, where merit meets opportunity and learning transforms lives. S.E.A. College stands as a sanctuary for inclusion and excellence, nurturing leaders who continue Karnataka's legacy of compassion, courage, and innovation.

**Renewing Heritage: Looking Forward with Pride and Purpose**

As we turn these pages, we are reminded that heritage is not merely preserved, it is renewed by the hopes and hands of every generation. Karnataka's story speaks through its monuments, inspires through its leaders, and guides us as we build cities, educate minds, and foster innovation. In this bright retrospective, we see tomorrow's promise: to look forward with pride and purpose, continuing the legacy of those who dared to imagine, create, and serve.

## *Opportunities for Growth: Where Talents Take Wings*

### **STUDENT'S PERSPECTIVE**

“I feel like I am part of an endless ocean of learning, where every wave carries knowledge and inspiration. The college teaches me not only to chase success but to create it, with passion in my heart and purpose in my mind. Every day here begins with curiosity and ends with confidence, helping me sail beyond horizons toward a brighter tomorrow.”

**Ms. Somthirtha Ghosh. (MBA II year)**

The journey of a student at S.E.A College of Science, Commerce & Arts, is characterized by a tapestry of experiences, unlimited opportunities and the nurturing of multidimensional talents. From the first on campus till the farewell day the students are motivated to explore each avenue of campus life, carefully planned to foster growth, encourage self-expression, and prepare individuals to meet the evolving demands of the contemporary world. Whether presenting a research paper, performing on stage, spearheading a community initiative, or curating digital content, students find spaces that honor their uniqueness and challenge them to evolve. Every aspect of college life, academic, cultural, entrepreneurial, and social, is thoughtfully crafted to nurture talent, build confidence, and prepare young minds to thrive in a rapidly changing world.

#### **Cultural Showcase**

“Through various extracurricular activities and clubs, I've had the opportunity to develop my leadership skills, work collaboratively with peers, and participate in various college cultural events. Overall, my experience at S.E.A College has been enriching and empowering.”

**Ms. P. Jennifer, Final Year B. Com**

The vibrant cultural ethos of the college serves as the heartbeat of student creativity and tradition. Celebratory festivals such as Onam, Sankranti, Dusshera, thematic evenings such as Halloween, and state-wide competitions provide students avenues to explore classical and modern art forms. Through dance, music, drama, and visual arts, the college upholds the rich heritage of India while promoting the innovative spirit of youth. Our students have consistently distinguished themselves in intercollegiate and University level forums, proudly bringing home trophies, gold medals, and cash prizes at events conducted by eminent institutions. Every performance and exhibition becomes a platform not only for creative expression and achievement, but also for the appreciation of diversity and the cultivation of aesthetic sensibility

#### **Academic Excellence**

“Academic growth is not just about gaining knowledge but also to discovering the potential I had like the discipline, confidence, strength, and the ability to think critically. Every subject or project also showed me the interest to explore more about it and creating new opportunities.”

**Ms. Shilpi Saha, MCA II year**

The College is committed to academic rigor and intellectual pursuit, nurturing students to achieve distinction in their chosen domains. A dynamic curriculum, supported by accomplished faculty and advanced learning resources, enables students to master foundational concepts and venture boldly into research and innovation. Problem-solving workshops, interdisciplinary conferences, and merit scholarships reinforce an environment where the thirst for knowledge translates into real-world achievement and lifelong curiosity. The spirit of scholarly excellence resonates through the achievements of our student body: year after year, SEA students secure top honors and coveted university ranks, exemplifying a tradition of triumphant scholarship. The academic year 2024 stands as a testament to this legacy, with nearly twenty-five of our scholars earning prestigious university ranks from Bangalore North

University, a proud milestone that reflects both individual diligence and the college's unwavering dedication to educational distinction.

### **Clubs and Societies**

"I have strengthened my leadership abilities, strategic thinking, and problem-solving skills. Collaborating for the group assignments and participating in various management events and seminars has enriched my learning experience and that helped me to break my stage fears, and improve my potential in participating and improve my skills."

*Ms. Rheba Siron, Final year MBA*

A mosaic of student-led clubs and societies provides fertile ground for leadership, camaraderie, and personal growth. From literary circles and debating forums to entrepreneurship cells and science clubs, each group empowers members to broaden their perspectives, hone their talents, and contribute meaningfully to their fields. Students actively engage in a variety of enriching pursuits, participating in tree planting drives that foster environmental stewardship, organizing academic events that ignite intellectual curiosity, curating entrepreneurial bazaars that nurture business acumen, and attending dynamic career guidance workshops that equip them for future success. These societies inspire collaboration and foster intellectual and ethical values, ensuring that every student's journey is as dynamic as it is purposeful.

### **Sports and Wellness**

The exposure we receive to various sports disciplines is both enriching and empowering. With access to top-notch facilities and well-maintained equipment, students are not only able to participate but also to excel

*Harish Ashok, Final year B. Com*

Physical wellness is celebrated as an integral component of holistic education at the College. State-of-the-art facilities for cricket, football, basketball, badminton, and fitness training provide students with avenues to refine their athletic prowess and cultivate resilience. Regular tournaments, wellness workshops, and fitness initiatives instil discipline, teamwork, and a lifelong commitment to health, positioning sports as a vital cornerstone of personal and collective development.

### **Media and Expressions**

The college recognizes the critical importance of media and communication in shaping minds and societies. Through journalism clubs, photography workshops, and digital content creation, students are encouraged to craft compelling narratives, explore new modes of storytelling, and amplify their voices on contemporary issues. The college e-magazine, e-newsletters, and student publications serve as vehicles for creative engagement, critical thought, and the celebration of diverse viewpoints.

### **Skill Development**

"It doesn't just emphasize on academics, has helped us build a better career providing value added courses, also by bringing out the inner hidden talents of the individuals"

*Ms. Bhavana Reddy TR, Final year BCA*

SEA College places strong emphasis on equipping students with industry-relevant skills and professional competencies. Vocational training programs, technology workshops, internships, and entrepreneurial projects are woven into the academic fabric, bridging the gap between theory and practice. These initiatives empower students with adaptability, problem-solving acumen, and a readiness to excel in an ever-changing global marketplace.

### **Social Engagement**

The spirit of service and civic responsibility permeates student life at SEA College. Through

community outreach, awareness rallies, and service-learning projects, students engage directly with pressing social issues and contribute to meaningful change. Experiences in volunteering and advocacy foster empathy, leadership, and a sense of purpose that extends beyond campus boundaries, shaping graduates who are as committed to societal advancement as to personal achievement. As an active participant of the government initiative UnnatBharath Abhiyan, the college has been engaging in social and sustainable development activities in Masthenahalli, Guttehalli, Marathalli, Jangama Shegehalli, and Hulugumanahalli. The primary objective of to identify key social, economic, and infrastructural challenges faced by the communities. The college has also organized comprehensive rural camps in these villages through NSS unit and the Social Welfare Department to initiate sustainable development interventions in line with the vision of the UBA scheme.

#### Final Thoughts

In every sphere of campus life, the college is a place where aspirations are nurtured and talents truly take flight. Here, opportunities for growth are not only abundant; they are transformative, weaving a tapestry of excellence, integrity, and innovation that defines the institution and its students. Each student journey reflects the essence of our college, where every challenge becomes a chance to grow, every platform a space to shine, and every student a story of becoming. It is in this nurturing environment that potential is not only recognized but realized, preparing students to lead with confidence and contribute with purpose.

### **FACULTY PERSPECTIVE**

The pursuit of excellence is not confined to student achievement alone. It extends meaningfully to the continuous professional development of faculty members. In alignment with the institution's academic vision and its commitment to fostering a dynamic learning ecosystem, this section outlines key avenues for faculty growth. From research and pedagogical innovation to leadership and interdisciplinary engagement, these opportunities reflect the college's dedication to nurturing educators as thought leaders, collaborators, and lifelong learners.

#### **Advancement through Research and Scholarly Inquiry**

The college fosters a culture of inquisitive spirit by encouraging faculty members to engage in rigorous academic research, interdisciplinary collaborations, and publication in high-impact journals. The institution's evolving research ecosystem with digitalized knowledge repositories and innovation systems, provides access to national and international platforms for knowledge dissemination. The conferment of autonomous status in January 2025 marked a transformative milestone for S.E.A. College of Science, Commerce and Arts. Among the many academic freedoms it ushered in, one of the most significant was the launch of our very own research journal—**SEAMJR (S.E.A Multidisciplinary Journal of Research)**. SEAMJR stands as a testament to the college's growing research culture and its commitment to fostering intellectual inquiry across disciplines. Designed as a platform for faculty, scholars, and students, the journal encourages original research, critical thinking, and cross-disciplinary dialogue across the world.

This fosters a culture of inquiry, innovation, and intellectual leadership. Such scholarly pursuits not only enhance individual academic profiles but also contribute substantively to the college's reputation as a center of excellence.

#### **Pedagogical Enrichment and Technological Integration**

In response to the dynamic contours of contemporary education, faculty are invited to explore transformative pedagogical models. These include outcome-based education, experiential learning, and digital augmentation. Institutional support for capacity-building workshops and certification programs enables educators to integrate emerging technologies such as artificial intelligence tools and virtual laboratories into their teaching practice. This cultivates adaptive, learner-centric environments that respond effectively to diverse academic needs. Many professors from the college are invited to by scholarly forums to conduct workshops, deliver

expert talk, and facilitate academic sessions at reputed institutions throughout the city. These invitations underscore their subject mastery and pedagogical innovation, while also affirming the college's growing reputation as a center for thought leadership and academic collaboration.

### **Institutional Leadership and Strategic Engagement**

Opportunities abound for faculty to assume leadership roles within statutory bodies, curriculum design committees, and quality assurance cells. Faculty members of S.E.A. College play an active role in shaping academic standards and policies through their involvement in various statutory bodies at the Bengaluru North University and other Autonomous Colleges across Karnataka. Many serve as members of the Board of Studies, Board of Examiners, and other academic committees across disciplines. A number of professors also hold leadership positions as Chairpersons of these boards, contributing to curriculum design, assessment frameworks, and quality assurance mechanisms.

Such engagements allow educators to participate in policy formulation, academic planning, and institutional governance. By contributing to strategic decision-making processes, faculty members refine their administrative competencies and help shape the college's long-term academic vision. These roles also foster a sense of ownership and shared responsibility in institutional development.

### **Extension Activities and Societal Interface**

The college encompasses not only academic growth but also personal renewal and creative engagement. On special occasions, faculty members are encouraged to participate in thoughtfully curated recreational activities such as faculty trips, cultural performances, dance showcases, and dramatic presentations. These events provide a refreshing break from routine, foster collegial bonding, and offer a platform for educators to express their creativity in vibrant and meaningful ways. Faculty development is further enriched through participation in community outreach, extension programs, and social impact initiatives through Unnat Bharath Abhiyan, NSS, NCC and other such bodies. These engagements, ranging from health awareness drives, blood donation camps, ration distribution to skill development workshops, serve as conduits for translating academic knowledge into societal benefit. They reinforce the educator's role as a public intellectual and foster a sense of civic responsibility and ethical stewardship. Such activities also strengthen the college's relationship with the broader community.

### **Interdisciplinary Exploration and Personal Renewal**

The institution recognizes the value of holistic growth and encourages faculty to pursue interests beyond their core disciplines. Engagements in literature, philosophy, entrepreneurship, and the arts are intellectually stimulating and pedagogically enriching. Participation in faculty development programs, cultural forums, and wellness initiatives fosters personal renewal, enhances emotional intelligence, and brings multidimensional perspectives into the academic space. These experiences contribute to a vibrant and reflective teaching community.

The professional journey of a faculty member at S.E.A college of Science, Commerce and Arts is both dynamic and multidimensional. Here, the commitment to faculty development is not merely aspirational; it is embedded in the foundational ethos of the institution. These opportunities for growth are not endpoints but carefully cultivated pathways. Each one contributes to the emergence of a reflective, resilient, and future-oriented academic community, one where the pursuit of knowledge is inseparable from the pursuit of purpose, and where every educator is invited to grow not only in expertise but in impact.

## *Faculty Milestones*



ACHIEVEMENT

## *Faculty Milestones*

Across decades, our institution has nurtured and witnessed a remarkable confluence of intellectual rigor and creative expression this year, as our faculty members continue to push the boundaries of knowledge while enriching academic discourse across disciplines. Our scholars have made significant inroads in research, with numerous publications appearing in prestigious peer-reviewed journals that command international recognition. Beyond conventional academic publishing, a few of the faculty members have ventured into literary expression, contributing essays and creative works that bridge specialized scholarship and public intellectual life. Innovation has found formal recognition through patents, both registered and awarded, marking our faculty's transition from theoretical exploration to practical application.

The publication of textbooks by our faculty deserves particular mention, as these works distill years of teaching experience and subject mastery into volumes that will guide countless students beyond our own campus. Perhaps most telling of our faculty's standing in the academic community has been the consistent invitation to serve as resource persons at conferences, seminars, and workshops across the region and beyond. These engagements reflect the respect our colleagues command in their fields. They are sought not merely as participants but as authorities whose insights can illuminate and inspire fellow academics and practitioners alike.

Such achievements remind us that a college thrives not through infrastructure alone but through the intellectual vitality of its faculty; those who teach with passion, research with purpose, and share their knowledge generously with the wider world.

### **RESEARCH GUIDESHIPS**

1. **Dr. Muthe Gowda. T N**, Research Guide BNU, has been recognized as an approved Research Guide in the **Department of Kannada** at Bengaluru North University, guiding scholars toward impactful and innovative research contributions.
2. **Dr. Raji. S**, Research Guide, BNU, has been appointed as a Research Guide in the **Department of Commerce** at Bengaluru North University, fostering academic excellence through dedicated mentorship and scholarly guidance.

### **PATENTS**

1. **Dr. K. Adishesha**, along with a team of co-inventors, filed a patent for an **AI-Enabled Automated Curriculum Optimization System for Sustainable Educational Development**. The application (No. **202521013504**) was officially registered with the Office of the Controller General of Patents, Designs & Trade Marks, Government of India. The filing date was 17th February 2025.
2. **Ms. P. Santhi Theja, HoD, BCA**, is registered as a co-applicant for the patent of design **Artificial Intelligence Driven Diagnostic Device for Early Detection of Autism in Children** under Design No. 466517-001, dated 20/07/2025, recognized by The Patent Office, Government of India

## BOOKS PUBLICATIONS

### Academic books

1. **Dr. Raji S.**, Dean of Academics has coauthored a book on Entrepreneurship and Small Business Management, published by Sri Bharani Publications with an ISBN:978-8199365698.
2. **Ms. Megha H. R.**, Assistant Professor in the Department of Computer Science and Applications, has co-authored the following three books designed as per the SEP curriculum of Bengaluru North University and are published by the Himalaya Publishing House.
  - **Data Base Management system**
  - **Object Oriented Concept using JAVA**
  - **Design And Analysis of Algorithms.**
3. **Ms. P. Santhi Theja** has coauthored with **M. Ramya, S. Malini, and Meera Ramdas. E** "**Modern Cyber Security: Cryptography, System & Application Security,**" published by Garuda Publishers in 2025 ISBN: 978-81-991971-3-8
4. **Dr. K. Adishesha**, Assistant professor in the Department of Computer Science and Applications has co-authored the book *Problem Solving with Python Programming*. The book is published in English and was released on 27/06/2025 with ISBN number 978-93-49129-71-9.

### LITERARY BOOKS

1. **Ms. Megha H.R** Asst Professor, Department of Computer Science and Application *From Bench to Brilliance: A Girl Student's Journey to an Awarded Woman and Inspiring Educator* - ISBN-13: 978-9370466838.
2. **Ms. E. Beryl**, Asst Professor, Department of English (Co -Authored) *Master Your Tone: Understand the Hidden Message and Heal* ISBN-13: 978-9334459319.

### EXTERNAL REPRESENTATION OF OUR FACULTY

#### 1. **Mrs. Megha H. R.**

- ✦ Session Chair at the **International Academic Conference on Teaching Education and Recent Learning Technologies (ICTERLT-2025)**, held on **26th–27th June 2025** in **Bali, Indonesia**, organized by IFERP Academy.
- ✦ Session Chair at the **48th World Conference on Applied Science, Engineering & Technology (WCASET)**, held in Kuala Lumpur, Malaysia, organized by IFERP in association with G. Pullaiah College of Engineering and Technology, Multimedia University (MMU), and IFERP Academy-Malaysia Society on November 17–18, 2025.

#### 2. **Ms. Santhi Theja**

- ✦ Session Chair at the 8th International Conference on Recent Trends in Multi-Disciplinary Research (ICRTMDR-25), a prestigious hybrid conference held on November 8-9, 2025, in Riyadh, Saudi Arabia. Organized by IFERP Academy

#### 3. **Dr. Sridhar M**

- ✦ Resource person at **Cambridge College, KR Puram** on **7th February 2025**,. He delivered an insightful session on “Corporate Readiness: From Classroom to

- Boardroom,”
- ✦ **Guest of Honor** for *PRAARAMBH 2025*—the orientation program for incoming B.Com students held at the **Rajdhani Degree College** on **16th July 2025**.
  - ✦ Resource person to **BNU on December 4, 2025**, as a for the session " Career Ready: Communication and Resume Mastery Workshop"
4. **Ms. Shruthi S K** was invited as the resource person for an academic session on *Income Tax* at Cambridge College on 6th November 2025.
  5. **Ms. Chandana A S**, Assistant Professor of our college, was the resource person for the Student Development Enrichment Program (SDEP) session organized by the Department of Management at Cambridge College on 6th November 2025.
  6. **Dr. K Adishesha**
    - ✦ Virtual Session Chair at the National Conference 2025 on "Artificial Intelligence – Impact & Interventions on Business & Society," organized by Aditya Institute of Management Studies & Research on October 17, 2025.
    - ✦ Vocational guidance session with Skilldunia as a part of an official internship partnership with E-Cell, IIT Hyderabad, and IPA, Pune. This event took place on October 23, 2025

## RESEARCH JOURNAL PUBLICATIONS

1. **Ms. Hemavati M HoD of the Department of Commerce and Management and the vice principal**
  - ✦ Co-authored the paper “*The Work-Life Equation: Exploring the Interplay of Work-Life Balance and Work Values in Job Embeddedness*” presented at the International Conference on Business and Technology (ICBT Edinburgh’ 2025) at The University of Edinburgh, United Kingdom, on April 12–13, 2025.
2. **Dr. Raji S, Dean of Academics**
  - ✦ Authored A Comprehensive Study on Work–Life Balance and Young Women’s Sense of Safety in Workplaces and Public Spaces: The Role of Accessible, Preventive, and User-Friendly Solutions, published with ISSN 2065-5002.
3. **Dr. Nethra H S HoD of the Department of Science and and the Controller of Examination**
  - ✦ Authored and presented a research paper titled 'Communication in Ancient India and Its Impact on Modern Communication Systems' at the International Conference on Indian Knowledge System – IKS Horizons 2025 on October 6, 2025, hosted by Seshadripuram First Grade College, Bengaluru.
  - ✦ Authored Performance Evaluation of Network Layer Protocols for Multimedia Streaming Over Ad-Hoc Networks published in the Industrial Engineering Journal, Volume 54, Issue 2, February 2025, ISSN 0970-2555.
4. **Ms. P. Santhi Theja HOD, BCA**

- ✚ A paper titled “*AI for Smart Cities and Urban Planning*” in the *International Journal of Innovative Research in Technology (IJIRT)*, a peer-reviewed referred journal with ISSN 2349-6002 in Volume 12, Issue 4, September 2025.

#### 5. **Ms. Megha H. R. Assistant Professor Department of Computer Science**

- ✚ A paper titled “*A Study on Effectiveness of NEP 2020 in the Improvement of Vehicle Technology*” in the *International Journal of Science and Research (IJSR)* Volume 14, Issue 6, June 2025, with the ISSN number 2319-7064.
- ✚ A paper, titled “**An Analysis of Cybercrime Statistics in Karnataka**” in the *International Journal of Scientific Research and Engineering Development (IJSRED)*, Volume 8, Issue 5, September–October 2025 with ISSN: 2581-7175.

#### 6. **Ms. Chandana A. S**

- ✚ A paper titled *Green Finance in India: Trends and Challenges* in Volume 3, Issue 7, July 2025 of the *Journal of Emerging Trends and Novel Research* with ISSN number 2984-9276.

#### 7. **Ms. Aswathy B**

- ✚ A paper titled “**In vitro pH Studies in Mentha piperita L. and Ocimum sanctum L. Using MS Medium**” in the *Journal of Emerging Technologies and Innovative Research (JETIR)*, Volume 12, Issue 6, June 2025 (ISSN: 2349-5162).
- ✚ A paper titled “*A Study on the Effectiveness of Janamaithri Suraksha Project in Peroorkada, Kerala*” in the *International Journal for Multidisciplinary Research(IJFMR)*, Volume 7, Issue 4 (July–August 2025), E-ISSN: 2582-2160.
- ✚ A paper titled “**A Study on Emerging Trends and Impact of Cyber Scam**” in the *International Journal of Scientific Research in Engineering and Management (IJSREM)*, Volume 09, Issue 11, November 2025 with ISSN 2582-3930.

#### 8. **Ms. Ashika S Nair**

- ✚ A paper titled *Comparative Study of Palatal Rugae Among Complete Dentulous and Edentulous Population in Mangalore* in Volume 12, Issue 2, July 2025 of the *International Journal of Innovative Research in Technology* with ISSN number 2349-6002.

#### 9. **Dr. K. Adishesha**

- ✚ A paper titled “*The Future of Breast Cancer Diagnosis: Benchmarking Quantum Machine Learning Models against Classical Techniques*” in the *International Journal on Science and Technology (IJSAT)*, a peer-reviewed open access journal with E-ISSN 2229-7677 - Volume 16, Issue 3 (July–September 2025).
- ✚ A paper titled “**Phishing Attack Prognosis Using Machine Learning**” in the *International Journal of Novel Research and Development (IJNRD)* co-authored with Sunil Singh, Ch V V Narasimha Raju, and Nidhi, in Volume 10, Issue 10 of IJNRD dated 31-10-2025 with ISSN: 2456-4184.

- ✚ A paper titled "**Xg Boost for Enhanced Ambulance Routing and Traffic Signal Control**" in *JZU Natural Science*, Volume 56, Issue 11, November 2025 - **Scopus Active Indexed Journal** with ISSN: 1671-6841.
10. **Ms. Parnapalli Pushpanjali**
- ✚ A paper titled "***The Future of Breast Cancer Diagnosis: Benchmarking Quantum Machine Learning Models against Classical Techniques***" in the *International Journal on Science and Technology (IJSAT)*, a peer-reviewed open access journal with E-ISSN 2229-7677. It was published in Volume 16, Issue 3 (July–September 2025).
11. **Dr. Roopa P**
- ✚ A paper titled "***High Performance Liquid Chromatographic Analysis of Sugars in Honeys from Western Ghats, Karnataka***" in the *Advanced International Journal for Research (AIJFR)*, an international open-access peer-reviewed journal with E-ISSN 3048-7641. It was published in Volume 6, Issue 5 (September–October 2025).
  - ✚ A paper titled "**An investigation into the phyto-chemical evaluation and anti-cancerous and anti-inflammatory analysis of leaf extract of Butea monosperma**" in the *International Journal of Research Publication and Reviews (ISSN 2582-7421)* on 05-11-2025.
12. **Ms. Shashikala H**
- ✚ A paper titled "**Family Resilience as a Predictor of Graduate Employability: Exploring the Role of Psychological Capital**" in the *International Journal of Innovative Research in Technology (ISSN 2349-6002)*, Volume 12, Issue 6, November 2025.
13. **Ms. K. Krishna Veni**
- ✚ A paper titled "***Toward Equitable AI Deployment: Overcoming Barriers to Breast Cancer Diagnosis in Rural and Underserved Communities***" in the *International Journal of Innovative Science and Research Technology (IJISRT)*, Volume 10, Issue 8 (ISSN: 2456-2165) – Sep 2025.
  - ✚ A paper titled "***A Comprehensive Review on Quantum Intelligence: Synergizing AI and Quantum Computing***" in the *International Journal of Innovative Research in Technology*, in Volume 12, Issue 6, November 2025, with ISSN 2349-6002.
  - ✚ A paper titled "***Quantum Intelligence: Bridging Quantum Computing and Artificial Intelligence for Next-Generation Problem Solving***" in the *International Research Journal of Modernization in Engineering Technology and Science (IRJMETS)*, in Volume 07, Issue 11, November 2025, with ISSN 2582-5208.
  - ✚ A paper titled "***A Decentralized Framework for Secure Product Authentication and Traceability in Supply Chains***" in *International Journal of Scientific Research in Engineering and Management (IJSREM)*, in Volume: 09, Issue: 12, Dec – 2025 with ISSN 2582-3930
14. **Dr. Rekha Mehta**
- ✚ A paper titled "**A Comprehensive Analysis of Digital Marketing Strategies: Tools, Challenges and Business Implications,**" published in the *International Journal of*

Innovative Research in Advanced Engineering (IJIRAE), Volume 12, Issue 12, December 2025 (ISSN: 2349-2163).

### CONFERENCE RESEARCH PAPER PRESENTATION

1. **Ms. Megha H.R.** presented a paper on “*An Overview of Neuromorphic Computing and Applications*” at ICASET-2025, in an international virtual conference organized by Baba Farid Group of Institutions, Vignana Bharathi Institute of Technology, Universitas PGRI Sumatera Barat, and IFERP Academy–Indonesia Society.
2. **Ms. P Santhi Theja**, Head of the Department of BCA, presented a paper titled “**AI in Healthcare**” In the 2nd International Conference on Computational Sciences and Applied Mathematics (ICCSAM – 2024) organized by the School of Computing & Department of Mathematics, VET Institute of Arts and Science (Co-education) College, in association with Asia Pacific University, Malaysia, on 12th September 2025.
3. **Mr. Shyamsundar N**, Assistant Professor in the Department of Social Work, presented a research paper titled “*Building Resilient Families through Strength-Based Social Work Intervention*” at the National Conference on Fostering Family Resilience: From Prevention to Empowerment, organized by the Department of Social Work, Kristu Jayanti (Deemed to be University), on the 27th and 28th of October, 2025.
4. **Dr. Raga Jyothi L**, Assistant Professor in PG Department of Commerce and Management
  - ✚ presented a research paper titled “**Blockchain and Smart Contracts: Reshaping the Future of Decentralized Energy Trading**” at the International Conference on Management Research (ICMRS’25) held on 12th & 13th June 2025 at Sahridaya Institute of Management Studies (SIMS), Kodakara.
  - ✚ presented a research paper titled “**The Role of Green Bonds in Funding Renewable Energy Projects: Opportunities and Challenges**” at the International Conference on Management Research (ICMRS’25) held at Sahridaya Institute of Management Studies (SIMS), Kodakara on 12th & 13th June 2025
  - ✚ presented a research paper titled “**Exploring the Role of Machine Learning in Circular Economy Transforming Sustainability and Efficiency**” at the International Conference on Management Research (ICMRS’25) held at Sahridaya Institute of Management Studies (SIMS), Kodakara on 12th & 13th June 2025
5. **Ms. Paranapalli Pushpanjali**, Assistant Professor in PG Department of Computer Science and Applications,
  - ✚ presented a research paper titled “**Blockchain and Smart Contracts: Reshaping the Future of Decentralized Energy Trading**” at the International Conference on Management Research (ICMRS’25) held on 12th & 13th June 2025 at Sahridaya Institute of Management Studies (SIMS), Kodakara.

- ✚ presented a research paper titled **“The Role of Green Bonds in Funding Renewable Energy Projects: Opportunities and Challenges”** at the International Conference on Management Research (ICMRS’25) held at Sahrdaya Institute of Management Studies (SIMS), Kodakara on 12th & 13th June 2025
  - ✚ presented a research paper titled **“Exploring the Role of Machine Learning in Circular Economy Transforming Sustainability and Efficiency”** at the International Conference on Management Research (ICMRS’25) held at Sahrdaya Institute of Management Studies (SIMS), Kodakara on 12th & 13th June 2025
6. **Ms. K. Krishna Veni**, Assistant Professor in PG Department of Computer Science and Applications,
- ✚ Presented a research paper titled **“The Role of Green Bonds in Funding Renewable Energy Projects: Opportunities and Challenges”** at the International Conference on Management Research (ICMRS’25) held at Sahrdaya Institute of Management Studies (SIMS), Kodakara on 12th & 13th June 2025
  - ✚ Presented a research paper titled **“Exploring the Role of Machine Learning in Circular Economy Transforming Sustainability and Efficiency”** at the International Conference on Management Research (ICMRS’25) held at Sahrdaya Institute of Management Studies (SIMS), Kodakara on 12th & 13th June 2025
  - ✚ Presented a research paper titled **“Blockchain and Smart Contracts: Reshaping the Future of Decentralized Energy Trading”** at the International Conference on Management Research (ICMRS’25) held on 12th & 13th June 2025 at Sahrdaya Institute of Management Studies (SIMS), Kodakara.
7. **Ms. M. Ramya, M** Assistant Professor in the Department of Computer Science, S.E.A College of Science, Commerce & Arts,
- ✚ Presented a paper titled **“Ethical, Legal and Social Implications of AI.”** in the 2<sup>nd</sup> International Conference on Computational Sciences and Applied Mathematics (ICCSAM – 2025) organized by the School of Computing & Department of Mathematics, VET Institute of Arts and Science (Co-education) College, in association with Asia Pacific University, Malaysia, on 12th September 2025.
8. **Ms. Malini S.**, Assistant Professor in the Department of Computer Science,
- ✚ Presented a paper titled **“E-Commerce Fraud Detection Based on Machine Learning”** In the 2nd International Conference on Computational Sciences and Applied Mathematics (ICCSAM – 2025) organized by the School of Computing & Department of Mathematics, VET Institute of Arts and Science (Co-education) College, in association with Asia Pacific University, Malaysia, on 12th September 2025.
9. **Mr. Narasimha B M**, Head & Assistant Professor in the Department of MSW,
- ✚ Presented a research paper titled **“A Study on the Impact of Family-Centered Service on Children with Autism Spectrum Disorder”** at the National Conference on **“Fostering Family Resilience: From Prevention to Empowerment.”**

organized by the Department of Social Work, Kristu Jayanti College (Deemed to be University), Bengaluru, on 24th and 25th October 2023.

**10. Ms. K Rachitha**, Assistant Professor of the Department of Computer Science (UG)

- ✦ successfully presented her research paper titled “*Impact of AI in Agriculture in Future*” at the 4th International Conference on Advances in Science, Engineering & Technology (ICASET), organized by Panipat Institute of Engineering and Technology, Haryana, Kamaraj College of Engineering & Technology, India, and IFERP Academy in the virtual conference held on 15th & 16th November 2025.

**11. Mr. Manoj Kumar G.** from the Department of Science(UG)

- ✦ Presented his research paper titled “*Artificial Intelligence as a Tool and Theory: Transforming Physics Research and Beyond*” at the 4th International Conference on Advances in Science, Engineering & Technology (ICASET) organized by Panipat Institute of Engineering and Technology, Haryana, Kamaraj College of Engineering & Technology, India, and IFERP Academy held in Delhi, India as a virtual conference on 15th & 16th November 2025.
- ✦ Presented a paper on “*An Overview of Neuromorphic Computing and Applications*” ICASETM-2025, in a international virtual conference organized by Baba Farid Group of Institutions, Vignana Bharathi Institute of Technology, Universitas PGRI Sumatera Barat, and IFERP Academy–Indonesia Society.

## FDP PARTICIPATION

**1. Dr. Nethra H S**, Head of the Department of Sciences and the CoE of S.E.A College of Science, Commerce and Arts,

- ✦ participated in a seven-day National Online Faculty Development Program on “**AI Tools for Research**” from 3rd to 11th October 2023, organized by Kristu Jayanti College (Deemed to be University), Bengaluru.
- ✦ Participated in the Faculty Development Program on Advances in Biomedical Instrumentation: Bridging Engineering and Healthcare. It was organized by the Department of Electronics and Communication Engineering, Presidency University, Bengaluru, from 14–18 July 2025.

**2. Dr. Raga Jyothi L**, Assistant Professor in the Post-Graduate Department of commerce and management,

- ✦ Participated in a six-day Online Faculty Development Program titled “**Exploring Indian Knowledge Systems through Creating Copyrightable Educational Resources from Traditional Wisdom,**” organized by St. Francis College, Bengaluru, from 24th to 30th July 2025.
- ✦ Participated in a nine-day online national-level professional development program titled “**Empowering Educators and Students with AI,**” organized by the Department of Computer Science – Shift II, Patrician College of Arts and Science, Chennai from 6th to 16th October 2025

**3. Dr. Rekha Mehta**, Assistant Professor in the Post Graduate Department Of Commerce And Management

- ✦ Participated in a one-week Faculty Development Program on “**Advances in Augmented & Virtual Reality and Blockchain Technologies,**” organized by

the Department of Computer Science & Engineering (IoT & Cyber Security including Blockchain Technology) and the Department of Information Technology of Vishwakarma Institute of Technology, Pune. from 29<sup>th</sup> September to 4<sup>th</sup> October.

- ✚ Participated in a “7 Days FDP on The Gen Z Effect: Innovation, Impact and the Future of Industry,” organized by Star International Foundation for Research and Education from October 2 to October 8, 2025.

4. **Ms. E.Beryl**, Assistant Professor in the Department of English,

- ✚ Participated in a panel discussion titled “**Reflect, plan, grow: Using lesson planning for professional development**,” organized as part of the South Asia Teaching English series by the British Council on Thursday, 20 November 2025.
- ✚ Participated in the Workshop at the Two-Day International Conference on Language, Literature, and Linguistics (ICLLL – 2025), organized by the Department of Languages, Faculty of Liberal Studies, REVA University, in association with REVA IRRC and SAN BEDA University, Manila, Philippines, on November 13–14, 2025, in hybrid mode at REVA University, Bengaluru.
- ✚ Participated in the International Faculty Development Program on Transient Histories- Form (Aesthetics) and Relations (Ecology) in Sustainable Development organised by the Department of English at Kristu Jayanti (Deemed to be University), Bengaluru from 8th to 15th September, 2025.
- ✚ Participated in the international webinar titled “**AI in Language Teaching: From Classrooms to Chatbots**,” conducted in virtual mode by the Department of Humanities and Languages, Sona College of Technology, Salem, on 10th April 2025.
- ✚ Participated in the international webinar titled “AI and the Future of English Language Teaching” (Chapter 5), organized by the Seshadripuram Educational Trust, Bengaluru, on 28th October 2025.
- ✚ Participated in the five-day International Faculty Development Program titled “**Innovative Pedagogical and Research Practices for English Language Teaching**”, conducted by the Department of English in association with IQAC & IIC, St. Joseph’s College (Arts and Science), Kovur, Chennai, from 18th to 22nd August 2025.
- ✚ Participated in the International Level Seven-Day Online Faculty Development Program cum Workshop titled “**Scholarly Writing and Publishing in Indexed Journals (Scopus & Web of Science): Best Practices and Strategies**”, organized by the Institute for Scholarly Research and Training, Chennai, from 10th to 16th May 2025.

5. **Dr. K Adishesha**, Assistant Professor in the Department of Computer Science and Applications,

- ✚ Participated in a five-day Faculty Development Program on “**Cyber Security**,” held from 13th to 17th October 2025 by Saraswati College of Engineering, Kharghar, and Jawaharlal Nehru New College of Engineering, Shivamogga, in collaboration with ExcelR Edtech Pvt. Ltd
- ✚ Participated in a 7 Days FDP on “**The Gen Z Effect: Innovation, Impact and the Future of Industry**,” by Star International Foundation for Research and Education from October 2 to October 8, 2025.

- ✚ Participated in a five-day Faculty Development Program on “**AI-Powered Healthcare: Emerging Technologies and Innovations in Med-Tech**,” organized by AICTE Training and Learning (ATAL) Academy, from 6th to 11th November 2025 at Dr. D. Y. Patil Institute of Technology
  - ✚ Participated in the AICTE ATAL Faculty Development Program on “**Next Generation Semiconductor Technologies: Design, Materials and Applications**,” held at Vimal Jyothi Engineering College, Chemperi, Kannur, Kerala, from October 27 to November 1, 2025.
6. **Ms. Sindhu N.**, Assistant Professor in the Post-Graduate Department of Commerce and Management,
- ✚ Participated in a seven-day Faculty Development Program titled “**The Gen Z Effect: Innovation, Impact and the Future of Industry**,” organized by Star International Foundation for Research and Education from 2nd to 8th October 2025
  - ✚ Participated in a five-day Faculty Development Program on “**GEN AI – RAG (Retrieval-Augmented Generation)**,” organized by Chaitanya Bharathi Institute of Technology and MVSR Engineering College (Autonomous), Hyderabad from 8th to 12th September 2025, the FDP was conducted in collaboration with ExcelR Edtech Pvt. Ltd.
7. **Ms. Girija K S**, Assistant Professor in the Post - Graduate Department of Commerce and Management,
- ✚ Participated in a seven-day Faculty Development Program, titled “**The Gen Z Effect: Innovation, Impact and the Future of Industry**,” organized by Star International Foundation for Research and Education from 2nd to 8th October 2025.
8. **Ms. K. Krishna Veni**, Assistant Professor in the Department of Computer Science and Application (PG),
- ✚ Participated in a 7 Days FDP on “**Transforming Teaching: Mastering the Art of Student Engagement**” organized by S.E.A. College of Science, Commerce and Arts, held from 14.07.2025 to 21.07.2025
  - ✚ Participated in the International Online FDP on “**Data Analytics using Power BI**” organized by ExcelR and Atria Institute of Technology from 28.07.2025 to 01.08.2025
  - ✚ Participated in the International Online FDP on “**Quantum Computing**” organized by ExcelR, Ramrao Adik Institute of Technology, DY Deemed to be University, Mumbai, from 11.08.2025 to 18.08.2025
  - ✚ Participated in the International Online FDP on “**Gen AI – RAG(Retrieval – Augmented Generation)**” organized by ExcelR, Chaitany Bharathi Institute of Technology, from 08.09.2025 to 12.09.2025
  - ✚ Participated in a one-week FDP on “**Advances in Augmented & Virtual Reality and Blockchain Technologies**” organized by Vishwakarma Institute of Technology, Pune, from 29.09.2025 to 04.10.2025
  - ✚ Participated in a 6 Day online FDP on “**The Agentic AI Paradigm: Architecture, Enabling Technologies and Real World Applications**” organized by Presidency University, from 03.11.2025 to 08.11.2025

*Student Accomplishments*



## *Student Accomplishments*

Excellence, we have long believed, is not a destination but a journey of perpetual becoming. This year, our students have charted paths that illuminate both intellect and imagination. Across examination halls where perfect scores were claimed, competition arenas where laurels were won, and sporting fields where determination met triumph, the spirit of the college has manifested in its most vibrant form. Our scholars have distinguished themselves not merely through individual brilliance but through a collective renaissance of ambition and achievement that speaks to the very heart of what education aspires to be.

Consider, if you will, the recognition bestowed upon our Post Graduate students in the **48th Series of the Student Project Program by the Karnataka State Council for Science and Technology 2024-2025**, a testament to how youthful curiosity, when nurtured by devoted mentorship, blossoms into scholarship of genuine consequence. From Phyto-chemical explorations to the complexities of supply chain intelligence, from reimagining electric mobility to confronting the urban challenge of plastic proliferation, our students have demonstrated that the pursuit of knowledge need not be divorced from the urgency of real-world solutions. As they now cast their gaze toward the **49th series of the Student Project Program by the Karnataka State Council for Science and Technology 2025-2026** with characteristic enthusiasm, they remind us that achievement is not an epilogue but a continuing narrative, each success a prelude to the next.

What follows in this section is a celebration of precision in academics, creativity in competition, and prowess in athletics—a mosaic of moments that together compose the larger portrait of a college community committed to excellence in all its varied expressions.

### *Perfect Scores (100/100)*

We take great pleasure in applauding the students who have achieved a perfect score in their subjects. Securing 100 out of 100 is a remarkable accomplishment that reflects both talent and determination. Their success radiates the joy of learning and the pride of perseverance. Each name that follows is a celebration of excellence and a source of inspiration for peers and teachers alike. With heartfelt congratulations, we honor these bright achievers and the enthusiasm they bring to our academic community.

SNO	NAME OF THE STUDENT	CLASS	SUBJECT
<b>DEPARTMENT OF SCIENCE</b>			
1.	Ms. Pavithra	B.SC- F.S	Forensic Dermatoglyphics
2.	Ms Pavithra	B.SC- F.S	Crime and Evidence Law
3.	Ms Sushmitha	B.SC- F.S	Forensic Dermatoglyphics
4.	Ms.Sushmitha	B.SC- F.S	Crime and Evidence Law
5.	Ms.Ruthika	B.SC- F.S	Crime and Evidence Law
6.	Ms.Maha Lakshmi	B.SC- F.S	Forensic Dermatoglyphics

	Basavaraju		
7.	Ms.Anshiya	B.SC- F.S	Hindi
8.	Ms.Sevanthi	B.SC- F.S	Crime and Evidence Law
9.	Ms.Pallavi. M	B.SC	Personal Wealth Management
<b>DEPARTMENT OF COMPUTER SCIENCE AND APPLICATION</b>			
1.	Ms.Pavithra. A	B.C.A	Personal Wealth Management
2.	Mr.Yatish Yadav	B.C.A	Personal Wealth Management
3.	Mr.Sharath Kumar. N	B.C.A	Personal Wealth Managemet
4.	Ms.Jahnvi K.N	B.C.A	Personal Wealth Management
5.	Ms.Navyashree	B.C.A	Personal Wealth Management Kannada Python Programming Computer Multimedia & Animations Operating System Concepts Open Sources Tools
6.	Mr.Goutham. K	B.C.A	Personal Wealth Management
7.	Mr.Chirag. D.R	B.C.A	Personal Wealth Management
8.	Ms.Bavana TR	B.C.A	Personal Wealth Management
9.	Mr.Ranga Mounika	B.C.A	Personal Wealth Management
10.	Ms.T. Vedavika	B.C.A	Personal Wealth Management
11.	Ms.Abishri	B.C.A	Personal Wealth Management Computer Multimedia & Applications Operating System Concepts C# and .Net framework Data Base Management System
12.	Mr. Mohammed Shaban	B.C.A	Computer Communications & Network. Operating System Concepts
<b>DEPARTMENT OF COMMERCE AND MANAGEMENT</b>			
1.	Mr.Pavan Kumar. N	B.Com	Advanced financial Accounting
2.	Ms.Bhumika. R	B.Com	Human Research Development
3.	Mr.Kamal Jai. G	B.B.A-Gen	Information Technology and Business (Excel and DBMS)
4.	Ms.Lokeshwari. R	B.B.A-Gen	Income Tax, Cultural Diversity At Work Place Security Analysis and Portfolio Management
5.	Ms.Tejaswini	B.Com	Costing Methods and Techniques
6.	Ms.Bandana Soubam	B.B.A-Gen	Banking Law and Practice Compensation and performance Management International Business Cultural Diversity At Work Place Security Analysis and Portfolio Management
7.	Ms.Depenti Mor	B.Com	Cultural Diversity At Work Place
8.	Ms.Trisha. K	B.B.A-Gen	International Business

9.	Ms.Kushitha M.S	B.B.A-Gen	Security Analysis and Portfolio Management
10.	Ms.Devika	B.B.A-Gen	Security Analysis and Portfolio Management
<b>DEPARTMENT OF ARTS, HUMANITIES AND SOCIAL WORK</b>			
1.	Ms.Anamika Kumari	B.A	Personal Wealth Management

### *In-House Stars*

Our campus has always thrived on talent, creativity, and healthy competition, and these students have truly shone as in-house stars. By securing prizes across a variety of contests, they have demonstrated not only skill but also enthusiasm and teamwork. Their victories reflect the vibrant energy of our academic community and the joy of participating wholeheartedly. Each name that follows is a reminder of how dedication and passion can turn opportunities into triumphs. We celebrate their success with pride and extend warm congratulations to these champions of Campus Excellence.

SNO	NAME OF THE STUDENT	SEMESTER	EVENT NAME	PRIZE
<b>DEPARTMENT OF COMMERCE AND MANAGEMENT</b>				
1.	Ms. Vaishnavi	II MBA	Business Plan	I
2.	Ms. Karishma	I B.Com	Business Plan	II
3.	Mr. Prajwal	I B.B.A	Business Plan	II
4.	Ms. Sneha M	I B.B.A	Poster Making	I
5.	Ms. Suma R	I B.Com	Poster Making	II
<b>DEPARTMENT OF SCIENCES</b>				
1.	Ms. Priyanka K.M	II B.Sc Psy	Essay Writing -English	I
2.	Ms. Shivani Singh	II B.A Psy	Essay Writing -English	II
<b>DEPARTMENT OF COMPUTER SCIENCE</b>				
1.	Mr. Mohammed Shaiban	III B.C.A	Website Development	I
			Pick & Speak	I
			Cybersecurity Exhibition	I
2.	Mr. Adhinandh V	III B.C.A	Website Development	
3.	Ms. P Abisri	III B.C.A	Website Development	II
4.	Ms. Arathi	III B.C.A	Website Development	II
5.	Ms. Bindushree M	II B.C.A	Speech	II
			Poster Making	II
			Badminton	II
6.	Ms. Kareena Kumari	II B.C.A	Poster Making Drawing - 3rd B.C.A	II
7.	Ms. Inchara	II B.C.A	Badminton	II
8.	Ms. Bhavana T R	III B.C.A	Western Dance	I
9.	Ms. Devanshi Sharma	II B.C.A	Kahoot Quiz	I

10.	Ms. Megha S K	II B.C.A	Kahoot Quiz	II
11.	Ms. Shahanaz I	II B.C.A	Kahoot Quiz	III
<b>DEPARTMENT OF LANGUAGES</b>				
1.	Ms. Pavithra	III B.Sc F. Science	Poetry writing	I
2.	Mr. Jai prasad Reddy		Poetry writing	II
3.	Mr. Kiran Krishnan NM	BHM 7TH SEM	My India 1947-2047 Essay Writing competition	I
4.	Mr. Sreesanth S	III B.Sc F. Science	My India 1947-2047 Essay Writing competition	II
5.	Ms. Divya N	1 B.B.A Gen	Kannada Essay writing	I
6.	Ms.Mamatha Sri	III B.Com	Kannada Essay writing	II
7.	Ms.Swetha Kumari	II B.C.A(B)	Hindi Essay Writing	I
8.	Ms.Khushi Ganesh	II B.C.A,	Hindi Essay Writing	II
9.	Hajira Anjum	II B.C.A	Hindi Essay Writing	II
10.	Ms.Kareena Kumari	II B.C.A	Scroll Designing	I
11.	Ms.Sneha Chandhan- Ms.Aditi Sharma	II B.B.A, II B.C.A	Scroll Designing	II

### *Intercollegiate Competition Champions*

S NO	NAME OF THE STUDENT	THE CLASS	EVENT/COMPETITION PARTICIPATED	PRIZES WON
1	Ms. Bhoomika	II B.Com	Solo singing – Kristu Jayanti College	II
2	Ms. Pratiksha	II B. Com	Photography- Parampara 2K25 Silicon City College	II
3	Ms.Jennifer, Ms. Lavanya and Ms. Mona	III B.Com	Jewellery making competition at Sacred Heart College	III
4	Ms. Revathi and Krishnendu	B.Sc Psychology	Waves of Mind- Gardenia 2025- Garden City University	I
5	Mr. Dhruva and Ms. Mahathi	B. Sc CBL	Snackvertise and Gemomania	I
6	Mr Tharun, Mr. Dhruva and Ms. Mahati	B.Sc Forensic Science and CBL	Genetic Quest	I

## *Sports Champions*

S No	NAME	CLASS	EVENT	AWARD/PRIZE
1	Mr. Amjad Robin	III B.Sc.	Bengaluru North University Best Physique Championship Feb-2025	Gold medal
2	Mr. Adithyan	II B.C.A	110 meters Hurdles (Athletics) Bengaluru North University Inter collegiate Sports meet 2024	Bronze medal
3	Mr. Sugith Sabu	II M.S.W	Taekwondo Bengaluru North University Inter collegiate Sports meet 2024	Bronze medal
4	Mr. Aajal Thomas	II B.Sc.	Bengaluru North University Best Physique Championship Feb-2025	Bronze Medal
5	Ms. Archana	I B.Sc.	Hammer Throw (Athletics)Bengaluru North University Inter collegiate Sports meet 2024	Silver medal
6	Mr. Harish Ashok	II B.Com	FIBO MUAYTHAI MEET COLOGNE, GERMANY. April 10-13, 2025	Silver Medal
7	Mr. Tharun S		BNU INTER COLLEGIATE SPORTS NOVEMBER 21, 2025 HAMMER THROW.	Third prize

## CELEBRATING OUR ACADEMIC CHAMPIONS

Success is not merely about reaching the destination. It is about the relentless pursuit of knowledge, the countless hours of dedication, and the unwavering commitment to excellence that defines the journey. This year, our campus has witnessed brilliance in its purest form, as students have transformed challenges into triumphs and aspirations into achievements.

The individuals featured in these pages represent more than just stellar grades and impressive ranks. They are the embodiment of perseverance, the proof that dreams backed by hard work know no bounds. Each late-night study session, every moment of self-doubt overcome, and all the sacrifices made along the way have culminated in this moment of glory, a moment they have earned through sheer determination and intellectual rigor.

These rank holders are not merely academically gifted. They are innovators, problem-solvers, and leaders who have raised the bar for everyone around them. They have demonstrated that excellence is not an accident but a habit, that success is not a stroke of luck but the result of consistent effort and a genuine passion for learning.

As you read through their inspiring journeys, remember that their story could very well be yours. They started where many of you are now, with a goal, a passion, and the courage to pursue it with dedication. Let their achievements serve as a reminder that with focus and perseverance, remarkable accomplishments are well within reach.

To our rank holders, you have made us immensely proud. Your success reflects not only your individual capabilities but also the vibrant academic culture of our institution. May your journey continue to inspire those who follow in your footsteps.



# SOUTH EAST ASIAN EDUCATION TRUST (R)

## S.E.A. COLLEGE OF SCIENCE, COMMERCE AND ARTS



### Autonomous

(Affiliated to Bengaluru North University, Recognized by Govt. of Karnataka and Approved by AICTE)  
NAAC Accredited with 'B++' Grade

## HEARTFELT CONGRATULATIONS TO UNIVERSITY RANK HOLDERS- 2024

### 1st Rank



**ANAGHA. K.R**  
B.Sc Forensic Science



**CHANDANA. K**  
B.Sc Clinical Nutrition



**DHARINI. R. S**  
M.C.A



**ABHILASH**  
M. Sc Organic Chemistry



**SONU. M. N**  
M.B.A



**SAVITHA. S**  
M.A English

### 2nd Rank



**FATHIMA NAFIDA. T**  
B.Sc Forensic Science



**ESH RAT FAMI**  
B.Sc Clinical Nutrition



**GEETHA B R**  
M.C.A



**SUSHMITHA P**  
M. Sc Organic Chemistry



**MOHAMMED TARIQ**  
M.A English

### 3rd Rank



**NANDANA. P**  
B.Sc Forensic Science



**SIDHARATHA RANABHAT**  
B.Sc Clinical Nutrition



**MAHALAKSHMI. R**  
M.C.A



**HEMA. C. V**  
M. Sc Organic Chemistry



**ARCHITHA. V**  
M.A Journalism



**L. SMITHA SWAROOP**  
M.A English

# 4th Rank



**ANJAN. G .S**  
B.Sc Forensic Science



**GHANA SHYAM. C**  
B.Sc Clinical Nutrition



**MAHESH. S. N**  
M. Sc Organic Chemistry

# 5th Rank



**GOVIND. A**  
B.Sc Forensic Science



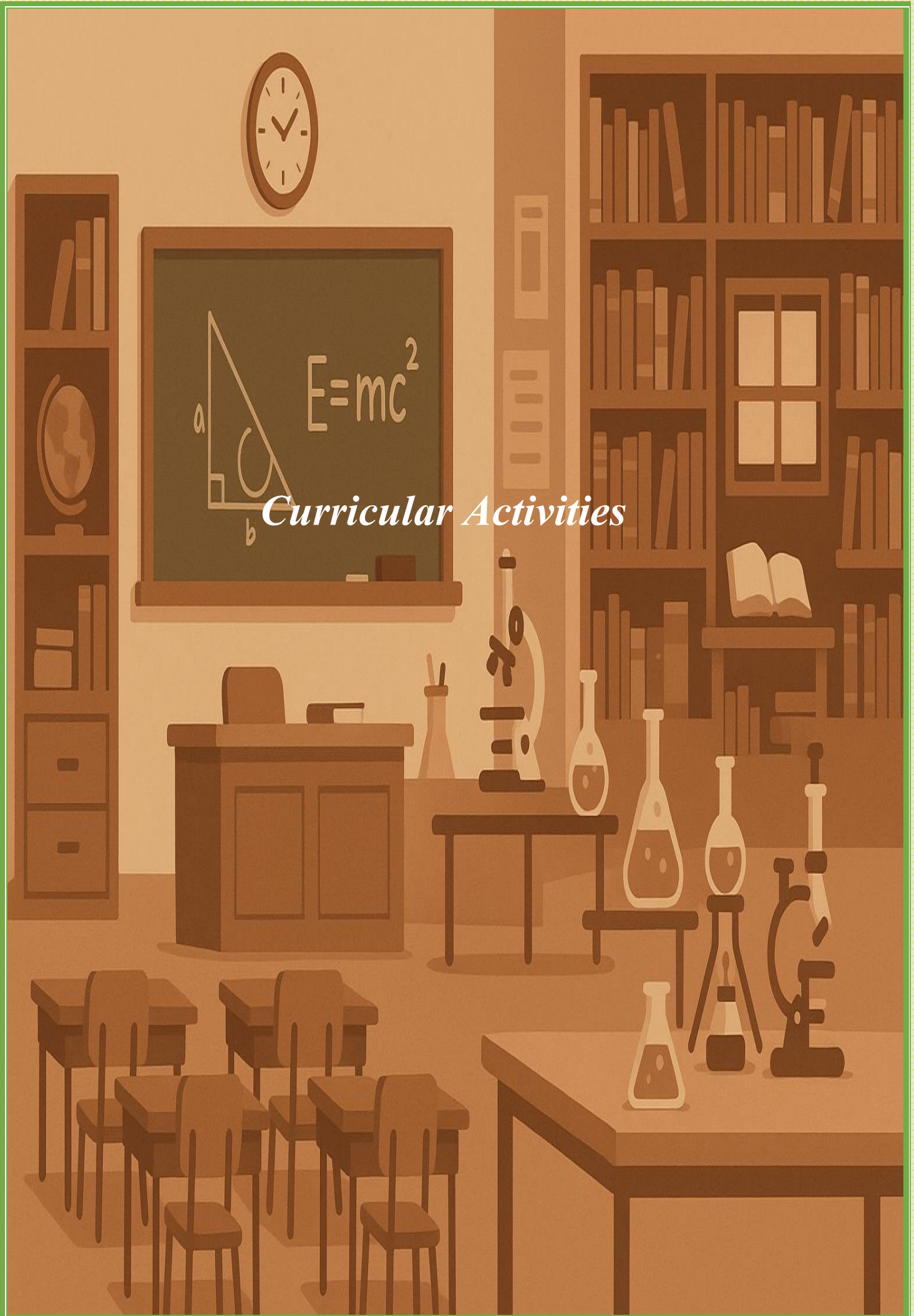
**MATHEW ALDRIN**  
B.Sc Clinical Nutrition



**SUSHMA. S**  
M.C.A



**KAVYA M**  
M. Sc Organic Chemistry



*Curricular Activities*

## *Curricular Activities*

Education, in its truest sense, is far more than the completion of a syllabus or the pursuit of examination scores. It is a steady, meaningful journey that shapes how students think, grow, and engage with the world beyond the classroom. At S.E.A. College of Science, Commerce and Arts, this understanding has guided our work for twenty-five years. As we celebrate our Silver Jubilee, we reflect on an educational philosophy that has remained constant: nurturing the whole individual.

Our approach rests on three interconnected dimensions: the curricular, the co-curricular, and the extra-curricular. Each one plays a distinct role, yet together they create an environment where learning feels complete and balanced. The curriculum builds intellectual clarity and academic discipline. Co-curricular activities help students apply what they learn, encouraging teamwork, problem-solving, and real-world engagement. Extra-curricular spaces allow students to explore their interests, discover their strengths, and develop confidence and character.

When these dimensions come together, students don't simply acquire knowledge; they grow into thoughtful, capable individuals prepared to meet the demands of a changing world. This has been the heart of our mission for the past twenty-five years, and it continues to guide us as we look ahead.

Education gains its full meaning when theory meets practice, when classrooms open onto wider horizons, and when learning becomes an active, engaging process. Our calendar reflects this belief. Throughout the academic year, we organize workshops, seminars, celebrations, and developmental programs that enrich the educational experience and prepare students for lives of purpose and impact.

These initiatives are not peripheral to our mission but they are central to it. From faculty development programs that ensure our educators remain at the forefront of pedagogical innovation, to student-led events that foster leadership and creative expression, every activity is designed with intention and care. We recognize that the world our students will enter demands more than textbook knowledge. It requires adaptability, critical thinking, emotional intelligence, and the courage to lead with integrity.

Consider, for instance, our commitment to keeping pace with the evolving landscape of education itself. The **Workshop on "An Orientation on Emerging Teaching Technologies,"** held on 20th May 2025, brought together experts including Dr. Dominic, Director of the Kannada Department at Bangalore University, Dr. Suryanarayana, Principal of EIMR Business School, and our own Dr. B. Venkata Narayana. Faculty members engaged with digital tools and AI-driven methodologies, ensuring that the education we provide remains contemporary and effective. Similarly, the transformative **Seven-Day Faculty Development Program** from

14th to 21st July 2025—themed "Transforming Teaching: Mastering the Art of Student Engagement"—featured distinguished educators like Dr. K. Viyyanna Rao, Honorary Director of S.E.A Group of Institutions and former Vice Chancellor of Acharya Nagarjuna University, alongside other eminent scholars. These programs underscore a fundamental truth: great education begins with great educators.

But our focus extends equally to the students themselves. The formation of **the Student Governing Council** through democratic elections on 21st August 2025 exemplifies our belief in student agency and leadership. **Teachers' Day celebrations** on 25th September 2025, graced by Dr. N. Rana Pratap Reddy as Chief Guest, became a joyous occasion where educators stepped out of their usual roles to perform dances, ramp walks, and dramas; a beautiful reminder of the human connection at the heart of teaching. **National Education Day** on 11th November 2025 further reinforced our dedication to the ideals that guide us.

These examples represent just a glimpse of the broader tapestry of activities that define life at the College. In the sections that follow, you will find detailed accounts of the curricular, co-curricular, and extra-curricular programs that collectively shape the educational journey we offer. Each initiative has been thoughtfully designed to support student growth, to challenge and inspire, and to ensure that our graduates leave not only with degrees but with the wisdom, skills, and character needed to make meaningful contributions to society.

What follows is more than a chronicle of events. It is a testament to our enduring commitment to holistic education; an education shaped by collaboration, guided by values, and driven by the belief that every student deserves the opportunity to become the best version of themselves.

## Department of Science

The Department of Science championed academic rigour through a thoughtfully curated series of expert-led sessions. A **Laboratory Safety Awareness Program** equipped students with essential protocols for secure scientific practice, while a compelling **lecture on Psychological Abnormalities** broadened perspectives on mental health within the scientific paradigm a **Workshop on Uses of Mathematics in Daily Life**, and an awakening **Workshop on Bridging the Gap- Police and Forensic in Action**. These initiatives reinforced the department's commitment to nurturing both technical competence and theoretical depth.



## Department of Computer Science and Applications

The Department of Computer Science and Applications brought cutting-edge discourse to campus with a distinguished **Guest Lecture on Artificial Intelligence**. This session illuminated the transformative potential of AI technologies, inspiring students to engage critically with emerging computational paradigms and their implications for future innovation.



## Department of Commerce and Management

The Department of Commerce and Management orchestrated an impressive lineup of academic engagements. A **Student Conference** explored the evolving landscape of work from fresh perspectives, while specialized sessions on derivatives markets and digital transformation equipped students with contemporary business acumen. **Guest lectures** on systematic literature review methodologies, Taxation, Derivatives Market and Venture Capital Funding further enriched the intellectual tapestry, preparing students for the complexities of modern commerce.



## Department of Hotel Management

The Department of BHM cultivated professional excellence through targeted career guidance and specialized workshops. A **Career Guidance Lecture** opened pathways to hospitality careers, while the **Flairology Workshop** and **International Housekeeping Week** celebrations honored the artistry and precision fundamental to hotel management. The Monin Workshop on beverage trends showcased the innovative spirit that defines contemporary hospitality education.



## Department of Arts and Humanities and Social Work

The Department of Arts, Humanities and Social Work demonstrated unwavering commitment to social responsibility and cultural exploration. A Journalism Students **Visit to 98.3 FM** offered practical insights into media operations, bridging classroom theory with industry practice.



## Department of Languages

The Department of Languages fostered communication excellence through purposeful pedagogical initiatives. A **Peer Learning Activity** on Business Etiquettes cultivated professional decorum, while an intensive **Bridge Course on Communication Development** honed essential linguistic competencies, empowering students to navigate diverse professional landscapes with confidence and clarity.



*Co-Curricular Activities*



## Co-Curricular Activities

Co-curricular activities breathe life into academic concepts, transforming knowledge into experience. Through competitions, festivals, industrial visits, and collaborative projects, our departments created platforms where students could test their skills, explore professional environments, and engage with communities beyond campus walls.

### Department of Science

The Department of Science has demonstrated a steadfast commitment to experiential learning through a meticulously curated calendar of co-curricular activities that seamlessly integrate theoretical knowledge with practical application. Throughout the academic year, students embarked on a series of transformative **industrial visits** that provided invaluable exposure to real-world scientific environments, including the **Goa State Forensic Science Laboratory**, where they witnessed forensic methodologies in practice, alongside visits to leading research and development facilities such as **Chariton Research Pvt. Ltd.**, the **Central Food Technological Research Institute in Mysuru**, **IKP-Eden**, and **Anthem Biosciences** for postgraduate chemistry students. The exploration extended to a comprehensive three-day excursion organized by the Department of Life Sciences and Biotechnology, encompassing visits to prominent institutions including the **Pasteur Institute of India**.

Complementing these field experiences, the department orchestrated a series of **awareness programs** and **workshops** designed to address both professional competencies and holistic well-being, including a **Cyber Awareness Program** on Forensic Science, **World Wetland Day** celebrations featuring insights on ecological conservation from distinguished research scientists, a Workshop on **Sleep Awareness** that illuminated the crucial relationship between rest and cognitive performance, while a stimulating mathematics workshop on **Uses of Mathematics in Everyday Life** created a platform for intellectual discourse around mathematical inquiry and its diverse applications. The **Vijnana Sankalpa Science Meet** fostered interdisciplinary collaboration. These initiatives collectively underscore the department's dedication to cultivating well-rounded professionals equipped with both technical expertise and social consciousness.

### Department of Computer Science and Applications

The Department of Computer Science and Applications crafted an engaging fusion of technical skill-building and competitive spirit. A **One-Day Workshop** on career roadmaps in coding offered strategic career planning insights, while **World Computer Day** and the vibrant **YUKTI 2K25 IT Fest** celebrated technological innovation. A **Guest Lecture on AI** and **Teen Tech Week** introduced interactive learning through Kahoot quizzes. **Industrial visits** to Kayne's International Design and Manufacturing enriched practical understanding, while competitions on cyber security and workshops on AI and Industry 4.0 Tools positioned students at the forefront of technological evolution.

## Department of Commerce and Management

The Department of Commerce and Management demonstrated remarkable versatility through workshops, symposia, and field experiences. A **Workshop on Problem-Solution Fit** guided entrepreneurial thinking, while the Budget Symposium decoded national financial strategies. **Orientation programs** on professional certifications, including CMA, opened doors to specialized careers. The vibrant **Aarohan 2K25 Commerce Fest** celebrated academic achievement, while **industrial visits** to HAL Heritage Center and IFB Automotive provided ground-level industry exposure. World Entrepreneurs Day celebrations, an Investor Awareness Program, and International Accounting Day enriched the department's comprehensive approach to commerce education.

## Department of BHM

The Department of BHM blended creativity with technical prowess through immersive culinary and cultural experiences. The **Sushi Workshop** by Chef Malavika Unni introduced students to Japanese culinary arts, while **Asian Bites 2K25** offered a gastronomic journey across continents. The Mystery Box Challenge on **National Watermelon Day** tested culinary innovation under pressure. **Essay and quiz competitions** tied to Independence Day celebrations fostered patriotic engagement, while the **Travel Brochure Design Challenge** encouraged creative marketing skills essential to tourism management.

## Department of Arts, Humanities and Social Work

The Department of Arts, Humanities and Social Work championed inclusive development and cultural preservation. A **Workshop** on Advancing Accessibility Through Collaboration, in partnership with the Association of People with Disability, promoted inclusive practices. **Awareness programs** on substance abuse addressed pressing social concerns. The **Unnat Bharat Abhiyan** initiative saw extensive village engagement through pilot visits and a week-long rural camp, translating academic knowledge into tangible community impact. **Heritage site visits** celebrated cultural legacy, while commemorations of **Birsa Munda's birth anniversary**, **Ancient Coins Exhibition**, **Constitution Day**, and **International Human Rights Day** reinforced historical consciousness and civic responsibility.

## Department of Languages

The Department of Languages celebrated linguistic diversity and cultural expression through meaningful observances. **International Mother Language Day** honored multilingual heritage, while **World Letter Writing Day** revived the art of written correspondence. The **Bharat @ 2K47** creative initiative encouraged students to envision India's future through artistic expression. **World Literacy Day** and **Hindi Diwas**, featuring essay writing and poster making, championed language as a tool for empowerment and national unity.



## *Extracurricular Activities*

Extracurricular activities nurture dimensions of personality that transcend academic boundaries. Through environmental initiatives, social causes, exhibitions, and cultural expeditions, our departments encouraged students to become responsible citizens and well-rounded individuals.

### **Department of Science**

The Department of Science extended learning beyond lecture halls through environmental and social initiatives. **World Ozone Day** and **Microorganism Day** celebrations raised ecological awareness, while the **S.E.A. Poshana Abhiyana** reached urban settlements with nutrition education. A **Plantation Drive** establishing an herbal garden embodied the department's commitment to sustainable practices and botanical conservation.



### **Department of Computer Science and Applications**

The Department of Computer Science and Applications showcased student ingenuity through a **Cybersecurity Models Exhibition**, organized collaboratively with the IIC, Science Club, and IT Club. This exhibition demonstrated practical applications of security concepts, transforming theoretical knowledge into tangible demonstrations of digital protection. **Cyber Security Week** on October 30, 2025 further reinforced digital safety awareness.



### **Department of Commerce and Management**

The Department of Commerce and Management supported professional development through a **Value-Added Course** on Financial Accounting with Tally. A highlight came with stellar student **representation at the KSCST Student Project Program**, where a research presentation on the environmental impact of electric vehicles earned recognition, demonstrating the department's research capabilities and environmental awareness.



## Department of BHM

The Department of BHM prioritized holistic student development through vital life skills training. A **First Aid Training Program**, conducted with St. John Ambulance, equipped students with emergency response capabilities. Celebrations marking **150 Years of Vande Mataram** connected students to India's cultural heritage, while the **festive Cake Mixing ceremony** brought the community together in joyous culinary tradition.



## Department of Arts, Humanities and Social Work

The Department of Arts, Humanities and Social Work embraced experiential learning through the **Innoventure Voyage**, an ambitious journey spanning Sirsi, North Karnataka, Mumbai, and Goa and the **Study Tour to Mangalore** and the surrounding rural areas added a fitting finale for the year. This expedition offered students invaluable exposure to diverse cultural landscapes and organizational ecosystems. Historical and **Heritage Site Visits** deepened appreciation for architectural legacy and historical narratives, cultivating a profound sense of cultural identity.



## Department of Languages

The Department of Languages fostered civic engagement through a **National Education Day Essay Writing Competition**. Themed "Role of Education in Nation Building," this competition encouraged students to articulate perspectives on education as a catalyst for national progress, strengthening the vital connection between language, thought, and civic responsibility.



## CELLS, COMMITTEES AND CLUBS

The pulse of any institution beats not merely through its classrooms and corridors but through the vibrant network of cells, clubs, and committees that animate its daily life. These entities serve as the nervous system of our academic body, connecting aspiration to achievement, theory to practice, individual growth to collective flourishing. As we reflect upon the year that has unfolded, we witness not isolated events but a constellation of experiences, each contributing its unique light to the larger illumination of institutional purpose.

What follows is neither exhaustive catalogue nor perfunctory record, but rather an appreciation of how these diverse initiatives have woven themselves into the fabric of our shared educational journey. Through innovation and tradition, through scholarship and service, through cultural

celebration and social consciousness, our cells, clubs, and committees have transformed the abstract promises of institutional mission into lived reality. This chronicle attempts to capture something of that transformation, honoring both the architects of these initiatives and the countless participants whose engagement gives them meaning and vitality.

## Internal Quality Assurance Cell (IQAC)

The Internal Quality Assurance Cell stands as the vigilant guardian of academic excellence, weaving quality into the very fabric of institutional life. Throughout the year, the cell has worked tirelessly to internalize a culture where excellence is not merely an aspiration but a lived reality. By developing comprehensive benchmarks for academic and administrative activities, IQAC has created a framework that honors both rigour and innovation. The creation of learner-centric environments has remained paramount, ensuring that curriculum updation responds dynamically to the evolving needs of contemporary education.



Through meticulous documentation and academic audits, the cell has established quality assurance mechanisms that are both transparent and transformative. The institutionalization of best practices has emerged not as bureaucratic imposition but as organic growth, nurtured through interactive forums where faculty and students engage in meaningful dialogue about pedagogical excellence. By preparing mandatory quality reports and leading the institution toward assessment and accreditation, IQAC continues to chart pathways that honor our collective quest for educational distinction.

## Institution's Innovation Council (IIC)

The Institution's Innovation Council has emerged as the crucible where ideas are forged into tangible realities, nurturing what might be called an ecosystem of possibility. Throughout the year, the council has operated on a fundamental conviction: that innovation is not spontaneous combustion but a learnable craft, demanding both technical mastery and imaginative courage.



The journey began with foundational questions. How does a laboratory prototype become a market reality? What transforms a promising concept into viable enterprise? Mr. Patel M.G. of Envisys Technologies addressed these mysteries in January, through a **workshop** on "Process Of Innovation Development, Technology Readiness Level (TRL), Commercializing Of Lab Technologies, And Technology Transfer," walking participants through the rigorous architecture of technology readiness levels and commercialization pathways. His insights revealed innovation not as sudden breakthrough but as patient, methodical progression through

clearly defined stages.

By March, Dr. Pallavi's **workshop** on the **Business Model Canvas** had equipped students with strategic frameworks, teaching them to map their entrepreneurial visions onto structured canvases where value propositions, customer segments, and revenue streams could be examined with systematic clarity. The **Digital 101** program wove technical competence together with business literacy, recognizing that contemporary innovation demands fluency across multiple domains.

Then came the wisdom of those who had navigated failure and emerged stronger. The **Rashtra Pratham** series on July 4th brought Mr. Ashish Chauhan, Managing Director and CEO of NSE India, into conversation with Dr. Abhay Jere, Chief Innovation Officer at the Ministry of Education's (MIC) Innovation Cell. Their dialogue transcended platitudes about resilience, offering instead the hard-won knowledge of leaders who understand that setbacks are not aberrations but integral chapters in any significant journey.

The **Statathon 2025** inauguration in mid-July revealed how data science could address pressing social challenges, demonstrating that the most meaningful innovations often emerge at the intersection of technical capability and civic responsibility. August brought industry veterans Dr. Dhritiman Kashyap and Mr. Shashikumar Thimmaiah, whose experiences illuminated the pathways through India's evolving innovation ecosystem.

In November, the Ideation Boot Camp put ideas into action through late teamwork and focused execution. The Smart Hackathon heightened the challenge, and students learned how collaboration delivers faster, stronger results than working alone.

**National Energy Conservation Day** on December 14th provided essential perspective, insisting that innovation divorced from sustainability is ultimately hollow achievement. Through this carefully orchestrated progression, the council has cultivated not merely technical skills but an innovative temperament: curious, resilient, collaborative, and conscious of larger purpose.

## Research and Development Cell

The Research and Development Cell has cultivated an environment where intellectual curiosity finds systematic expression and disciplined inquiry. The work of fostering research culture within an undergraduate institution presents particular challenges: how to nurture the patience research demands within educational contexts often oriented toward immediate outcomes, how to develop comfort with uncertainty among students trained to seek definitive answers, how to cultivate the particular combination of imagination and rigor that distinguishes genuine scholarship from mere information gathering.



The **orientation program** on October 22nd addressing the IIC 8.0 Calendar of Activities

established clear trajectories for the academic year, aligning research initiatives with institutional goals and external opportunities. By articulating how various programs interconnect, the orientation revealed research not as isolated activity but as integrated element of comprehensive education.

**The R&D Orientation Program** in November deepened this understanding, guiding faculty and students through research methodologies, ethical considerations, and collaborative possibilities. Here participants learned that research questions emerge not from textbooks but from genuine puzzlement, that methodology must be tailored to questions rather than imposed uniformly, that the most productive research often occurs at disciplinary intersections where different frameworks generate creative friction.

December's **Annual Research Symposium** became something more than academic requirement. It transformed into celebratory confluence where diverse disciplines converged, where engineering students encountered psychological research, where commerce investigations sat alongside scientific experimentation, where the full intellectual vitality of the institution became visible to itself. Poster presentations and paper deliveries created opportunities for students to translate their investigations into communicable forms, discovering in the process that research achieves its full significance only when shared, questioned, and built upon by broader scholarly communities.

Through these carefully structured initiatives, the cell has worked to normalize research participation, transforming it from exceptional activity reserved for the academically elite into accessible practice available to any student possessed of curiosity and willing to undertake disciplined investigation.

## Anti-Ragging Cell

The Anti-Ragging Committee has steadfastly upheld the dignity and safety that every student deserves, transforming our campus into a sanctuary of mutual respect. The **Anti-Ragging Week** from August 12th to 19th was not merely a procedural exercise but a profound affirmation of our collective commitment to nurturing environments where learning can flourish free from fear. Through awareness sessions, peer dialogues, and vigilant monitoring, the committee has woven a protective fabric that honors the humanity of every individual who enters our gates.



## Student Grievance Redressal Cell (SGRC)

The Student Grievance Redressal Cell serves as the institutional conscience, ensuring that every voice finds resonance and every concern receives thoughtful attention. The orientation held on July 24th established transparent mechanisms through which students can articulate their challenges and seek equitable resolution. The cell embodies our institutional commitment to responsive governance, where listening precedes action and empathy guides decision-making.



## Equal Opportunity Cell

The Equal Opportunity Cell, encompassing the SC/ST Welfare Committee, Minority Cell, and OBC Welfare Committee, has worked diligently to ensure that our institution reflects the inclusive spirit enshrined in our constitutional ideals. The **debate and essay competition** on September 18th examining **India's reservation policy** sparked thoughtful discourse, inviting students to engage deeply with questions of justice, opportunity, and social transformation. **The Minorities Awareness Program** on November 11th created spaces for understanding diverse experiences and perspectives, strengthening the pluralistic fabric of our academic community. Through these initiatives, the cell continues to affirm that excellence flourishes when opportunity is genuinely universal.



## Women Empowerment Cell

The Women Empowerment Cell has worked throughout the year with a fundamental understanding: that empowerment is not singular but multidimensional, encompassing legal awareness, physical wellbeing, economic recognition, and the right to live free from violence.



On August 21st, Ms. Sandhya B N, an expert in constitutional law, transformed abstract legal provisions into practical knowledge. Her **session on women's rights and law** did more than explain statutes; it equipped participants with the language and frameworks to recognize injustice and claim their rightful protections. When women understand the law, they cease to be its subjects and become instead its agents.

The convergence of World Heart Day with **National Women Health and Fitness Day** on September 29th revealed the cell's holistic vision. Here was recognition that empowerment begins with the body itself, that physical wellness provides the foundation upon which all other freedoms are built. The celebration transcended conventional health messaging, weaving together cardiovascular awareness with broader questions of women's access to healthcare and bodily autonomy.

October 15th brought particular poignancy as the cell marked **International Day of Rural Women and National Women Farmers Day**. In honoring women farmers as the backbone of rural economies, the program insisted on visibility for contributions too often rendered invisible by both statistical frameworks and cultural narratives. These are the women whose labour feeds nations, yet whose work is frequently categorized as domestic duty rather than economic production.

The rally on the **United Nations International Day for the Elimination of Violence Against Women** carried the cell's commitment beyond campus boundaries and into public consciousness. Participants marched not merely to commemorate but to demand, their collective presence a visible insistence that violence against women is neither private matter nor inevitable reality but a social failure requiring urgent, sustained response.

Through these interconnected initiatives, the cell has cultivated a feminism that is simultaneously theoretical and practical, personal and political, celebratory and unflinchingly honest about persistent challenges.

## Entrepreneurship Development Cell

The Entrepreneurship Cell has kindled entrepreneurial imagination across campus, operating from a conviction that enterprise is not merely about profit generation but about identifying problems and marshalling resources toward solutions. **National Startup Day** on January 24th provided annual ritual for celebrating this spirit, honoring those who have transformed ideas into organizations and possibility into reality.



Yet celebration alone rings hollow without practical support. **The Startup Summit** on August 22nd created platforms where nascent ventures could articulate themselves through poster presentations, translating abstract visions into communicable forms. Here was the essential entrepreneurial challenge made visible: how to compress complex business models into compelling visual narratives that capture both imagination and investment.

The **S.E.A Bazaar** on October 21st operated on different pedagogical principles. Rather than simulations or presentations, here were actual economic exchanges, real transactions where student enterprises tested their concepts against genuine market forces. The bazaar revealed entrepreneurship's fundamental uncertainty: products or services that seemed brilliant in conception sometimes met indifferent markets, while modest ventures occasionally discovered unexpected demand. This direct confrontation with market reality provided education no classroom could replicate.

October 27th brought Dr. S. Chandrashekar, President of the Artisans and Handlooms Development Corporation, who illuminated entrepreneurship and innovation as legitimate career pathways rather than fallback options for those who fail at conventional employment. His career demonstrated how entrepreneurial thinking can serve social missions, how business acumen can be deployed toward cultural preservation and artisan empowerment rather than merely toward wealth accumulation.

Through these multifaceted initiatives, the cell has nurtured an entrepreneurial ecosystem where risk-taking is encouraged within supportive structures, where failure is understood not as personal inadequacy but as inevitable feature of innovation, and where success is measured not merely in revenue generated but in problems solved, needs met, and communities strengthened. The goal has never been to transform every student into startup founder but rather to cultivate entrepreneurial mindsets: adaptive, resourceful, comfortable with ambiguity, and oriented toward creating value rather than merely capturing it.

## Career Guidance and Placement Cell

The Career Guidance and Placement Cell has served as cartographer of professional possibility, mapping routes between academic preparation and meaningful livelihood. The work requires both breadth and specificity: broad awareness of diverse career landscapes combined with detailed knowledge of particular pathways.



February's **Overseas Career Guidance** session, conducted in collaboration with Global Degrees, expanded horizons beyond geographical and imaginative boundaries. For students whose family histories might feature no precedent of international work, these sessions transformed distant possibilities into tangible options, complete with practical information about qualifications, visa processes, and cultural adjustments.

The **Mega Career Fest** on March 5th operated on different principles: not depth but breadth, not specialization but exposure. Here was an intentional democratization of opportunity, bringing diverse career pathways under one roof where students could encounter options they might never have independently discovered. How many careers do we fail to pursue simply because we never learned they existed?

April's **seminar on web design, animation, and VFX** conducted by Image Creative Industry illuminated creative industries where technology and artistry converge, where right-brain imagination collaborates with left-brain precision. For students trained primarily in either technical or creative disciplines, these hybrid fields revealed possibilities for integration rather than forced choice.

The August **orientation for Java Full Stack Development Internship** by Vintar Solutions exemplified the cell's commitment to bridging what educators call the "skills gap" between academic knowledge and industry requirements. Forty MCA final-year students gained practical exposure that complemented their theoretical foundations, discovering in the process that employment often requires not different knowledge but different applications of existing knowledge.

December brought collaboration with **Statecraft IAS Academy**, addressing aspirations toward civil services that represent for many students the highest form of public service. The UPSC coaching initiative recognized that competitive examinations demand not merely subject knowledge but strategic preparation, that the path to administrative service requires guidance from those who understand its particular demands and rigors.

Throughout these varied initiatives, the cell has operated with a crucial insight: that career guidance at its best is neither prescription nor restriction but rather an expansion of what students perceive as possible for themselves.

## Anti-Drug Awareness Committee

The Anti-Drug Awareness Committee has championed the cause of conscious living, recognizing that true freedom emerges from informed choices. The **Anti-Drug Awareness Rally** on November 28th transformed streets into classrooms, carrying messages of health and clarity to the wider community. Through sustained engagement, the committee has fostered conversations that replace fear with understanding and judgment with compassion, empowering students to navigate life's complexities with wisdom and self-awareness.



## Anti-Sexual Harassment Committee

The Anti-Sexual Harassment Committee stands as an unwavering sentinel, ensuring that our campus remains a space where dignity is inviolable. The **Self-Defence Workshop** on April 4th, led by Ms. Bhavya V., a black belt in karate and acclaimed martial artist, equipped participants with both physical techniques and psychological strength. Beyond skill development, the workshop embodied a larger philosophy: that safety is both a right to be protected and a capacity to be cultivated. The committee's work transcends reactive measures, proactively fostering a culture where respect is fundamental and every individual can pursue their aspirations without constraint or compromise.



## Internal Complaints Committee

The Internal Complaints Committee stands as a vital pillar in maintaining a safe and respectful academic environment at our institution. Operating with both vigilance and sensitivity, the committee addresses concerns through a dual approach of prevention and resolution. Regular awareness sessions and workshops create a culture where students understand boundaries and feel empowered to speak up when those lines are crossed. Students are constantly encouraged and motivated by creating and screening short films and reels and street plays where in every student in the campus is made aware of ethical behavior, discipline, empathy and social responsibility. When issues do arise, the committee responds swiftly, ensuring complainants are heard in a confidential and non-judgmental setting. The committee works to establish facts while protecting the dignity of all parties involved. The committee's strength lies in its accessibility and the trust it has built within the college community over the years. Beyond individual cases, members work continuously to identify potential problem areas and implement measures that stop conflicts before they escalate. Through this blend of proactive engagement and responsive action, the ICC ensures that our campus remains a space where every student can pursue their education without fear or harassment.

## Cultural Committee

The Cultural Committee has orchestrated celebrations that honor tradition while embracing contemporary expression, recognizing that culture is not museum artifact but living, breathing creativity. The "Spark with Creativity" event on November 18th ignited artistic possibilities across multiple mediums. The Onam celebration on September 30th brought the richness of Kerala's harvest festival to our diverse campus, while the Kalasam ceremony created sacred spaces within secular education. The Teachers' Day cultural program transformed gratitude into artistic expression, honoring those who shape minds and futures. Through these celebrations, the committee has woven a cultural tapestry where diverse threads create patterns of remarkable beauty.



## Magazine Committee

The Magazine Committee has provided platforms where creativity finds permanent form and fleeting moments become lasting records. "Brush and Lens," the creative celebration of art and photography on November 21st, honored visual expression as a legitimate language of meaning-making. By curating spaces where images and words converse, the committee has affirmed that documentation is itself a creative act, one that shapes institutional memory and collective identity.



## Eco Club

The Eco Club has championed environmental consciousness with a sense of urgency tempered by hope, recognizing that our relationship with the natural world defines not only our present circumstances but the very possibility of human futures. The club's work has operated on multiple registers simultaneously: raising awareness, fostering scientific literacy, and cultivating what might be called ecological citizenship.



June 26th brought the observance of **Nasha Mukta Bharat Pakhwada**, connecting environmental health with human wellbeing in ways that transcended conventional categorizations. Pollution, the club insisted, takes many forms: chemical and cultural, atmospheric and social. A truly comprehensive environmental consciousness must address the full spectrum of ways human systems become toxic.

Dr. Romana Mirdhe's **webinar** on August 29th provided rigorous scientific grounding for environmental concern. Her lecture on biodiversity and conservation explored levels, importance, threats, and strategies with equal scholarly attention, moving beyond vague appeals to environmental protection toward specific, actionable understanding. Participants learned to distinguish between genetic diversity, species diversity, and ecosystem diversity; to

understand why biodiversity loss threatens not merely aesthetic or recreational values but fundamental ecosystem services upon which human survival depends; to recognize that conservation strategies must be tailored to particular contexts rather than applied universally. This was environmental education at its most intellectually serious.

**National Pollution Control Day** on December 2nd served multiple functions: commemoration of past tragedies, celebration of regulatory achievements, and continued call to action. The day insisted on historical memory, reminding students that current environmental protections represent hard-won victories, not natural givens, and that such protections require constant vigilance to maintain.

Through sustained engagement rather than occasional gesture, the club has worked to transform environmental consciousness from abstract concern into daily practice, from individual lifestyle choice into collective political commitment. The challenge, as members have come to understand, is not merely to appreciate nature but to fundamentally reimagine human relationship with the more-than-human world.

## Commerce and Management Club

The Commerce and Management Club has created vibrant intellectual spaces where business acumen meets scholarly inquiry, where market dynamics are examined with both practical interest and critical distance. The club operates from recognition that business education at its best cultivates not merely technical competence but thoughtful leadership capable of navigating complexity with both strategic clarity and ethical integrity.



November brought dual competitions that tested different dimensions of business literacy. The **Marketing Quiz** on the thirteenth challenged participants to demonstrate strategic thinking and market understanding, moving beyond memorized definitions toward applied analysis of real-world scenarios. Days earlier, the **Accounting Quiz** on the eleventh celebrated numerical literacy as foundational competence, that essential ability to read organizational health through financial statements, to understand how value flows through economic systems, to recognize that numbers tell stories for those trained to interpret them.

The **Business Plan** competition on August 21st transformed theoretical knowledge into practical application. Here participants confronted the essential entrepreneurial challenge: articulating viable ventures with sufficient clarity to convince skeptical evaluators of their merit. The exercise demanded synthesis of marketing insight, financial projection, operational planning, and strategic positioning into coherent narratives that were simultaneously realistic and compelling.

Then came engagement with perhaps the most transformative technology of our era. The **debate** on artificial intelligence forced participants to grapple with implications that span

ethics, economics, and social organization. Will AI augment human capability or displace human labor? Who benefits from productivity gains generated by intelligent systems? How should societies navigate the transition toward increasingly automated economies? These questions admit no easy answers but demand serious consideration from those who will lead organizations through technological transformation.

Through these diverse initiatives, the club has fostered business literacy that is both technically competent and ethically grounded, preparing students for leadership roles where profit motive must be balanced against broader stakeholder responsibilities and social consequences.

## IT Club (CSI)

The IT Club has navigated the digital age with both enthusiasm and critical awareness, recognizing that technology shapes not merely our tools but our very modes of thought and social organization. The year began with the formalization of collaborative networks through the **CSI Students Wing inauguration** in April, extending the club's reach beyond institutional boundaries into wider professional communities.



February's **IT Fest** became a celebration of technological creativity in its multiple expressions, from elegant code to innovative applications, from theoretical insights to practical solutions. Yet the club has never succumbed to uncritical technophilia. The June **webinar** examining social media's impact on youth posed uncomfortable questions about attention economies, mental health, and the subtle ways digital platforms reshape human connection and self-perception. Here were students examining the very technologies that structure their daily lives, achieving the critical distance necessary for thoughtful engagement rather than passive consumption.

The **workshop** on roadmaps to code careers in early February proved intensely practical, demystifying pathways into the software industry and translating abstract aspirations into concrete, sequential steps. By July, the training program on **Ideathon and Hackathon** had shifted focus from individual coding competence to collaborative problem-solving, recognizing that contemporary technology work is fundamentally social, requiring communication skills alongside technical prowess.

December brought conceptual audacity. The **guest lecture** on Quantum Computing on the sixth addressed perhaps the most profound technological frontier of our era, carefully separating substantive promise from excessive hype. In an age of breathless technological proclamations, this measured approach modelled intellectual integrity.

The **Cybersecurity Awareness Program** in December's third week transformed abstract threats into visceral understanding through ethical hacking demonstrations and phishing attack

simulations. Watching skilled practitioners expose vulnerabilities in systems students had assumed secure proved more educational than any textbook treatment. These live demonstrations cultivated not paranoia but informed caution, empowering students to navigate digital spaces with both confidence and appropriate vigilance.

Through this carefully calibrated mix of celebration and critique, skill-building and conceptual exploration, the club has fostered technological literacy that is both technically sophisticated and ethically grounded.

## Science Club

The Science Club has cultivated scientific temper alongside technical skill, recognizing that science is both method and mindset. **Web Bloom**, the website development competition on August 12th, merged computational thinking with creative expression. The **World Mental Health Day** observance acknowledged that wellbeing is as crucial as knowledge acquisition. The program exploring mathematics in daily life transformed abstract concepts into practical tools, while the **"Fun with Maths"** initiative proved that rigour and enjoyment are not opposing forces but complementary dimensions of genuine learning. Through these activities, the club has demonstrated that science education at its best is both intellectually demanding and profoundly humanizing.



## Tourism Club

The Tourism Club, in collaboration with the Department of Hotel Management and Yuva Tourism Club, has expanded horizons by celebrating global interconnection through travel and cultural exchange. The **World Tourism Day** celebration explored the theme "Travel: Global Journey, Shared Futures," recognizing that tourism is not merely leisure but a vehicle for cross-cultural understanding and sustainable development. Through this initiative, the club has illuminated how movement across geographical boundaries can foster the empathy and awareness necessary for navigating an increasingly interconnected world.



## National Service Scheme

The National Service Scheme has embodied the principle that education gains its fullest meaning through service, transforming learning into action and privilege into responsibility. **National NSS Day** on September 24th celebrated this philosophy of engaged citizenship. **World Literacy Day** on September 8th reminded participants that literacy is both fundamental right and powerful tool for social transformation. Through sustained community



engagement, NSS volunteers have carried the values nurtured within campus to communities beyond, recognizing that the measure of education is not merely what we know but what we do with that knowledge.

## National Cadet Corps

The NCC fostered civic character through discipline, patriotism, and social responsibility. Programs with the Bengaluru Traffic Police highlighted how public order relies on individual choices for collective welfare, while the Vaccination Awareness on March 20 showed that national service includes protecting public health through education and immunization. Observances such as Kargil Vijay Diwas in July, National Integration Day on November 20, and NCC Rising Day on November 28, paired with the Anti-Drug rally demonstrated collaborative service and India's commitment to unity in diversity. These activities shaped thoughtful citizens who balance personal excellence with national purpose, understanding that freedom requires duties as much as rights.



This academic year's departmental initiatives likewise reflected education in its fullest sense. Beyond teaching curricula, our departments created spaces where curiosity, skills, and values matured through workshops, outreach, and heritage engagement. Students now move into their fields carrying not only certificates but experiences that will guide responsible decisions and meaningful contributions to society.

Together, the NCC and departmental engagements affirmed that learning thrives when institutions connect with real social needs. By blending technical training with community service, students experienced how knowledge gains purpose through application and empathy. These collaborations strengthened leadership, teamwork, and ethical awareness, preparing graduates to serve their professions and communities with equal commitment.



# EVENTS AND CELEBRATIONS

## *Events and Celebrations*

Throughout the academic year, our institution has embraced the rich tapestry of India's commemorative days and institutional celebrations, fostering a deep sense of patriotism, social responsibility, and cultural awareness among our students and faculty.

### **Commemorating National Icons and Freedom Fighters**

Our college community paid homage to the architects of modern India through various observances. We celebrated **Savitribai Phule Jayanti**, honoring the pioneering social reformer and educator who championed women's education. **National Youth Day**, observed on Swami Vivekananda's birth anniversary, inspired our students to embrace his ideals of strength, courage, and service to humanity. The institution solemnly marked **Dr. B.R. Ambedkar Jayanti**, reflecting on his monumental contributions to social justice and constitutional democracy. We also commemorated the **891st Basava Jayanthi**, celebrating the 12th-century philosopher-statesman's teachings of social equality and progressive thought, alongside **Birsa Munda's 150th anniversary**, honoring the tribal freedom fighter's legacy.

### **National Days of Pride and Patriotism**

The spirit of nationalism resonated throughout campus during our **Republic Day** and **79th Independence Day** celebrations, where the entire college community gathered to honor our constitutional values and freedom struggle. **Constitution Day** provided an opportunity to reaffirm our commitment to the principles enshrined in our founding document. **Gandhi Jayanti** was observed with reverence, remembering the Father of the Nation and his philosophy of non-violence and truth.

### **Social Awareness and Civic Responsibility**

Our institution actively promoted civic engagement through **National Voters Day**, emphasizing the importance of informed democratic participation. **No Smoking Day** raised awareness about public health and wellness. The "**Cycle to Recycle**" **Cyclothon**, organized by our NCC cadets, highlighted environmental consciousness and sustainable living practices, demonstrating our commitment to ecological stewardship.

### **Cultural and Regional Celebrations**

The vibrant diversity of Indian culture found expression in our **Kannada Rajyotsava** celebration, which honored Karnataka's linguistic and cultural heritage with traditional performances and literary activities. **Ethnic Day - Anthranaga** transformed our campus into a spectacular showcase of India's sartorial splendor, as students and faculty donned traditional attire representing various regions and communities. The **Gramina Ruchi - Aahara Mela** celebrated rural culinary traditions, offering authentic regional delicacies and promoting appreciation for indigenous food cultures.

## Honoring Excellence and Recognizing Achievement

**National Sports Day** celebrated athletic excellence and the importance of physical fitness in holistic education, paying tribute to Major Dhyan Chand's legendary contributions to Indian sports. **Teachers' Day** was a heartfelt occasion where the college community expressed gratitude to the dedicated educators who shape young minds and inspire academic excellence.

## Special Observances and Distinguished Gatherings

**National Tourism Day** was marked with a faculty excursion to Karwar, promoting experiential learning and appreciation for India's natural and cultural heritage. **International Women's Day** featured distinguished guests including environmental activist Smt. Saalumarada Thimmakka, MLA Mr. Rizwan Arshad, and Dr. Poonam Maurya, who inspired our community with their insights on gender equality and women's empowerment.

## Institutional Ceremonies

The academic year witnessed significant institutional ceremonies that marked important transitions in our students' journeys. The **Freshers' Day and Investiture Ceremony** in February welcomed new students and installed student council members, with Dr. Thippeswamy, the Esteemed Registrar of Evaluation at Bengaluru North University, gracing the occasion. A second **Freshers' Day and Investiture Ceremony** in September featured Mr. Sandeep Deshpande, CEO of Statecraft Academy, as the chief guest. Our **Graduation Day** ceremonies in May and September celebrated the achievements of our graduating students, with the May ceremony honored by the presence of Sri Anil Kumar Tallam. The **S.E.A. Alumni Meet** strengthened bonds between the institution and its accomplished former students, fostering a continued spirit of belonging and engagement.

These celebrations and observances represent more than ceremonial occasions; they embody our institutional commitment to nurturing well-rounded individuals who carry forward the values of our great nation. Each event served as a learning opportunity, connecting our students with their cultural roots while preparing them for global citizenship. Through active participation in these commemorations, our students developed a profound appreciation for India's diverse heritage, democratic principles, and social values. As we reflect on this enriching year of celebrations, we recognize that these experiences have woven together academic excellence with cultural pride, social consciousness with civic duty, creating a vibrant educational environment where tradition and progress coexist harmoniously. Moving forward, we remain dedicated to sustaining this legacy of meaningful engagement, ensuring that every celebration continues to inspire, educate, and unite our college community in shared purpose and collective growth.

## *Art and Culture*

“Philosophical systems postulate that everything in reality stems from Purusha (self, soul, or mind) and Prakriti (matter, creative agency, energy). While Purusha cannot be modified, Prakriti brings change in all objects.”

— Prof. Satchidananda Murthy, Padma Bhushan, Indian philosopher

Human enlightenment occurs only through art and culture, making the individual experience the rhythm of the real. In the rich tapestry of Indian thought, this rhythm finds profound expression in the philosophical insight of Prof. Satchidananda Murthy, who observed that all reality stems from Purusha (self, soul, or mind) and Prakriti (matter, creative agency, energy). While Purusha remains the unchanging essence of consciousness, Prakriti is the dynamic force that animates transformation and creativity. This duality offers a timeless lens through which we can examine our journey in education and culture, where stillness meets motion, and tradition dances with innovation.

In the rich tapestry of Indian thought, this insight from Prof. Satchidananda Murthy offers a timeless lens with which to examine our journey in education and culture. Purusha, the eternal spirit, represents our inner consciousness, steady, silent, and unchanging. Prakriti, by contrast, is the dynamic force of change, the source of creativity, expression, and perpetual evolution.

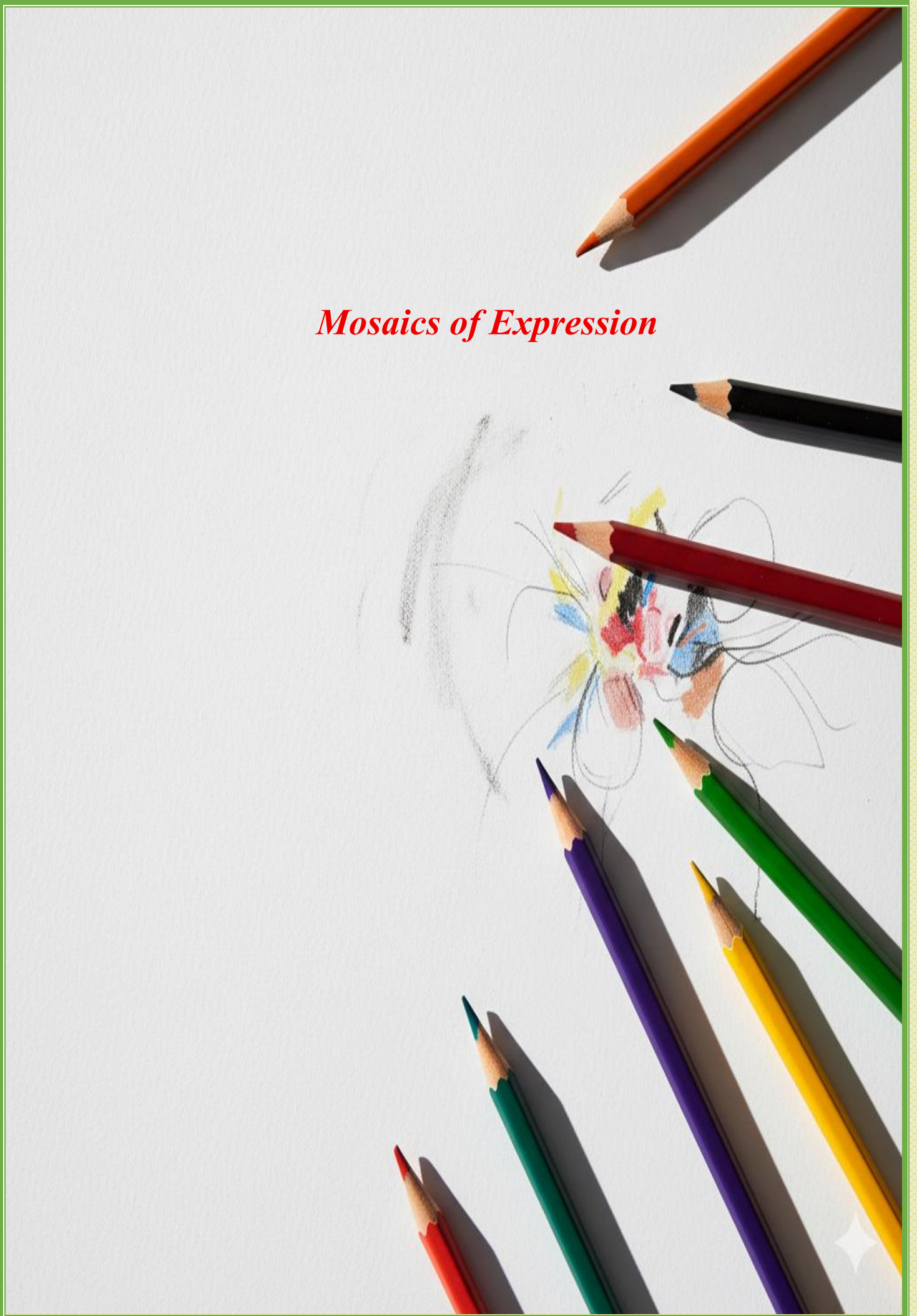
Today’s institutions are the stage, where Purusha and Prakriti meet in exhilarating fusion. As the world races into the digital age, Indian education innovates: smart classrooms enable interactive learning, digital libraries place a universe of knowledge at every fingertip, and contemporary art forms thrive alongside classical pursuits. Here, students learn not just to receive wisdom, but to co-create knowledge, experiment, collaborate, and solve real-world challenges. The spirit of Purusha is honored through commitment to excellence, ethics, and personal growth, while Prakriti is celebrated in every act of creation and engagement.

Nowhere is this more alive than at S.E.A College of Science, Commerce & Arts. The college stands as a vibrant microcosm of modern India, where the traditional and the contemporary are not in conflict, but in conversation. Cultural events pulse with energy: Street plays and mime performances draw on age-old Indian theatrical techniques to address contemporary themes, using creative agency (Prakriti) to spark awareness and dialogue. Digital art exhibitions showcase student mastery in blending folk patterns, mandalas, and Worli motifs with cutting-edge technology, nurturing both rootedness and imaginative expansion. Societal awareness rallies demonstrate how creative energy can flow beyond campus walls, turning knowledge into action, and inspiring communities towards positive change.

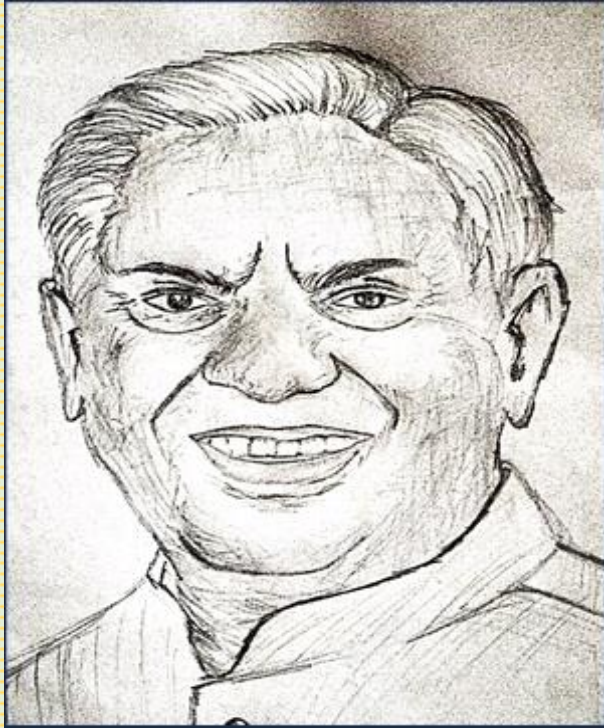
In daily life at the college, Purusha inspires reflection, empathy, and the pursuit of higher purpose; Prakriti empowers adaptation, innovation, and bold self-expression. This synergy ensures that every learner discovers not only who they are, but what they can become. In essence, our college magazine is a celebration of this living legacy, where history and innovation, soul and society, merge to create a future bright with possibility.

At S.E.A College, the ancient wisdom of Purusha and the creative dynamism of Prakriti together shape students who are thoughtful, versatile, and ready for tomorrow’s world. Every classroom, corridor, stage, and rally is testament to the idea that transformative education is both a tradition and an adventure, endlessly renewed, and always inspiring forward motion.

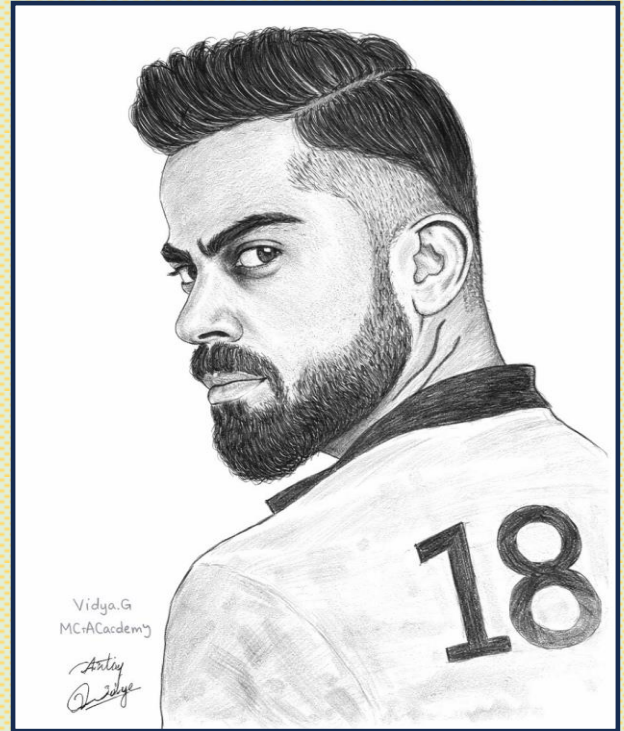
*Mosaics of Expression*



## STUDENTS' EXPRESSIONS



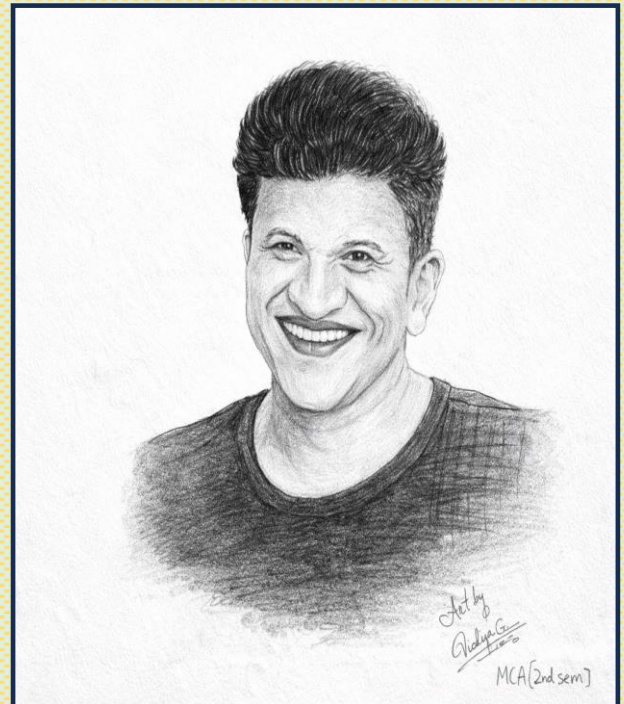
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I BBA AVIATION**



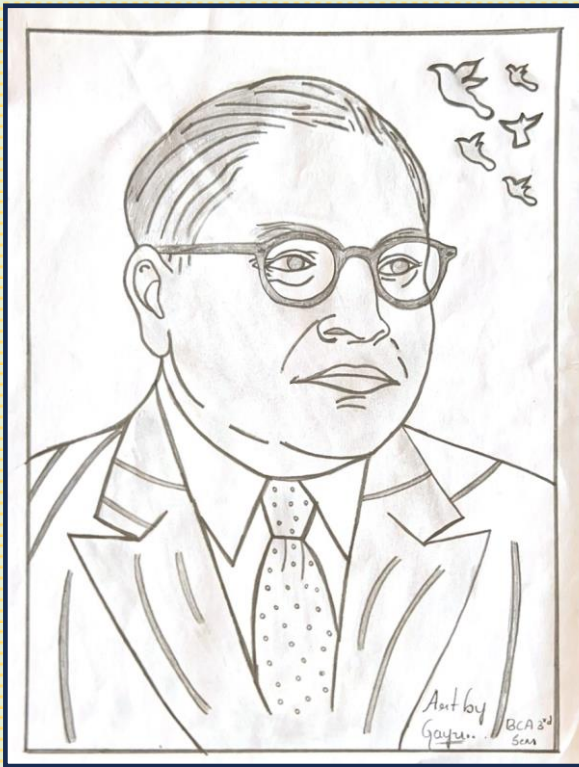
**VIDYA G  
II MCA**



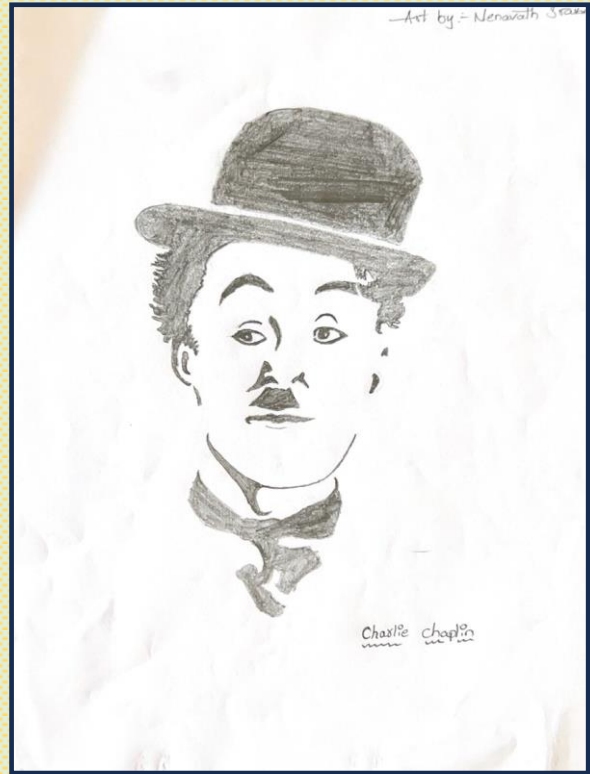
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II MCA**



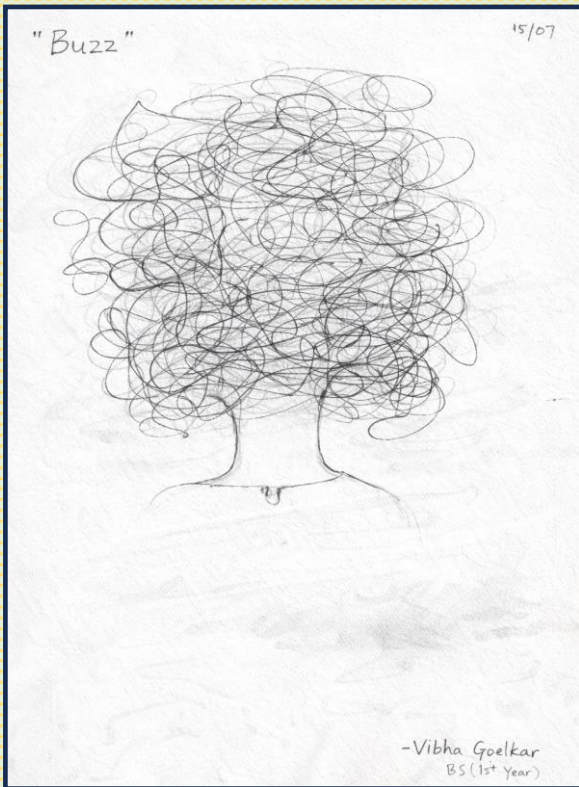
**VIDYA G  
II MCA**



**GAYATHRI S  
II BCA**



**NENAVATH SRAVAN  
I BBA AVIATION**



**VIBHA GOLEKAR  
I BSC**



**K YUGENDER**  
**I BBA AVIATION**



**VARSHA**  
**I BCA**



**VIDYA G**  
**II MCA**



**ANANDH SURESH**  
**BSC FORENSIC SCIENCE**



**KAREENA KUMARI R S**  
**II BCA**



**SUNITHA M**  
**I BSC CB**



**KAREENA KUMARI R S**  
**II BCA**



B.Com 5<sup>th</sup> sem P. JENNIFER - MANDALA ART

**P JENNIFER  
III BCOM**



B.Com 5<sup>th</sup> sem P. JENNIFER, MANDALA ART

**P JENNIFER  
III BCOM**



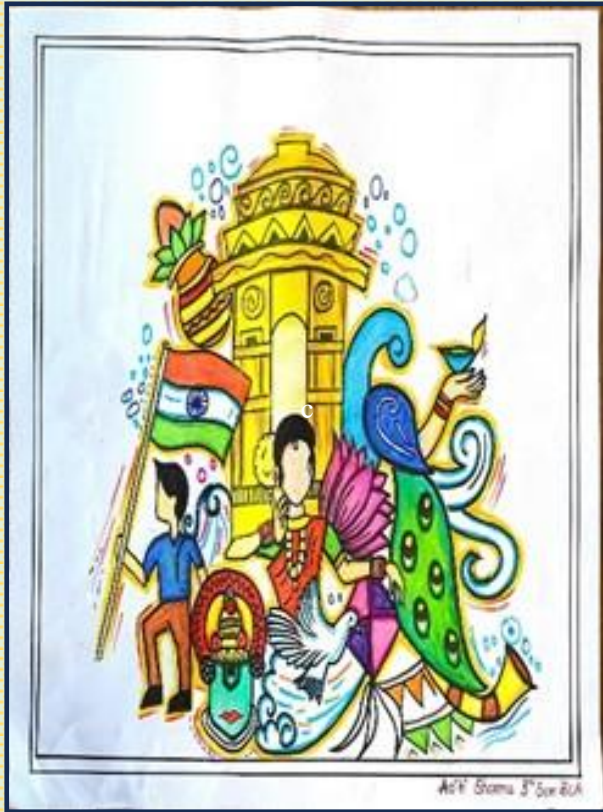
Prerana - B  
1<sup>st</sup> sem  
B.Sc Bio-Tech

**PRERANA  
I BSC BIO TECH**



SHARMILA V  
1<sup>st</sup> sem BCOM

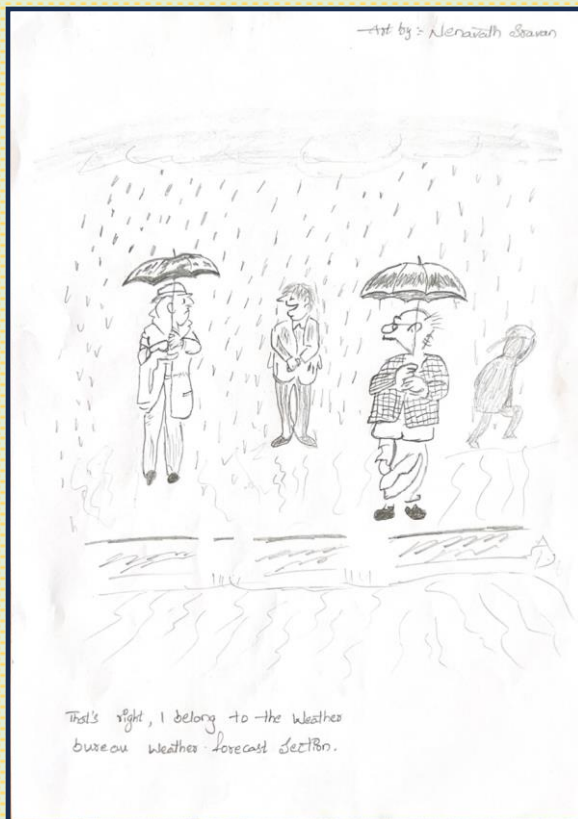
**SHARMILA V  
I BCOM**



**ADITI SHARMA**  
**II BCA**

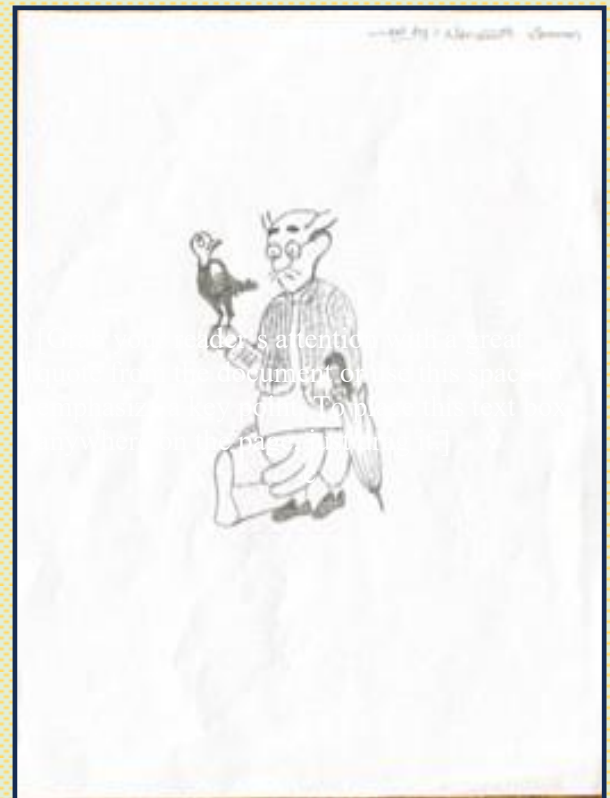


**SRI DHARSHINI**  
**I BCOM**



That's right, I belong to the weather  
bureau weather forecast section.

**NENAVATH SRAVAN**  
**I BBA AVIATION**



**NENAVATH SRAVAN**  
**I BBA AVIATION**



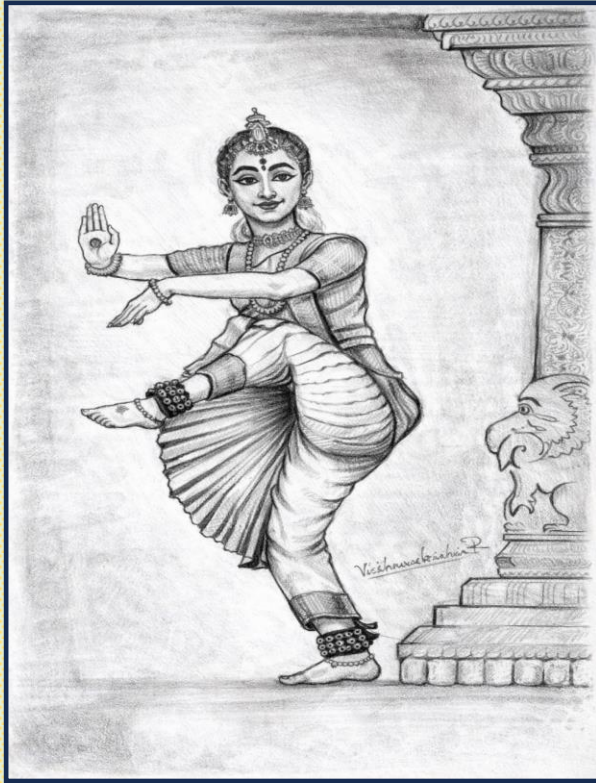
**AFINA KASIM**  
**II MSW**



**VARNIKA JAISWAL**  
**I BCA**



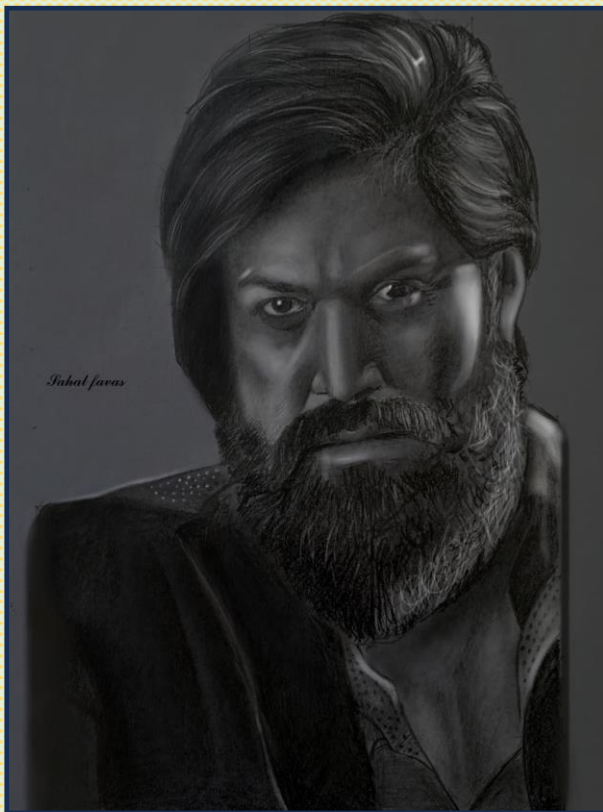
**AFINA KASIM**  
**II MSW**



**VAISHNAVI KRISHNA R**  
**I B.Sc Forensic**



**ABHINANDH**  
**I BBA AVIATION**



**SAHAL FAVAS**  
**III BCA**



**SAHAL FAVAS**  
**III BCA**



**GHAITHRI V E**  
**III B.Sc Bio Technology**



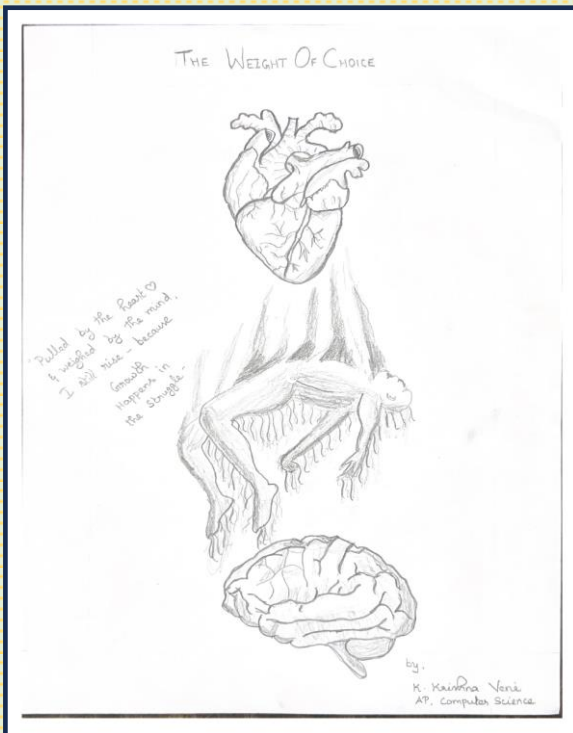
**GHAITHRI V E**  
**III B.Sc Bio Technology**

## FACULTY ARTISTS



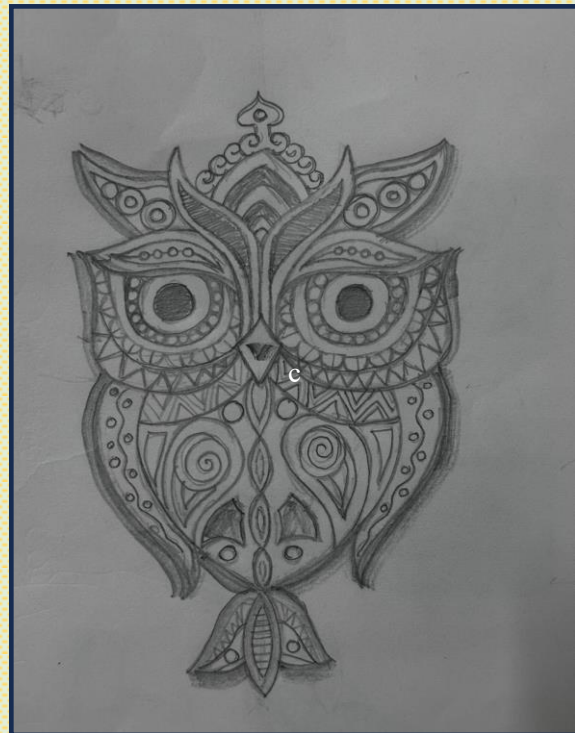
**YOGASHREE**

Lab. Coordinator (Computer Science)



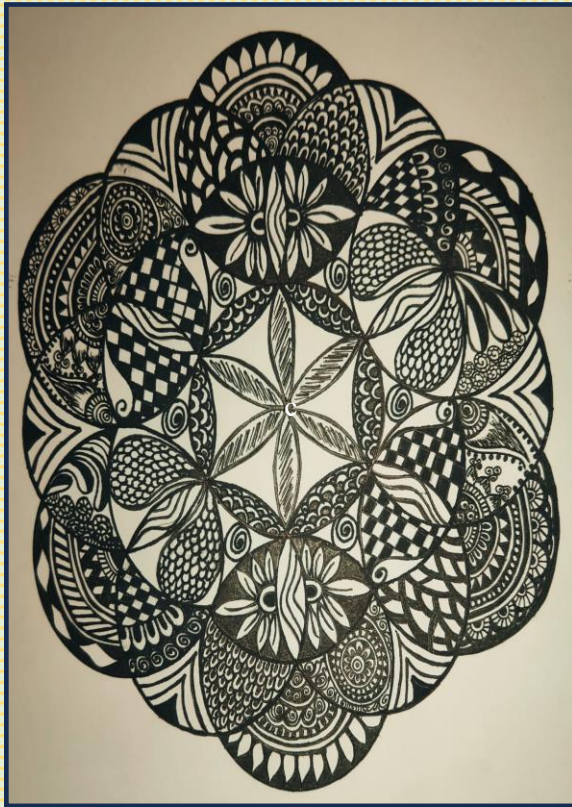
**K KRISHNA VANI**

Assistant Professor  
Department of Computer Science



**SHASHIKALA**

Placement Officer



**DEEKSHITHA V R**  
**Assistant Professor**  
**Department of Science**



**DEEKSHITHA V R**  
**Assistant Professor**  
**Department of Science**



**SRIPRIYA N D**  
**Assistant Professor**  
**Department of Computer Science**

# ಕನ್ನಡ ಲೇಖನಗಳು



## ವಿದ್ಯಾರ್ಥಿಗಳ ವಿಭಾಗ

### ಡಿಜಿಟಲ್ ಯುಗದಲ್ಲಿ ಮಾನವ ಸಂಬಂಧಗಳ ಕ್ಷೀಣತೆ

ಸಾಮಾಜಿಕ ಮಾಧ್ಯಮಗಳು ಮತ್ತು ತಂತ್ರಜ್ಞಾನವು ಮಾನವರ ಭೌಗೋಳಿಕ ಅಂತರವನ್ನು ಮೀರಿ ಬೆಸೆಯಲು ಸಹಾಯ ಮಾಡಿದ್ದರು, ಇದು ಮನುಷ್ಯ ಸಂಬಂಧಗಳ ನಡುವಿನ ಅಂತರವನ್ನು ಹೆಚ್ಚಿಸಿದೆ. ಡಿಜಿಟಲ್ ಸಂವಹನವು ಮುಖಭಾವ, ದೈಹಿಕ ಭಾಷೆ ಮತ್ತು ಧ್ವನಿಯ ಏರಿಳಿತಗಳಂತಹ ಅಗತ್ಯ ಸಂವಹನ ಕೌಶಲ್ಯಗಳನ್ನು ಕಡಿಮೆಗೊಳಿಸುವಂತೆ ಮಾಡಿದೆ. ಇದರ ಪರಿಣಾಮವಾಗಿ ಸಂಬಂಧಗಳಲ್ಲಿ ಆತ್ಮೀಯತೆ ಇಲ್ಲದ ಹಾಗೆ ಹಾಗೂ ಭಾವನಾತ್ಮಕವಾಗಿ ದೂರವಾದಂತೆ ಭಾಸವಾಗುತ್ತಿದೆ, ಹೀಗಾಗಿ ಪರಸ್ಪರ ಸಂಪರ್ಕದಲ್ಲಿದ್ದರೂ ಸಹ ಮಾನವನು ಹೆಚ್ಚು ಒಂಟಿತನ ಮತ್ತು ಪ್ರತ್ಯೇಕತೆಯನ್ನು ಅನುಭವಿಸುತ್ತಿದ್ದಾನೆ.

ವಾಸ್ತವ ಜಗತ್ತಿಗಿಂತ ಆನ್‌ಲೈನ್‌ನಲ್ಲಿ ಹೆಚ್ಚು ಸಮಯ ಕಳೆಯುವುದರಿಂದ ಜೀವನದ ಸಂಬಂಧಗಳು ಮತ್ತು ಕುಟುಂಬದೊಂದಿಗೆ ಒಡನಾಟ ಕಡಿಮೆಯಾಗುತ್ತಿದೆ. ನಿರಂತರ ಅಧಿಸೂಚನೆಗಳು ಮಾನವನ ಗಮನವನ್ನು ಬೇರೆಡೆ ಸೆಳೆಯುತ್ತವೆ. ಇದು ಕುಟುಂಬದ ಸದಸ್ಯರು ಅಥವಾ ಸ್ನೇಹಿತರು ಜೊತೆಯಲ್ಲಿದ್ದಾಗಲೂ ಪರಸ್ಪರ ಸಹಜವಾದ ಬದುಕಿನ ಸಮಯ ಕಡಿಮೆಯಾಗಲು ಕಾರಣವಾಗುತ್ತದೆ. ಪ್ರತಿಯೊಬ್ಬರೂ ತಮ್ಮದೇ ಆದ ಡಿಜಿಟಲ್ ಸಾಧನಗಳಲ್ಲಿ ಮುಳುಗಿರುತ್ತಾರೆ.

ಸಾಮಾಜಿಕ ಮಾಧ್ಯಮದಲ್ಲಿ ಸಂಗಾತಿಯ ಚಟುವಟಿಕೆಗಳ ಮೇಲ್ವಿಚಾರಣೆ ಅಥವಾ ಹೋಲಿಕೆ ಮಾಡಿಕೊಳ್ಳುವುದರಿಂದ ಸಹ ಸಮಸ್ಯೆಗಳು ಉಂಟಾಗಬಹುದು. ಸಾಮಾಜಿಕ ಮಾಧ್ಯಮದಲ್ಲಿ ವೈಯಕ್ತಿಕ ಮಾಹಿತಿ ಅಥವಾ ಸಂಬಂಧದ ವಿವರಗಳನ್ನು ನಿರಂತರವಾಗಿ ಹಂಚಿಕೊಳ್ಳುವುದರಿಂದ ಗೌಪ್ಯತೆ ಕೊರತೆ ಉಂಟಾಗುತ್ತದೆ. ಚಟುವಟಿಕೆಗಳು ಕೆಲವೊಮ್ಮೆ ತಪ್ಪು ತಿಳುವಳಿಕೆಗಳಿಗೆ ಅಥವಾ ಅಸೂಯೆಗೆ ಕಾರಣವಾಗಿ ನಂಜಕೆಯ ಅಡಿಪಾಯವನ್ನು ದುರ್ಬಲಗೊಳಿಸುತ್ತವೆ. ಹೀಗಾಗಿಯೇ 'ಟರ್ಕಲ್' ಅವರು ತಂತ್ರಜ್ಞಾನ ಮತ್ತು ಮಾನವ ಸಂಬಂಧಗಳ ನಡುವಿನ ಸಂಕೀರ್ಣ ಕ್ರಿಯೆಯ ಬಗ್ಗೆ ವ್ಯಾಪಕವಾಗಿ ಬರೆದಿದ್ದಾರೆ.

ಇಂದಿನ ವಿದ್ಯಾರ್ಥಿ ಸಮೂಹಕ್ಕೆ ಡಿಜಿಟಲ್ ಕ್ಲೆನ್ಸಿಂಗ್ ಅತ್ಯಗತ್ಯ. ಕೆಲಕಾಲ ತಂತ್ರಜ್ಞಾನದಿಂದ ದೂರವಿದ್ದು, ನೈಜ ಜೀವನಕ್ಕೆ ಹತ್ತಿರವಾಗುವುದು, ಮೊಬೈಲ್ ಫೋನ್, ಸಾಮಾಜಿಕ ಜಾಲತಾಣ, ಆನ್‌ಲೈನ್ ಆಟಗಳು ಮತ್ತು ನಿರಂತರ ಸಂದೇಶಗಳಿಂದ ವಿರಾಮ ಪಡೆದು, ಕುಟುಂಬ ಪ್ರಕೃತಿ ಮತ್ತು ವೈಯಕ್ತಿಕ ಶಾಂತಿಗೆ ಗಮನ ಹರಿಸುವ ನಿಟ್ಟಿನಲ್ಲಿ ಸಾಗಬೇಕಿದೆ. ಇನ್ನೂ ತಜ್ಞರ ಅಭಿಪ್ರಾಯದಲ್ಲಿ ಇದು ಕೇವಲ ವಿರಾಮವಲ್ಲ, ಸಮತೋಲನದ ಬದುಕಿಗೆ ದಾರಿ ತೋರಿಸುವ ದೀರ್ಘಾವಧಿಯ ಜೀವನ ಶೈಲಿಯಾಗಿದೆ. ಮೊಬೈಲ್ ಜಾಲದಿಂದ ದೂರವಿದ್ದು ಮಾತುಕತೆ, ಆಟ, ಕಥೆ ಹೇಳಿಕೆಗಳಲ್ಲಿ ತೊಡಗುವುದರಿಂದ ಮಾನವ ಸಂಬಂಧಗಳು ಇನ್ನಷ್ಟು ಗಟ್ಟಿಯಾಗುತ್ತವೆ. ಆನ್‌ಲೈನ್ ಅವಲಂಬನೆ ಕಡಿಮೆಯಾಗುವುದರಿಂದ ವೈಯಕ್ತಿಕ ಸುರಕ್ಷತೆಯೂ ಹೆಚ್ಚುತ್ತದೆ.

ಪ್ರಿಯಾಂಕ

ಬಿ. ಎಸ್ಸಿ ಮೊದಲ ವರ್ಷ

**ಕವಿತೆ: ಮಣ್ಣಿನ ಮಗ****ಮಣ್ಣಿನ ಮಗ**

ದಿನವಿಡಿ ದುಡಿಯುವವನು

ಜಸಿಲಿಂದ ನರಳುವನು,

ಬೇಗೆಯೆಲ್ಲ ಬೆವರುವನು

ಮಲೆಯೆಲ್ಲ ನೆನೆಯುವನು,

ಭೂಮಿಯನ್ನು ಉಳಿಸುವನು

ಬೆಲೆಯನ್ನು ತೆಗೆಯುವನು,

ಎಲ್ಲರಿಗೂ ಅನ್ನ ನೀಡುವನು

ತಾನೂ ಅನ್ನ ಉಣ್ಣುವನು,

ಸವಲತ್ತುಗಳೆಲ್ಲದ ರೈತ

ಕಣ್ಣೀರಲ್ಲ ನೆನೆಯುತ್ತಾ, ಬದುಕುವವನು

ಸರ್ಕಾರಕ್ಕಿಲ್ಲ ಇವನ ಮೇಲೆ ಗಮನ

ಇವನಿಲ್ಲದಿದ್ದರೆ ದೇಶವೇ ಅಪತ್ತಿನಲ್ಲ

ಯಾರಿಗೂ ಬೇಡವಾದ ರೈತ

ನಿಜವಾದ ದೇಶದ ಅನ್ನದಾತ,

ಇವನು ಮರೆಯಾದರೆ ಸರ್ಕಾರ

ಜನರಿಗೆ ನೀಡಲಾಗದು ಆಹಾರ

**ಕವಿತೆ: ಜ್ಞಾನ**

ಒಬ್ಬೊಬ್ಬರಲ್ಲ ಒಂದೊಂದು ಬಗೆಯ ಜ್ಞಾನ

ಕಲೆಯುತ್ತಿರಬೇಕು ಸದಾ ಸುಜ್ಞಾನ

ಪಠ್ಯದ ಜ್ಞಾನ ಒಂದು ರೀತಿ

ಜೀವನದ ಜ್ಞಾನ ಇನ್ನೊಂದು ರೀತಿ

ಜ್ಞಾನವೆಂಬುದು ಕಲಿಕೆಯ ರೂಪ

ಮಾಡಿಕೊಳ್ಳಬಾರದು ಅದನ್ನು ಕುರೂಪ

ಜ್ಞಾನವೆ ಜೀವನದ ಸಂಪತ್ತು

ಅದಕ್ಕೆ ಬರಬಾರದು ಎಂದೂ ಅಪತ್ತು

ಜ್ಞಾನ ಮನುಷ್ಯನ ಬದಲಾವಣೆಯ ತತ್ವ

ಕೊನೆಯವರೆಗೆ ಇರುವುದು ನಮ್ಮ ಅಸ್ತಿತ್ವ

ಜ್ಞಾನವೆಂಬುದು ಮುಗಿಯದ ಅಧ್ಯಾಯ

ಜ್ಞಾನಕ್ಕೆ ಇಲ್ಲಬೇರೆ ಯಾವುದೇ ಪರಿಹಾರ

**ಚಿತ್ರಲಂಗೇಶ್ ಕೆ.**

ಎಂ. ಎ ವಿದ್ಯಾರ್ಥಿ, ಕನ್ನಡ ವಿಭಾಗ

**ಪ್ರಬಂಧ: ನನ್ನಪ್ಪ**

ನನ್ನಪ್ಪ, ಸರಳ ಜೀವನದ ಸರದಾರ, ನಮ್ಮ ಮನೆಯ ಜೊತಿದಾರ, ನಮ್ಮನ್ನು ನಗಿಸುವ ಹೀರೋ. ನಾವು ಕೇಳುವ ಎಲ್ಲವನ್ನೂ ಕೊಡಿಸಿದವ. ನಾವು ಆತನಿಗೆ ತೊಂದರೆ ಕೊಟ್ಟಿದ್ದೇವೆ ಎಂಬುದನ್ನು ಮರೆತು ಯಾವಾಗಲೂ ಒಂದೇ ಯೋಚನೆ 'ನನ್ನ ಮಕ್ಕಳು ಚೆನ್ನಾಗಿ ಇರಲಿ' ಎಂದು. ಅಮ್ಮ ಮತ್ತು ಅಜ್ಜ ಇಬ್ಬರೂ ನಮ್ಮನ್ನು ಒಂದೇ ಸಾಲಿ ಜಿಟ್ಟು ಹೋದಾಗ ಮನೆ ತುಂಬಾ ನೋವು, ಸಂಕಟ ಕೂಡಿತು. ಆಗ ಮನೆ ಖಾಲಿ ಖಾಲಿಯಂತೆ ಅನ್ನಿಸಿತು. ಆದರೆ ನೀವು ಆ ಸಮಯದಲ್ಲ ಕೆಲಸವನ್ನೆಲ್ಲ ಜಿಟ್ಟು ನನ್ನನ್ನೂ ತಮ್ಮನ್ನೂ ನೋಡಿಕೊಂಡಿದ್ದೀರಿ. ನಮಗಾಗಿ ನೀವು ಹಗಲು ರಾತ್ರಿ ಊಟ ನಿರ್ದೆ ಜಿಟ್ಟು ದುಡಿದಿದ್ದೀರಿ. ನಾನು ನಿಮ್ಮನ್ನು ಇನ್ನೊಂದು ಮದುವೆ ಆಗಿ ಎಂದಾಗ ನೀವು ಅದಕ್ಕೆ ಒಪ್ಪದೆ 'ನನಗೆ ನನ್ನ ಮಕ್ಕಳು ಇದ್ದರೆ ಅವರೇ ನನ್ನ ಪ್ರಪಂಚ' ಎಂದು ಹೇಳಿದ್ದೀರಿ. ನಮಗೆ ತಂದೆಯಾಗಿಯೂ, ತಾಯಿಯಾಗಿಯೂ ಯಾರ ಸಹಾಯವೂ ಇಲ್ಲದೆ ಬೆಲೆಸಿದ್ದೀರಿ.

ಎಲ್ಲವನ್ನೂ ನಿಮ್ಮ ಹೆಗಲಲ ಹೊತ್ತು ನಮ್ಮ ಶಕ್ತಿಯಾಗಿ ನಿಂತಿದ್ದೀರಿ. ನಿಮ್ಮ ಮಗನಿಗೆ ಗಟ್ಟಿ ಬೆಂಬಲವಾಗಿ, ಮಗನಿಗೆ ಕಾವಲಾಗಿ ಸದಾ ನಮ್ಮ ಹಿಂದೆ ನಿಂತಿದ್ದೀರಿ. ನಿಮಗೆ ಏನಿಷ್ಟವಾಗುತ್ತೋ ಅದನ್ನೇ ಮಾಡಿ ಎಂದು ಸದಾ ನನ್ನ ಬೆನ್ನ ಹಿಂದೆ ನಿಲ್ಲುವ ಹೆಗಲು ನೀವು. ನನಗೆ ನಿಮ್ಮ ಕೈ ಹಿಡಿದು ನಡೆದಾಗ ನನ್ನ ಆತ್ಮವಿಶ್ವಾಸ ದ್ವಿಗುಣವಾಗುತ್ತದೆ. ನಾನು ಎಲ್ಲ ವಿಷಯಗಳನ್ನು ನಿಮ್ಮೊಂದಿಗೆ

ಹಂಚಿಕೊಟ್ಟುಕೊಡೆ. ನಾನು ತಪ್ಪು ಮಾಡಿದಾಗ ಸರಿಪಡಿಸಿ ಮತ್ತೆ ಮಾಡಬಾರದು ಎಂದು ಹೇಳುತ್ತೀರ ಅಪ್ಪ. ನನಗೆ ದುಃಖವಾದಾಗ ಏನಾಯಿತು? ಹೆದರಬೇಡ, ನಾನು ಇಲ್ಲೇ ಇದ್ದೇನೆ, ಎಂದು ಹೇಳಿ ಸಮಾಧಾನ ಮಾಡಿ ನನ್ನಲ್ಲಿ ಭರವಸೆ ತುಂಬುತ್ತೀರ.

ನನಗೆ ಗೊತ್ತು. ನಮಗಾಗಿ ಎಷ್ಟೋ ವಿಷಯಗಳಿಲ್ಲ ತ್ಯಾಗ ಮಾಡಿದ್ದೀರಿ. ಅಮ್ಮ ಇದ್ದಾಗ ಅಡುಗೆ ಕೆಲಸದಲ್ಲ ಸಹಾಯ ಮಾಡುತ್ತಿರಲಿಲ್ಲ. ಆದರೆ ಈಗ ನಮಗಾಗಿ ಅಡುಗೆಯನ್ನು ಕಲಿತು ನಮ್ಮ ಹೊಟ್ಟೆಯನ್ನು ತುಂಬಿಸುತ್ತಿದ್ದೀರಿ. ಎಲ್ಲರೂ ಹೇಳುತ್ತಾರೆ ಅಮ್ಮ ಇಲ್ಲದೆ ಬದುಕುವುದು ಕಷ್ಟ ಎಂದು, ಆದರೆ ನಮಗೆ ಆ ಕಷ್ಟ ಕಾಣದಂತೆ ಅಮ್ಮನಿಲ್ಲದ ಕೊರಗನ್ನು ಮರೆಸಿದ್ದೀರಿ. ಅಪ್ಪ. ನಿಮ್ಮ ಸ್ತ್ರೀತಿ ನಮ್ಮ ಮೇಲೆ ಸದಾ ಇದೆ ಮತ್ತು ಇರುತ್ತದೆ. ನೀವು ನಮಗೆ ತಂದೆ ಮಾತ್ರವಲ್ಲ, ನಮ್ಮ ಪ್ರಪಂಚ ಮತ್ತು ನಮ್ಮ ದೇವರು. ನಿಮ್ಮ ಎಲ್ಲ ಕನಸುಗಳನ್ನು ನಾನು ನನಸಾಗಿ ಮಾಡುತ್ತೇನೆ.

ಲವ್ ಯು ಅಪ್ಪ!

ನೀತ್ರಾವತಿ ಎಸ್.

ಮೊದಲ ವರ್ಷ, ಬಿ. ಎಸ್ಸಿ ಪೊರೆನ್ಸಿಕ್ ಸೈನ್ಸ್

## ಅಧ್ಯಾಪಕರ ವಿಭಾಗ

### ಬೇಸರದ ಅರ್ಥವೇ ಸ್ವರ್ಗ

ಒಬ್ಬ ಯುವಕನಿಗೆ ಬದುಕೇ ಬೇಸರವಾಗಿತ್ತು. ಯಾವುದರಲ್ಲೂ ಆತನಿಗೆ ಶಕ್ತಿ ಇರಲಿಲ್ಲ. ಅಂತರ್ಮುಖ ಸ್ವಭಾವ. ಮನೆಯಲ್ಲಿ ಒಬ್ಬನೇ ಕುಳಿತಿರುತ್ತಿದ್ದ. ಸ್ನೇಹಿತರ ಜೊತೆ ಬೇರಾವುದೂ ಬೇಡ ಅನ್ನಿಸುತ್ತಿತ್ತು.

ಒಂದು ದಿನ ಆ ಊರಿಗೆ ಒಬ್ಬ ಗುರುಗಳು ಬಂದಿದ್ದಾರೆ ಎಂಬ ಸುದ್ದಿ ಅವನಿಗೆ ಗೊತ್ತಾಯಿತು. ತನ್ನ ಸಮಸ್ಯೆಗೆ ಅವರು ಏನಾದರೂ ಪರಿಹಾರ ಕೊಡಬಹುದೆ ಎಂದು ಯೋಚಿಸಿದ. ಯುವಕ ಗುರುಗಳ ಬಳಿ ಹೋಗಿ,

ಜೀವನದಲ್ಲಿ ನನಗೆ ತುಂಬಾ ಬೇಸರ. ಸದಾ ಬೇಸರದಲ್ಲಿ ಕಾಲ ಕಳೆಯುತ್ತಿದ್ದೇನೆ. ನಾನು ಎಲ್ಲರಂತೆ ಸಂತೋಷವಾಗಿರುವುದು ಹೇಗೆ? ದಯವಿಟ್ಟು ಪರಿಹಾರ ಹೇಳಿ? ಎಂದು ಕೇಳಿದ.

ಗುರುಗಳು ಯುವಕನ ಮಾತನ್ನೆಲ್ಲ ಶಾಂತವಾಗಿ ಕೇಳಿದರು. ಆದರೆ ಉತ್ತರ ಕೊಡದೆ ಹೊರಟುಹೋದರು. ಯುವಕನಿಗೆ ಗೊಂದಲವಾಯಿತು.

ನಾನು ಇಷ್ಟೆಲ್ಲ ಹೇಳಿದರೂ ಉತ್ತರವೇ ಕೊಡಲಿಲ್ಲ. ಎಂದು ಮನಸ್ಸಿನಲ್ಲಿ ಬೇಸರಗೊಂಡ.

ಸ್ವಲ್ಪ ಸಮಯದ ನಂತರ ಗುರುಗಳು ಮರಳಿ ಬಂದರು. ಅವರ ಕೈಯಲ್ಲಿ ಒಂದು ಲೋಟ ನೀರು ಮತ್ತು ಒಂದು ಉಪ್ಪಿನ ಡಬ್ಬ ಇತ್ತು.

ಈ ಡಬ್ಬಿಯಿಂದ ಒಂದು ಚಿಟಕಿ ಉಪ್ಪು ತೆಗೆದು ಈ ಲೋಟದ ನೀರಿಗೆ ಹಾಕು ಎಂದರು. ಯುವಕ ಹಾಗೆ ಮಾಡಿದ. ಉಪ್ಪು ನೀರಲ್ಲಿ ಕರಗಿತು.

ಈಗ ಈ ನೀರನ್ನು ಕುಡಿ ಎಂದರು ಗುರುಗಳು.

ಯುವಕ ಕುಡಿದ. ಮುಖ ಜಗಿಯಿತು.

ನೀರು ಈಗ ಹೇಗಿದೆ? ಎಂದು ಗುರುಗಳು ಕೇಳಿದರು.

ಕುಡಿಯೋಕೆ ಆಗಲ್ಲ ಗುರುಗಳೇ.....ತುಂಬಾ ಉಪ್ಪಾಗಿದೆ ಎಂದನು.

ಗುರುಗಳು ನಕ್ಕು ಹೇಳಿದರು

ಇದೀಗ ಮತ್ತೊಂದು ಚಿಟಕಿ ಉಪ್ಪು ತೆಗೆದುಕೊಂಡು ನನ್ನ ಜೊತೆ ಬಾ.

ಗುರುಗಳು ಯುವಕನನ್ನು ಹತ್ತಿರದ ಕೆರೆಗೆ ಕರೆದುಕೊಂಡು ಹೋದರು.

ಈ ಉಪ್ಪನ್ನು ಕೆರೆಯೊಳಗೆ ಹಾಕು ಎಂದರು. ಯುವಕ ಹಾಗೆ ಮಾಡಿದ.

ಈಗ ಕೆರೆಯ ನೀರನ್ನು ಕುಡಿ ಎಂದರು ಗುರುಗಳು.

ಯುವಕ ಕುಡಿದ.

ನೀರು ಹೇಗಿದೆ? ಎಂದು ಕೇಳಿದರು ಗುರುಗಳು.

ಬೆನ್ನಾಗಿದೆ ಗುರುಗಳೇ ಎಂದನು ಯುವಕ.

ಉಪ್ಪು ರುಚಿ ಅಯಿತೇ?

ಇಲ್ಲ ಗುರುಗಳೇ.

ಆಗ ಗುರುಗಳು ಹೇಳಿದರು:

ಬದುಕಿನ ನೋವು ಉಪ್ಪಿನಂತೆಯೇ. ಅದು ಅಷ್ಟೇ ಇರುತ್ತದೆ. ಹೆಚ್ಚು ಅಲ್ಲ, ಕಡಿಮೆ ಅಲ್ಲ. ಆದರೆ ನೀನು ಅದನ್ನು ಯಾವ ಪಾತ್ರೆಯಲ್ಲಿ ಹಾಕುತ್ತೀಯೋ ಅದರ ಮೇಲೆ ರುಚಿ ಬದಲಾಗುತ್ತದೆ. ಲೋಟದಷ್ಟು ಚಿಕ್ಕ ಮನಸ್ಸಿನಲ್ಲಿ ಹಾಕಿದರೆ ಬದುಕು ಕಹಿಯಾಗುತ್ತದೆ. ಕೆರೆಯಷ್ಟು ದೊಡ್ಡ ಮನಸ್ಸಿನಲ್ಲಿ ಹಾಕಿದರೆ ಅದೇ ನೋವು ಕಳೆದುಹೋಗುತ್ತದೆ.

ನೀನು ನೋವಿನಲ್ಲೇ ಕೂತರೆ ಬದುಕು ಕಹಿಯಾಗುತ್ತದೆ. ಹೊರಗೆ ವಿಶಾಲವಾದ ಜಗತ್ತು ಇದೆ. ಅದನ್ನು ನೋಡಿದರೆ ನೋವೂ ಸಂತೋಷವಾಗುತ್ತದೆ.

ಗುರುಗಳ ಮಾತು ಯುವಕನ ಮನಸ್ಸಿನಲ್ಲಿ ಆಳವಾಗಿ ಉಳಿಯಿತು. ಅವನು ತನ್ನ ಬದುಕನ್ನು ಹೊಸ ದೃಷ್ಟಿಯಿಂದ ನೋಡುವುದನ್ನು ಕಲಿತ.

ರಮೇಶ್ ಜ.ಕೆ.

ಸಹಾಯಕ ಪ್ರಾಧ್ಯಾಪಕರು

### ಸಂಸ್ಕೃತಿ ವೈವಿಧ್ಯತೆ

#### ಮೂಗಿನ ನತ್ತು: ಸಂಪ್ರದಾಯದಿಂದ ಫ್ಯಾಷನ್ ತನಕ

ಈ ದಿನದಲ್ಲ ಫ್ಯಾಷನ್ ಎಂಬುವುದು ಕೇವಲ ಬಟ್ಟೆಗಳಿಗಷ್ಟೇ ಸೀಮಿತವಾಗದೆ ನಮ್ಮ ದಿನನಿತ್ಯದ ಆಚರಣೆಗಳೆಲ್ಲ, ಅನುಕರಣೆಯೆಲ್ಲ, ಆಡಂಬರದಲ್ಲೂ ಕಾಣಿಸುತ್ತದೆ. ಅದರಲ್ಲೂ ಆಭರಣಗಳ ವಿಷಯದಲ್ಲ ಫ್ಯಾಷನ್ ಎಂಬುವುದು ಮುಂಚೂಣಿಯಲ್ಲಿದೆ. ಆಭರಣಗಳೆಲ್ಲ ಹಲವು ಬಗೆ, ವೈವಿಧ್ಯಮಯ ಆಕಾರಗಳೆಲ್ಲ ಚಿಕ್ಕದು ದೊಡ್ಡದು ಎಂಬ ಭೇದವಿಲ್ಲದೆ ಎಲ್ಲರ ನಡುವೆ ಕಾಣಿಸಿಕೊಳ್ಳುತ್ತಿದೆ. ಗಾತ್ರದ ಲೆಕ್ಕದಲ್ಲ ಮೂಗಿನ ನತ್ತು ತುಂಬಾ ಕಿರಿದಾದ ಆಭರಣ. ಹಿರಿಯರಲ್ಲ ಮೂಗಿನ ನತ್ತು ಪರಂಪರೆ ಮತ್ತು ಸಂಸ್ಕೃತಿಯನ್ನು ಜಂಜಿಸಿದರೆ, ಇಂದಿನ ಯುವ ಪೀಳಿಗೆಗೆ ಅದು ಫ್ಯಾಷನ್‌ನ ಒಂದು ಶೈಲಿ. ಭಾರತೀಯ ಮಹಿಳೆಯರ ಅಲಂಕಾರದಲ್ಲ ಮೂಗಿನ ನತ್ತಿಗೆ ಒಂದು ವಿಶೇಷವಾದ ಸ್ಥಾನವಿದೆ. ಇದು ಕೇವಲ ಸೌಂದರ್ಯವನ್ನು ಹೆಚ್ಚಿಸುವುದಲ್ಲದೆ, ಸಂಸ್ಕೃತಿ, ಧಾರ್ಮಿಕ ನಂಜಕೆ ಮತ್ತು ಆತ್ಮ ಗೌರವದ ಪ್ರತೀಕವಾಗಿದೆ.

ಐತಿಹಾಸಿಕ ಹಿನ್ನೆಲೆಯಲ್ಲಿ ಮೂಗಿನ ನತ್ತು ಅಥವಾ ಮೂಗಿನ ನಗು ಪ್ರಾಚೀನ ಭಾರತದ ಸಂಸ್ಕೃತಿಯ ಭಾಗವಾಗಿದೆ. ಮೊಘಲ್ ಕಾಲದಲ್ಲ ಇದರ ಬಳಕೆ ಹೆಚ್ಚು ಪ್ರಚಲಿತವಾಗಿತ್ತು. ಭಾರತದ ಸಾಂಸ್ಕೃತಿಕ ಹಿನ್ನೆಲೆಯಲ್ಲಿ ಮೂಗಿನ ನತ್ತಿಗೆ ವಿಭಿನ್ನ ಅರ್ಥಗಳಿವೆ. ಕೆಲವು ಪ್ರದೇಶಗಳಲ್ಲಿ ಅದು ಸೌಂದರ್ಯದ ಮತ್ತು ಧಾರ್ಮಿಕ ನಂಜಕೆಯ ಪ್ರತೀಕವಾದರೆ, ಇನ್ನು ಕೆಲವು ಕಡೆ ಅದು ವಿವಾಹಿತಿಯ ಗುರುತು ಮತ್ತು ಗೌರವದ ಚಿಹ್ನೆಯಾಗಿದೆ. ಆಯುರ್ವೇದದ ಪ್ರಕಾರ ಮೂಗಿನ ನತ್ತು ಮಹಿಳೆಯ ಆರೋಗ್ಯಕ್ಕೆ ಸಹಾಯಕವಾಗುತ್ತದೆ ಎಂಬ ನಂಜಕೆಯು ಇದೆ.

ಮೂಗಿನ ನತ್ತಿನಲ್ಲಿ ಹಲವಾರು ಬಗೆಗಳಿವೆ, ಹಲವಾರು ಹೆಸರುಗಳಿಂದ ಕರೆಯಲ್ಪಡುತ್ತದೆ. ಮೂಗಿನ ನಗು, ಬುಟ್ಟಾಕಿ, ಮುತ್ತಿನ ನತ್ತು, ಚಿನ್ನದ ನತ್ತು, ಕಿವಿ ಮೂಗಿನ ಕಟ್ಟಿ, ಮೂಗಿನ ಜಿಲ್ಲೆ, ನಾಸಾಬ್ ಭೂಷಣ, ಮೂಗಿನ ಹುಕ್ಕ, ಇತ್ಯಾದಿ ಹೆಸರುಗಳನ್ನು ಹೊಂದಿದೆ. ಫ್ಯಾಷನ್ ಮತ್ತು ಸಂಪ್ರದಾಯವನ್ನು ಒಟ್ಟುಗೂಡಿಸಿ ವಿಭಿನ್ನ ವಿನ್ಯಾಸಗಳು, ಬಣ್ಣಗಳು ಮತ್ತು ಲೋಹಗಳೆಲ್ಲ ನತ್ತು ಲಭ್ಯವಾಗುತ್ತದೆ. ಇಂದಿನ ಕಾಲದಲ್ಲ ಪುರುಷರು ಸಹ ನತ್ತು, ನಗು ಧರಿಸುವ ವಿಭಿನ್ನ ನವೀನ ಪ್ರಯೋಗಗಳನ್ನು ಮಾಡುತ್ತಿದ್ದಾರೆ. ಮೂಗಿನ ನಗು ಮಹಿಳೆಯ ಅಲಂಕಾರದ ಜೊತೆಗೆ ಒಂದು ಕಾಲಮಾನದ ಸಂಸ್ಕೃತಿಯ ಗುರುತು, ಆತ್ಮವಿಶ್ವಾಸ ಮತ್ತು

ಆಧುನಿಕತೆ ನಡುವಿನ ಸೇತುವೆಯಾಗಿದೆ. ಪುರಾತನ ಪರಂಪರೆ ಮತ್ತು ಇಂದಿನ ಫ್ಯಾಷನ್ ಲೋಕದ ಸಂಯೋಜನೆಯಾಗಿ ಮೂಗಿನ ನತ್ತು ಹೊಸ ಅರ್ಥವನ್ನು ಪಡೆದುಕೊಂಡಿದೆ.

ಶಶಿಕಲಾ ಎಚ್.

ಸಹಾಯಕ ಪ್ರಾಧ್ಯಾಪಕರು

### ನುಡಿಮುತ್ತುಗಳು

ಕಷ್ಟಪಡದೇ ಒಟ್ಟಿಯ ಬದುಕು ಬೇಕೆಂಬುದು  
ಆಡದ ಆಟಕ್ಕೆ ಗೆಲುವಿನ ನಿರೀಕ್ಷೆಯಂತೆಯೇ.  
ಎತ್ತರದ ಗುರಿ ಮುಟ್ಟಿ ಬೇಕೆಂದರೆ  
ಕೆಳಗೆ ನೋಡುವುದನ್ನು ಜಡಬೀಕು.  
ಇತರರ ಬಗ್ಗೆ ಮಾತನಾಡುವ ಗುಂಪಿನಲ್ಲಿ  
ಕುಳಿತರೆ ನೀನು ಕೂಡ ಅವರಂತೆ ಆಗುತ್ತೀಯೆ.  
ಯೋಜನೆ ಮಾತ್ರ ಸತ್ಯವಲ್ಲ,  
ಸತ್ಯ ಯೋಜನೆಯಿಂದ ಹುಟ್ಟುತ್ತದೆ.

ರಮೇಶ್ ಜಿ.ಇ

ಉಪನ್ಯಾಸಕರು, ಅರ್ಥಶಾಸ್ತ್ರ ವಿಭಾಗ

### ಯುವ ಜನತೆ ಮತ್ತು ಸಾಮಾಜಿಕ ಜವಾಬ್ದಾರಿ

ಯುವ ಪೀಠಿಯ ಶಕ್ತಿಯ ಜೊತೆಗೆ ಮಾನವೀಯ ಮೌಲ್ಯಗಳನ್ನು ಅಳವಡಿಸಿಕೊಂಡು ಜೀವನದ ಹಾದಿಯಲ್ಲಿ ಸಾಗಿದಾಗ ಸಮಾಜದ ಬದಲಾವಣೆಯಲ್ಲಿ ಸಕಾರಾತ್ಮಕ ಪಾತ್ರ ವಹಿಸಬಹುದು. ಹಾಗೆಯೇ ಯುವ ಜನರು ಶುದ್ಧತೆಯ ಅಭಿವೃದ್ಧಿಯನ್ನು ತರಲು ಸಾಕಷ್ಟು ತರಬೇತಿಗಳು ಅಗತ್ಯವಾಗಿವೆ. ಡ್ರೀಮ್ ಎ ಡ್ರೀಮ್ ಸಂಸ್ಥೆಯ ವಿಂಗ್ ಸೆಂಟರ್ ಕಾರ್ಯಕ್ರಮದ ಮೂಲಕ 14ನೇ ವಯಸ್ಸಿನಿಂದ 23ನೇ ವಯಸ್ಸಿನ ಯುವ ಸಮುದಾಯಕ್ಕೆ ಮಾರ್ಗದರ್ಶನ ನೀಡಲಾಗುತ್ತಿದೆ. ವಿದ್ಯಾವಂತ ಯುವ ಜನತೆಯಿಂದ ಒಂದು ಸಮಾಜವೇ ಬದಲಾಗಬಹುದು. ಅದರಲ್ಲೂ ಒಂದು ದೇಶದ ಅಭಿವೃದ್ಧಿಗೆ ಮುಖ್ಯವಾಗಿ ಆರ್ಥಿಕ ಬೆಳವಣಿಗೆ ಅಗತ್ಯ. ವಿವಿಧ ಕ್ಷೇತ್ರಗಳಲ್ಲಿ ಉದ್ಯೋಗ ಸೃಷ್ಟಿ ಮತ್ತು ಆದಾಯ ವೃದ್ಧಿಯ ಮೂಲಕ ದೇಶದ ಆರ್ಥಿಕ ಅಭಿವೃದ್ಧಿಗೆ ಯುವ ಜನರು ಪ್ರಮುಖ ಪಾತ್ರ ವಹಿಸುತ್ತಾರೆ. ಸಾಹಿತ್ಯ, ಮಾಧ್ಯಮ ಮತ್ತು ಇತರೆ ಸಾಮಾಜಿಕ ವಿಧಾನಗಳ ಮೂಲಕ ಸಮಾಜದ ಮೇಲೆ ಪ್ರಭಾವ ಬೀರುವುದರಲ್ಲಿ ಯಾವುದೇ ಸಂಶಯವಿಲ್ಲ.

ತಮ್ಮ ಅನುಭವಗಳನ್ನು ಹಾಗೂ ತಪ್ಪು, ಸರಿಗಳನ್ನು ಪ್ರಶ್ನಿಸುವ ಮನೋಭಾವವನ್ನು ಬೆಳೆಸಿಕೊಳ್ಳಬೇಕು. ಯಾವುದಾದರೂ ವಿಷಯವನ್ನು ಪ್ರಶ್ನಿಸಿದಾಗಲೇ ಅದರೊಳಗಿನ ದೋಷಗಳನ್ನು ಪರಿಹರಿಸಬಹುದು. ಒಂದು ದೇಶದ ನಿಜವಾದ ಸಂಪತ್ತು ಆ ದೇಶದ ಯುವ ಪೀಠಿಯೇ ಆಗಿರುತ್ತದೆ. ಏಕೆಂದರೆ ಸಮಾಜವನ್ನು ಸರಿಯಾದ ದಿಕ್ಕಿನಲ್ಲಿ ನಡೆಸುವ ಹಾಗೂ ಕಾಪಾಡುವ

ಹೊಣೆ ಯುವ ಜನತೆಯ ಮೇಲೆ ಇದೆ. ಶಿಕ್ಷಣ, ಸಂಸ್ಕಾರ, ವಿಧೇಯತೆ, ವೈಜ್ಞಾನಿಕ ಮನೋಭಾವ ಮತ್ತು ಚಿಂತನಾ ಶೀಲ ವಿಷಯಗಳು ಸಾಮಾಜಿಕ ಬದಲಾವಣೆಗೆ ಪ್ರಮುಖ ಕಾರಣಗಳಾಗಿವೆ. ದೇಶದ ಗಡಿ ಕಾಯುವ ಯೋಧರು, ಸಮಾಜದ ಸ್ವಚ್ಛತೆ ಕಾಪಾಡುವ ಪೊಲೀಸ್, ಹಾಗೆಯೇ ಅನಾಥರು ಹಾಗೂ ಅಶಕ್ತರ ರಕ್ಷಣೆ ಮತ್ತು ಪೋಷಣೆಯ ಜವಾಬ್ದಾರಿ ಸಾಮಾಜಿಕ ನ್ಯಾಯ, ಇವೆಲ್ಲವೂ ಸಬಲಕರಣದ ಮೂಲಕ ಯುವ ಜನತೆಯಿಂದ ಸಾಧ್ಯ.

ಆದ್ದರಿಂದ ನಮ್ಮ ದೇಶದಲ್ಲಿ ಸನ್ಮಾರ್ಗದಲ್ಲಿ ನಡೆಯುವ, ದೇಶ ಹಾಗೂ ಸಮಾಜವನ್ನು ಉನ್ನತಿಗೆ ಕೊಂಡೊಯ್ಯುವ ಆದರ್ಶ ಯುವ ಜನರ ಅವಶ್ಯಕತೆ ಇದೆ. ಮಹಾತ್ಮ ಗಾಂಧಿ, ವಿದ್ಯಾಸಾಗರ, ದಯಾನಂದ ಸರಸ್ವತಿ, ಅಂಬೇಡ್ಕರ್ ಅವರಂತೆ ಜ್ಞಾನಿ, ವಿಜ್ಞಾನಿ, ಬಲಷ್ಠ ಮತ್ತು ತೇಜಸ್ವಿಯಾಗಿ ಸಮಾಜ ಹಾಗೂ ವಿಶ್ವಕಲ್ಯಾಣಕ್ಕೆ ಶ್ರಮಿಸುವ ಯುವಕರು ಬೇಕಾಗಿದ್ದಾರೆ. ಭಾರತದ ಯುವ ಜನರು ತಮ್ಮ ಮನಸ್ಸಿನಲ್ಲಿ ಹೊಸ ಆಸೆ, ಚೇತನ ಹಾಗೂ ಜಾಗೃತಿಯನ್ನು ಬೆಳೆಸಿಕೊಂಡು ದಿನ ದಿನದಂತೆ ಉದ್ಧಾರ ಮಾಡಿ ಎಲ್ಲ ಪ್ರಜೆಗಳಿಗೆ ಮಾರ್ಗದರ್ಶಕರಾಗಬೇಕು. ಯುವಜನರು ಸ್ವದೇಶ ಪ್ರೇಮ ಎಂಬ ಪವಿತ್ರ ಭಾವನೆಯನ್ನು ಬೆಳೆಸಿಕೊಳ್ಳಬೇಕು. ಕರ್ತವ್ಯವೆಂದರೆ ತಮ್ಮ ಮಾತೃಭೂಮಿಯ ಬಗ್ಗೆ ಅಭಿಮಾನ ಹೊಂದುವುದು ಮತ್ತು ಸೇವೆ ಮಾಡುವುದು. ದೇಶ ರಕ್ಷಣೆಗಾಗಿ ಹೋರಾಡುವುದು ಯುವಜನರ ಪ್ರಮುಖ ಕರ್ತವ್ಯವಾಗಬೇಕು.

ಕಾಂತರಾಜ್ ಆರ್

ಸಹ ಪ್ರಧ್ಯಾಪಕರು, ಕನ್ನಡ ವಿಭಾಗ

**ಭಾರತದ ಸ್ವಾತಂತ್ರ್ಯ ಹೋರಾಟದಲ್ಲಿ ಡಾ. ಬಿ. ಆರ್. ಅಂಬೇಡ್ಕರ್ ಅವರ ಪಾತ್ರ**

**(ಸಂಕ್ಷಿಪ್ತ ಲೇಖನ)**

ಭಾರತದ ಸ್ವಾತಂತ್ರ್ಯ ಹೋರಾಟವು ಕೇವಲ ಬ್ರಿಟಿಷ್ ಆಳ್ವಿಕೆಯಿಂದ ಮುಕ್ತಿ ಪಡೆಯುವ ರಾಜಕೀಯ ಚಲವಳಿಯಷ್ಟೇ ಅಲ್ಲ; ಅದು ಶತಮಾನಗಳಿಂದ ಸಮಾಜದಲ್ಲಿ ನೆಲೆಯೂರಿದ್ದ ಅಸಮಾನತೆ, ಶೋಷಣೆ ಮತ್ತು ಅನ್ಯಾಯಗಳ ವಿರುದ್ಧ ನಡೆದ ಸಮಗ್ರ ಹೋರಾಟವಾಗಿತ್ತು. ಈ ಹೋರಾಟದಲ್ಲಿ ಡಾ. ಬಿ. ಆರ್. ಅಂಬೇಡ್ಕರ್ ಅವರ ಪಾತ್ರ ಅತ್ಯಂತ ವಿಶಿಷ್ಟ ಮತ್ತು ಮಹತ್ವದ್ದಾಗಿದೆ. ಡಾ. ಬಿ. ಆರ್. ಅಂಬೇಡ್ಕರ್ ಅವರು ರಾಜಕೀಯ ಸ್ವಾತಂತ್ರ್ಯಕ್ಕಿಂತಲೂ ಸಾಮಾಜಿಕ ಸ್ವಾತಂತ್ರ್ಯ, ಮಾನವ ಘನತೆ ಮತ್ತು ಸಮಾನತೆಯನ್ನು ಸ್ವಾತಂತ್ರ್ಯದ ಮೂಲ ಅರ್ಥವೆಂದು ಪ್ರತಿಪಾದಿಸಿದರು. ದಲಿತ ಸಮುದಾಯದಲ್ಲಿ ಜನಿಸಿ ಬಾಲ್ಯದಲ್ಲೇ ಜಾತಿ ಆಧಾರಿತ ತಾರತಮ್ಯ ಮತ್ತು ಅಸ್ವಸ್ಥತೆಯನ್ನು ಅನುಭವಿಸಿದ ಅವರು, ಅದೇ ಅನುಭವಗಳಿಂದ ಸಮಾಜದಲ್ಲಿ ಜಾತಿ ವ್ಯವಸ್ಥೆಯನ್ನು ನಿರ್ಮೂಲನೆ ಮಾಡುವ ದೃಢ ಸಂಕಲ್ಪವನ್ನು ಹೊಂದಿದರು.

ಅವರು ತಮ್ಮ ಶ್ರಮ, ಅಪಾರ ಜ್ಞಾನ ಮತ್ತು ಶಿಕ್ಷಣದ ಮೂಲಕ ದಲಿತರ ಹಕ್ಕುಗಳಿಗಾಗಿ ಹೋರಾಡಿದರು. ಸಂವಿಧಾನಶಾಸ್ತ್ರ ಮತ್ತು ಆರ್ಥಿಕ ಚಿಂತನೆಯ ಆಳವಾದ ಅಧ್ಯಯನದಿಂದ ಅವರು ಸ್ವಾತಂತ್ರ್ಯ ಹೋರಾಟಕ್ಕೆ ವಿಭಿನ್ನ ದಿಕ್ಕು ನೀಡಿದರು. ರಾಜಕೀಯ ಗುಲಾಮಗಿರಿಯಷ್ಟೇ ಅಲ್ಲ, ಸಾಮಾಜಿಕ ಗುಲಾಮಗಿರಿಯನ್ನೂ ಅಂತ್ಯಗೊಳಿಸಬೇಕು ಎಂಬುದೇ ಅವರ ನಿಲುವಾಗಿತ್ತು.

ಅಂಬೇಡ್ಕರ್ ಅವರ ದೃಷ್ಟಿಯಲ್ಲಿ ಸ್ವಾತಂತ್ರ್ಯ ಎಂದರೆ ಕೇವಲ ವಿದೇಶಿ ಆಳ್ವಿಕೆಯಿಂದ ಮುಕ್ತಿ ಅಲ್ಲ. ಸಮಾಜದಲ್ಲಿ ಸಮಾನ ಹಕ್ಕುಗಳು, ಅವಕಾಶಗಳು ಮತ್ತು ಮಾನವ ಗೌರವ ಇಲ್ಲದಿದ್ದರೆ ಸ್ವಾತಂತ್ರ್ಯ ಅಪೂರ್ಣವೆಂದು ಅವರು ನಂಬಿದರು. ಅಸ್ವಸ್ಥತೆ, ಜಾತಿ ಭೇದ ಮತ್ತು ಶೋಷಣೆಯ ವಿರುದ್ಧ ಅವರು ನಡೆಸಿದ ಹೋರಾಟವು ಭಾರತೀಯ ಸ್ವಾತಂತ್ರ್ಯ ಚಲವಳಿಗೆ ಸಾಮಾಜಿಕ

ಆಯಾಮವನ್ನು ನೀಡಿತು. ಶಿಕ್ಷಣ, ಸಂಘಟನೆ ಮತ್ತು ಹೋರಾಟ ಎಂಬ ಅಂಬೇಡ್ಕರ್ ಅವರ ಘೋಷಣೆ ಶೋಷಿತ ವರ್ಗಗಳ ವಿಮೋಚನೆಗೆ ಮಾರ್ಗದರ್ಶಕ ಸೂತ್ರವಾಯಿತು. ಪತ್ರಿಕೆಗಳು, ಭಾಷಣಗಳು ಮತ್ತು ಬರಹಗಳ ಮೂಲಕ ಅವರು ಸಾಮಾಜಿಕ ಜಾಗೃತಿಯನ್ನು ಮೂಡಿಸಿದರು. ಸತ್ಯಾಗ್ರಹಗಳ ಮೂಲಕ ಸಾರ್ವಜನಿಕ ನೀರು ಸಂಪನ್ಮೂಲಗಳು ಹಾಗೂ ದೇವಾಲಯ ಪ್ರವೇಶದಂತಹ ಹಕ್ಕುಗಳಿಗಾಗಿ ಹೋರಾಡಿದರು. ಸ್ವಾತಂತ್ರ್ಯ ನಂತರ ಡಾ. ಅಂಬೇಡ್ಕರ್ ಅವರು ಸಂವಿಧಾನ ಕರಡು ಸಮಿತಿಯ ಅಧ್ಯಕ್ಷರಾಗಿ ನೇಮಕಗೊಂಡರು. ಭಾರತದ ಸಂವಿಧಾನದಲ್ಲ ಸಮಾನತೆ, ಸ್ವಾತಂತ್ರ್ಯ, ಧರ್ಮನಿರಪೇಕ್ಷತೆ, ಸಾಮಾಜಿಕ ನ್ಯಾಯ ಮತ್ತು ಕಾನೂನಿನ ಮುಂದೆ ಸಮಾನತೆ ಎಂಬ ಮೂಲಭೂತ ಮೌಲ್ಯಗಳನ್ನು ಅಳವಡಿಸಿದರು. ಇದು ಶೋಷಿತ ಸಮುದಾಯಗಳಿಗೆ ದೊರೆತ ನಿಜವಾದ ಸ್ವಾತಂತ್ರ್ಯವಾಗಿತ್ತು. ಆದ್ದರಿಂದ ಭಾರತದ ಸ್ವಾತಂತ್ರ್ಯ ಹೋರಾಟದಲ್ಲ ಡಾ. ಬಿ. ಆರ್. ಅಂಬೇಡ್ಕರ್ ಅವರ ಪಾತ್ರವನ್ನು ಅರ್ಥಮಾಡಿಕೊಳ್ಳದೆ ಹೋದರೆ ಆ ಹೋರಾಟದ ಇತಿಹಾಸ ಅಪೂರ್ಣವಾಗುತ್ತದೆ. ಅವರು ರಾಜಕೀಯ ಸ್ವಾತಂತ್ರ್ಯಕ್ಕೆ ಸಾಮಾಜಿಕ ನ್ಯಾಯವನ್ನು ಸೇರಿಸಿ, ಹೋರಾಟವನ್ನು ಸಂಪೂರ್ಣ ಮತ್ತು ಅರ್ಥಪೂರ್ಣಗೊಳಿಸಿದ ಮಹಾನ್ ನಾಯಕರು.

ಅರ್ಜುನ ಪಿ.

ಸಹಾಯಕ ಪ್ರಾಧ್ಯಾಪಕರು

### ಕವಿತೆ: ಸೌರವ್ಯೂಹ

ಹಲ್ಲು ಬಾರದ ನಾಲಗೆಯೂ ತಿರುಗದ

ಎಲೆ ಬಾಯ ತುಂಬೆಲ್ಲಾ

ಅಮ್ಮನದ್ದೆ ಹೆಸರು

ಹಾಗದ್ದೆ ಅಷ್ಟನದ್ದೂ

ಎಂದು ಕೇಳಿದಾಗ

ಎಲೆ ಬಾಯ ತುಂಬೆಲ್ಲಾ

ಅಮ್ಮ ಮರುಜನ್ಮ ಪಡೆದು

ಹೊಸ ಜೀವ ಸೃಷ್ಟಿಸಿದ್ದಾಳೆ

ನೀರ ಮೇಲೆ ಜದ್ದ ನೆರಳು

ಹಿಡಿಯ ಹೊರಟೆ

ಕೈಗೆ ಸಿಗದೆ

ನೆರಳು ಮತ್ತು ಚಂದ್ರ

ಬೆರಳ ಸಂಧಿಯಲ ಜಾರಿದೆ

ನೆರಳು ಬನ್ನಿಗಂಟದೆ ಎಂದು

ಮತ್ತೆ ಹಿಡಿಯ ಹೊರಟೆ

ಬೆನ್ನ ಮೇಲೆಲ್ಲಾ ನೆರಳ ಹಿಂದೆ

ಅಮ್ಮನದ್ದೆ ನೆನಪುಗಳು

ದಾರಿಯಲ ಕಾದ ನನಗೆ

ಅಮ್ಮನದ್ದೆ ಘಮ ಸುವಾಸನೆ

ಅಮ್ಮ ಉಸಿರು ಬಿಟ್ಟು

ಹೀಗೆ ಸೋಕಿಹೋದ ಚಿತ್ರ

ಮನದ ಪತ್ರದ ಮೇಲೆ ಬರೆದಂತಿದೆ

ನಾಲಗೆ ಬಲತಿದೆ ಹಲ್ಲುಗಳು ಬಲತಿದೆ

ಬಲತು ಹೋದ

ನಾಲಗೆ ಮತ್ತು ಹಲ್ಲುಗಳ ನಡುವೆ

ಅಮ್ಮನದ್ದೂ ಅಷ್ಟನದ್ದೂ ಹೆಸರು ಈಗ

ಭಾವ ಸವೆಸುವ ಉಸಿರಿನ ತುಂಬೆಲ್ಲಾ

ಬೆಳದಿಂಗಳ ಹಬ್ಬ

ಅಮ್ಮ ಚಂದ್ರನಂತಿದ್ದಾಳೆ

ಇತ್ತ ನಕ್ಷತ್ರ ರಹ

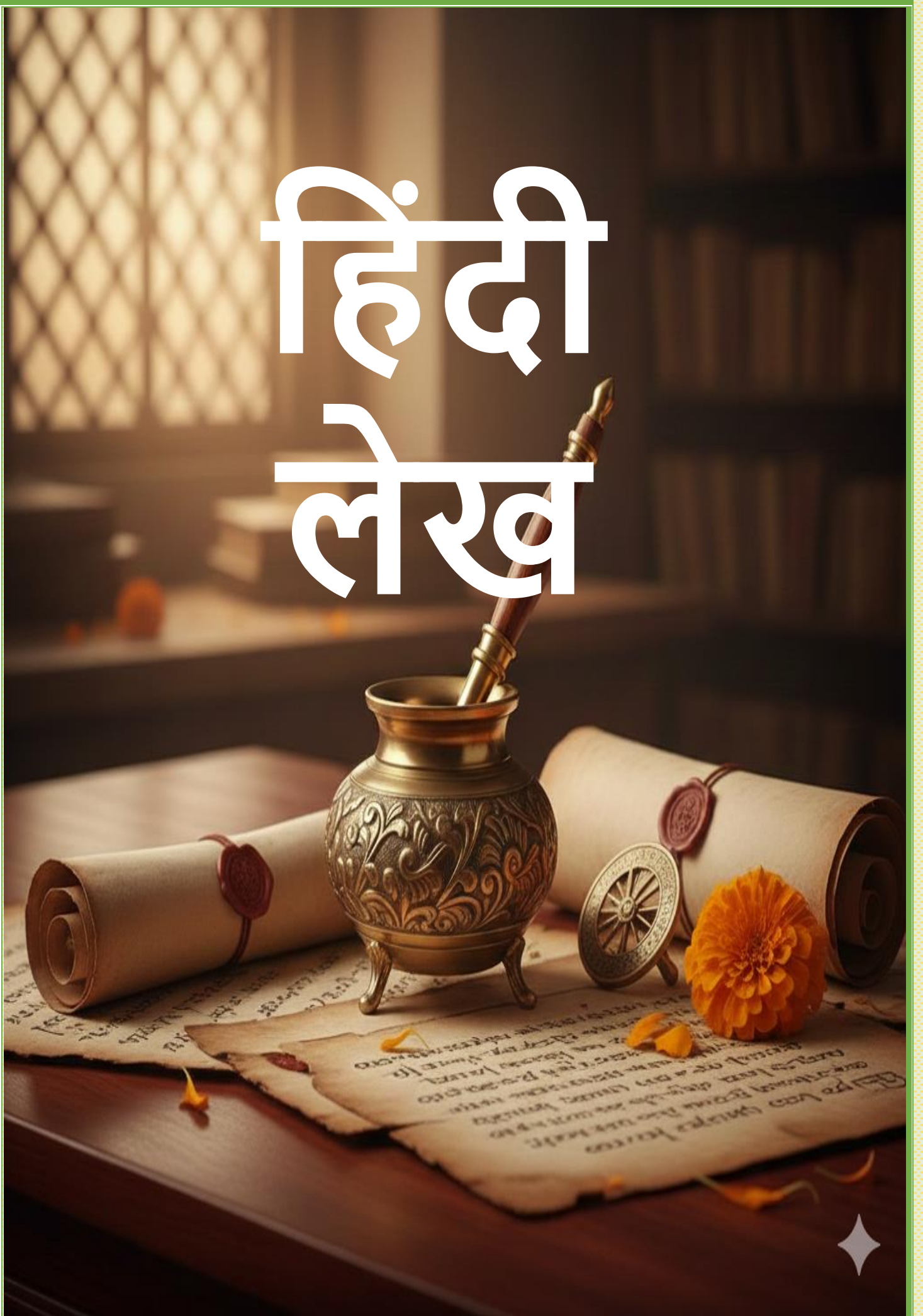
ಧೂಮಕೇತುಗಳು

ಸೌರವ್ಯೂಹ ದೊಳಗೆಲ್ಲ

ಜೀವ ಸೃಷ್ಟಿಸಿದ ಜೀವಕೋಟಿ  
 ಕಾಯಕದ್ದೆ ಸದ್ದು  
 ಅಮ್ಮ ಸೌರ್ಯವ್ಯಾಹರೋಷಗೆಲ್ಲ  
 ಹಾದು ಹೋಗಿದ್ದಾಳೆ  
 ಹಾದು ಹೋದ ಅಮ್ಮನ  
 ಕುಡುಕುತ್ತಾ ಹೋದ ನನಗೆ  
 ಎಲೆ ಬಾಂವು ಎಲೆ ಹಲ್ಲು  
 ಈ ಬಲತು ಮಾತು ಹೊರಚುತಿದೆ  
 ಅವನ ಹೆಸರು ಗುರುತು  
 ಹಣ್ಣಿನಂತೆ ಮಾಗಿ

ಮನದ ತುಂಬೆಲ್ಲಾ  
 ನಕ್ಕತ್ತೆ ಮತ್ತು ಚಂದ್ರನ ಬೆಳಕು  
 ಹಾದು ಹೋದವಳ ಕಂಡು  
 ಕಣ್ಣುಂಬಾ ಸಮುದ್ರ ಸಾಗರ  
 ಬೋರ್ಗೇರೆವ ಜಲಪಾತವೆ  
 ಹರಿದು ಹರಿದು  
 ಬಲತ ಬಾಂವು ಹಲ್ಲು ಮೈ ಮನದ ತುಂಬಾ ಹರಿದಿದ್ದಾಳೆ  
 ತೀರಿಸಲಾಗದ ಪ್ರೇಮವೊಂದನ್ನ ಹರಿಸಿದ್ದಾಳೆ  
 ಅರುಣ್ ಕುಮಾರ್ ಪುಷ್ಪದಂತ  
 ಸಹಾಯಕ ಪ್ರಧ್ಯಾಪಕರು, ಕನ್ನಡ ವಿಭಾಗ

# हिंदी लेख



## छात्रों का

कविता " मां-बाप की छाया "  
 चलते - चलते थक जाए रस्ते,  
 तो मां की दुआ यह सहारा बन जाती है।  
 और मुश्किलों के हथियार में,  
 आप की हिम्मत ही रोशनी बन जाती है।

मां- जो चेहरे की रेखाओं में भी,  
 हमारी चिंता लिखती है।  
 बाप जो खामोशी के भीतर भी,  
 हमारे लिए हर दर्द सहता है।

मां के आंचल में छिपी होती है,  
 पूरी दुनिया की नरमी।  
 आप की हथेलियों में होती है,  
 जिए हुए संघर्ष की गर्मी।

हम चाहे जितनी दूर निकल जाए,  
 जग दुनिया जीत आए।  
 पर मां- बाप के बिना इंसान  
 अपने ही घर में खो जाए।

किस्मत से नहीं,  
 किसी नाम से नहीं  
 मां-बाप की छाया से बड़ी  
 कोई दौलत दुनिया में नाम से नहीं।

**निखत सबा खानम**

**बीकॉम तृतीय वर्ष**



### चुटकुला

1. टीटू रोज स्कूल के लिए  
लेट हो जाता था।  
एक दिन टीचर ने पूछा  
तुम बाकी बच्चों के साथ  
क्यों नहीं आते?  
टीटू झुंड में तिगड़े आते  
है मैडम, शेर हमेशा  
अकेला ही आता है।
2. राम मैं साबुन से अपना शर्ट धोया।  
और अब मुझे वहां छोटा हो गया है।  
श्याम तुम भी खुशी साबुन से नहा लो।  
फिर वहां शर्ट तुम्हें फिट हो जाएगा।
3. टीचर :- बताओ, आलस किसे कहते हैं।  
पप्पू :- आलस वह होता है जब नींद तो  
नहीं आती.... लेकिन  
उठने का मन भी नहीं करता।
4. डॉक्टर: - आपको आराम की जरूरत है,  
ये दवाई ले लो।

- मरीज़:- लेकिन डॉक्टर साहब, यह दवाई के  
ऊपर लिखा है सोते समय ले  
डॉक्टर: - तो क्या हुआ?  
मरीज़ :- सोते समय कैसे पड़ेगा कि कब  
कब लेना है?
5. पप्पू :- मम्मी आज स्कूल नहीं जाऊंगा,  
मम्मी:- क्यों?  
पप्पू :- टीचर ने कहा था कल बिना  
बताए छुट्टी मत लेना तो  
आज बता रहा हूं!
6. टीचर :- बच्चों बताओ गंगा कहां  
से निकलती हैं और  
किस जाकर मिलती हैं?
- रमेश :- सर, गंगा ट्यूशन के बहाने घर  
से निकलती है, और मंदिर के  
पीछे जाकर हमारे गली के  
कालू से मिलती हैं!!

धारणी

द्वितीय वर्ष बीकॉम



## अनसुना आसमान

बड़ा अजीब है यह आसमान,  
कभी चुप रहता है ,कभी गुनगुनाता हैं,  
बादलों की हर सांस में,  
कोई पुराना राज छुपाता है।



नीले परदे पर सफेद खिड़कियां,  
हर टुकड़ा अपनी कहानी कहता,  
कभी वे बरसता है वह बे आवाज  
कभी बिजली साँग चुपके से बहता।  
रात जब दुनिया से जाती है,  
तारे उसके कानों में बोलते,  
संजो के रखना हमारे जलते दिये,  
कहीं यह जमीन पर को न जाए।  
पर आसमान भी कब तक थामें ?  
हथेलियों में हवा टिकती कहां,  
जो भी ऊपर उठता है एक दिन  
टूट कर धरती पर ही आता यहां।  
इसलिए वो हर सुबह सूरज भेजता,  
एक नया सबक सिखाने को,  
कि चाहे जितना ऊंचा उड़ो,  
वापस लौटो रोशनी बन जाने को।



खुशी

बी बी ए (जनरल)

प्रथम वर्ष

## कविता

"ये कॉलेज के आखिरी मोड़"  
इन गलियारों में कदम रखा था,  
तो सब कुछ बड़ा अजनबी था।  
धीरे-धीरे हर चेहरा अपना लगा,  
और यही जगह मेरा घर बनी थी।

कैंटीन की वो हंसी,  
क्लास की वो भाग दौड़,  
टीचर्स की डांट भी अब  
यादों में किसी गीत सी गूंजती है।

आज सोचती हूं,  
कैसे इन दीवारों ने मुझे बदल दिया,  
कल की बच्ची से आज की लड़की बना दिया।

जब आखिरी बार मुड़ कर देखूंगी,  
तो आंखें भले नाम हो,  
पर दिल मुस्कुराएगा  
क्योंकि ये कॉलेज.... हमेशा मेरा रहेगा।

**उषा रानी**

**द्वितीय वर्ष**

**बीकॉम (जनरल)**



## कविता

"मैं फिर खेल जाऊंगी"  
थोड़ी थक गई हूं मैं,  
पर रुकने का इरादा नहीं।  
रास्ते कठिन सही  
पर कदमों का भरोसा कमजोर नहीं।

हर गिरावट ने सिखाया है  
उठना, मुस्कुराना, बढ़ना।  
मौसम चाहे जैसा हो,  
मुझे अपने मौसम में खिलाना है ।

मैं छोटी सही, पर हिम्मत बड़ी है-  
यही वजह है कि मैं फिर खेल जाऊंगी।

स्वप्ना

प्रथम बीकॉम



## "अपनी तुलना दूसरों से न करे"

एक बार की बात है, किसी जंगल में एक कौवा रहता था, वह बहुत ही खुश था, क्योंकि उसकी ज्यादा इच्छाएँ नहीं थी। वह अपनी जिंदगी से संतुष्ट था, लेकिन एक बार उसने जंगल में किसी हंस देख लिया और उसे देखते ही सोचने लगा कि से प्राणी कितना सुंदर है, ऐसा प्राणी तो मैंने पहले कभी नहीं देखा!



इतना साफ और सफेद। यहां तो इस जंगल में औरों से बहुत सफेद और सुंदर है, इसलिए यह तो बहुत खुश रहता होगा। कौवा हंस के पास गया और पूछा, भाई तुम इतने सुंदर हो, इसलिए तुम बहुत खुश होंगे? इस पर हंस ने जवाब दिया, हां मैं पहले बहुत खुश रहता था, जब तक मैंने तोता को नहीं देखा था। उसे देखने के बाद से लगता है कि तोता धरती का सबसे सुंदर प्राणी है। हम दोनों के शरीर का तो एक ही रंग है। लेकिन तोते के शरीर पर, दो-दो रंग है। उसके गले में लाल रंग का घेरा और वह सूर्य हरे रंग का था, सच में वो बेहद खूबसूरत था।

अब कौवे ने सोचा कि हंस तो तोते को सबसे सुंदर बता रहा है, तो फिर उसे देखना होगा। कौवा तोता के पास गया और पूछा, भाई तुम दो-दो रंग प्रकार बड़े खुश होंगे? इस पर तोते ने कहा, हां मैं तब तक खुश था जब तक मैंने मोर को नहीं देखा था। मेरे पास तो दो ही रंग है लेकिन मोर के शरीर पर तो कई तरह के रंग है। अब कौवे ने सोचा सबसे ज्यादा खुश कौन है, यहा तो मैं पता करके ही रहूंगा। इसलिए आब मोर से मिलना ही पड़ेगा कौवे ने मोर को जंगल को जंगल में ढूंढा लेकिन उसे पूरे जंगल में एक भी मोर नहीं मिला और मोर को ढूंढते-ढूंढते वहा चिड़ियाघर में पहुंच गया, तो देखा मोड़ को देखने बहुत से लोग आए हुए हैं और उसके आसपास अच्छी खासी भीड़ है। सब लोग के जाने के बाद कौवे ने मोर से पूछा, भाई तुम दुनिया के सबसे सुंदर जीव हो और रंग-बिरंगे हो, तुम्हारे साथ लोग फोटो खिंचवा रहे थे। तुम्हें तो बहुत अच्छा लगता होगा और तुम तो दुनिया के सबसे खुश जी होंगे? इस पर मोर ने दुखी होते हुए कहा, भाई अगर सुंदर हूं तो भी क्या फर्क पड़ता है। मुझे लोग इस चिड़ियाघर में कैद करके नहीं रखता और तुम जहां चाहो अपनी मर्जी से घूम फिर सकते हो।

इसलिए दुनिया के सबसे संतुष्ट और कुछ जीव तो तुम्हें होना चाहिए, क्योंकि तुम आजाद रहते हो। कौवा हैरान रह गया, क्योंकि उसके जीवन की अहमियत कोई दूसरा बता गया। दोस्तों, ऐसा ही तुम लोग भी करते हैं। हम अपनी खुशियों और गुणों की तुलना दूसरों से करते हैं; ऐसे लोगों से जिनका रहन-सहन का माहौल हमसे बिल्कुल अलग होता है। हमारी जिंदगी में बहुत सारी ऐसी चीज होती है, जो केवल हमारे पास है, लेकिन हम उसकी अहमियत समझकर खुश नहीं होते। लेकिन दूसरों की छोटी खुशी भी हमें बड़ी लगती है, जबकि हम अपनी बड़ी खुशियों को उपेक्षा कर देते हैं।

सुगम कुमारी

द्वितीय वर्ष

बीकॉम (जनरल)

### बिरसा मुंडा (जीवन परिचय)

बिरसा मुंडा एक महान आदिवासी स्वतंत्रता सेनानी और लोकनायक थे जिन्होंने भारत में ब्रिटिश शासन के खिलाफ आदिवासी विद्रोह में महत्वपूर्ण भूमिका निभाई थी। उनका जन्म 15 नवंबर 1875 के झारखंड के खूंती जिल्ले के उलिहातु गांव में हुआ था। उनके पिता का नाम सुगना मुंडा और माता का नाम कुर्मी मुंडा था।

बिरसा मुंडा के जीवन की मुख्य बिंदु :-

प्रारंभिक जीवन:-

बिरसा मुंडा का बचपन अपने परिवार के साथ बिता और उन्होंने अपनी प्रारंभिक शिक्षा जर्मन मिशन स्कूल में प्राप्त की।

आदिवासी अधिकारों के लिए संघर्ष :-

बिरसा मुंडा ने आदिवासियों के अधिकारों के लिए लड़ाई लड़ी और उन्हें अपने अधिकारों के प्रति जागरूक किया।

बिरसाइट संप्रदाय :-

उन्होंने बिरसाइट संप्रदाय की स्थापना की जो आदिवासी संस्कृति और परंपराओं के पुनर्जीवित करने के लिए एक आंदोलन था।

उल गुलाल आंदोलन :-

बिरसा मुंडा ने उल गुलाल आंदोलन का नेतृत्व किया जो ब्रिटिश शासन के खिलाफ एक बड़ा विद्रोह था।

मृत्यु :- बिरसा मुंडा की मृत्यु 9 जून 1900 को

रांची जिल्ले में हुई थी।

बिरसा मुंडा का आदिवासी समुदाय के लोग भगवान के रूप में पूजते हैं और उन्हें धरती आबा कहा जाता है उनके जीवन और कार्यों की आज भी याद किया जाता है और उन्हें एक महान स्वतंत्रता सेनानी के रूप में सम्मानित किया जाता है।

करीना कुमारी

बी सी ए, द्वितीय वर्ष



## प्यारी हिंदी

हम सबकी प्यारी हिंदी  
 सवेरे सुप्रभात कहलाती है  
 आध्यात्म का पाठ पढ़ती  
 घावो पर मरहम लगाती  
 नित्य नई प्रार्थना करवाती  
 कभी संगीत के स्वर में डूबाती  
 कबीर उदय की धड़कन बनती  
 कभी स्वादिष्ट पकवान खिलाता  
 कभी चाय की मिठास बढ़ाती  
 हमारे जीवन हिंदी  
 हमारा प्यार हिंदी  
 हमारी आत्मा है हिंदी  
 हमारा परिवार है हिंदी  
 हमारी दादी नानी बुआ  
 चाचा दीदी बना है हिंदी  
 हमारी सहेलियां हिंदी  
 त्योहारों की रंगत बढ़ती हिंदी  
 ऋतुओं की छठा बढ़ती हिंदी  
 कभी रुलाती कभी हसाती  
 सदा हमें गले लगाती हिंदी  
 हमें अपनाती हिंदी  
 भारत की प्यारी भाषा है हिंदी  
 जन-जन की वाणी है हिंदी



शिवनी सिंग

बी. ए प्रथम सेम

## पिताजी

मां को सभी फोन करते हैं.... लेकिन पिताजी!  
 बच्चे मां को फोन करते हैं----  
 खाना खाया क्या?  
 आपकी तबीयत कैसी है,  
 आपकी बहुत याद आती है,  
 लेकिन पिताजी?  
 पिताजी को कोई फोन नहीं करते,  
 बच्चे मां को ही पूछते हैं  
 कैसे है पिताजी  
 खाना ठीक से कहते हैं क्या?  
 पिताजी ठीक है न।  
 आजकल क्या कहते हैं?  
 फोन पे मां से बात होती है।  
 तब पिताजी कान देखकर सुनते हैं।  
 मां की आंखों में आंसू आते हैं।

लेकिन पिताजी खिड़की से बाहर देखते हैं।  
 मां पिताजी से कहती है बेटा कहता है,  
 दवाइयां समय पर लेने को यहां सुनकर  
 पिताजी की आंखों में आंसू झलकते है।  
 पिताजी बच्चों के नाम से पैसे जमा करते हैं,  
 लेकिन बच्चों को बताते नहीं,  
 बच्चों के भविष्य के लिए रात भर सोते नहीं,  
 मां का प्यार उसके गोदी में सिर  
 रखकर महसूस होता है।  
 लेकिन पिता का प्यार में हु न  
 इस शब्द में चुपकर रहता है।  
 पिताजी कभी नहीं पूछते की, इसका मतलब यह नहीं  
 की वे बच्चों से प्यार नहीं करते, समय निकालकर  
 जरूर पिता से बात करना चाहिए।  
 मां तो हमेशा शब्दों में ही होती है।

डॉ. प्रिय मिश्राम

सहायक प्राध्यापिका



## डिजिटल युग में रिश्तों का बदलता रूप

आजा का समय डिजिटल युग का समय है। मोबाइल, इंटरनेट, सोशल मीडिया और नई तकनीको ने हमारे जीवन में पूरी तरह बदल दिया है। जहां इन तकनीक ने हमारी जिंदगी आसान और तेज बनाई है वही रिश्तो के रूप और उनकी गहराई पर भी असर पड़ा है डिजिटल युग में इंसान पहले से ज्यादा जुड़ा हुआ होने के बावजूद कभी-कभी अकेलापन महसूस करता है।

रिश्तो में बड़ी निकटता :-

डिजिटल तकनीक ने दुनिया को छोटा कर दिया है। अब हम अपने परिवार और दोस्तों से कई से भी तुरंत बात कर सकते हैं। व्हाट्सप, वीडियो कॉल, और सोशल मीडिया ने दुरिया को मिटा दिया है। लोग पहले की तुलना में अधिक को जुड़े हुए महसूस करते हैं।

भावनाओं का वर्चुअल रूप :-

जहां तकनीक ने निकटता बधाई है, वही भावनाओं का रूप बदल गया है।

आज लोग आमने-सामने कम, मोबाइल और चैट्स के जरिए अधिक बातचीत करते हैं।

घर में रहकर भी कई लोग अपने फोन में व्यस्त रहते हैं। इससे रिश्तों की गहराई पर थोड़ा असर पड़ता है।

सोशल मीडिया और दिखावा।

सोशल मीडिया ने रिश्तों में नया दबाव पैदा किया है। लोग रिश्तों की वास्तविकता से ज्यादा उन्हें ऑनलाइन दिखाने पर ध्यान देते हैं। कभी-कभी लाइक्स और कमेंट्स रिश्तों की असली भावनाओं से महत्वपूर्ण लगते हैं।

विश्वास और गोपनीयता की चुनौती :-

डिजिटल युग में रिश्तों में विश्वास बनाए रखना चुनौती पूर्ण हो गया है। सोशल मीडिया पर गतिविधियां और चैट्स कभी-कभी गलतफहमी लिया पैदा करती है। इसलिए डिजिटल संवाद में पारदर्शिता और संतुलन बहुत जरूरी है।

निष्कर्ष :-

डिजिटल युग में रिश्तों का रूप बदल दिया है। पर रिश्तो की मूल भावना आज भी वही है - प्यार, विश्वास, और संवाद। अगर हम तकनीक का इस्तेमाल समझदारी से करें, तो डिजिटल युग में भी हमारे रिश्ते मजबूत और सच्चे रह सकते हैं।



शिल्पश्री के.बी  
सहायक प्राध्यापिका

*English Articles the Muse's Corner*



## *Student Writers' Haven*

### **WHAT DO I DO NEXT?**

She started the journey with a burning flame,  
To claim what was always meant to be hers.  
They said the perfect plant radiates positivity,  
But does it still, when left in isolation,  
losing the very spirit of worth?

Her days felt short.  
Lyrics uncompleted,  
Assignments due , sketches unbloomed.  
Nothing she tried could outgrow the vines of stillness.  
What did she do then?  
Not a pause, she chose to stop.  
Chose silence over sound, a box over the world.  
And no longer dared to open it.

Stillness.  
Time slowed down, days felt longer.  
Nothing she did now shaped her future,  
yet oddly, she felt alive. Delusion? Perhaps.  
The world moved with its usual rhythm,  
But she felt it drifting like a soft wind  
Barely worrying her future self, barely stirring her soul.  
Change is constant.  
So was her fall.  
The realization struck, she found herself behind.  
No villain to blame! Yet she was defeated.  
Not by someone, but by silence.  
Success felt distant. Ambitions weigh heavy.  
And all she can ask is: What do I do next?  
But maybe – just maybe –  
She didn't ace it, but she showed up.  
Didn't soar, but still moved.  
She passed, not with flying colour.  
But with enough to keep going.  
And sometimes, that's all it takes.  
To begin again.

**Vibha Golekar**  
**I B.Sc. Forensic Science**

## AS NATURE KNOWS

A cloud that drifts across the sky  
knows where to pour its rain,  
and where to simply pass by,  
leaving fields that wait in vain.  
A gentle rain knows its worth,  
it finds the thirsting ground,  
avoiding lands that flood at birth,  
where too much water drowns.  
Not every green leaf carries healing,  
not every stream meets the sea.  
Some are meant for gentle feeling,  
some are meant to flow free.  
The truths of earth in silence show,  
what hearts must keep, and what let go.

**Ms. Komala R**  
**II B.C.A**

## JOURNEY OF LIFE

Life is a river, flowing free,  
Twisting, turning, endlessly.  
Moments of joy, moments of pain,  
Sunshine bright, and gentle rain.

I walk a road that knows my name,  
A path of sparks, a quiet flame.  
Each step I take is mine alone,  
A story growing, stone by stone.

Every step teaches, every fall guides,  
Hope lights the way where courage resides.  
Through winding paths and skies above,  
My journey bends but does not end;

Life is the teacher, pain the friend.  
And in this walk, I come to see  
A road that twists and turns.  
Life is a story, written with love.

**Mohanapriya .N**  
**I B.A**

## DEAR PLANET EARTH

Oh Terra Mater, gentle and kind,  
Your verdant cloak, a soothing find.  
Your whispers of wind through trees so tall,  
A lullaby echoing through it all.  
The stars above, the twinkling in sea,  
Reflected in oceans, wild and free.  
The heartbeat of life in every part,  
A symphony that touches every part.  
Yet, in silence, a cry resounds,  
A call to awaken, to heal the wounds.  
The tears of pollution, the scars of time,  
A plea to restore the rhythm divine.  
Let's tend the earth with love and care  
And nurture its beauty, that's beyond compare.  
For, in the balance we find our way  
To a harmony that will last through our days.

Harshitha N  
I B.Sc Forensic Science

## THE HEART BENEATH THE CRIME

I remember the time I realized I was rooting for a villain. Was she a villain? Perhaps when I was watching the particular movie "*Doctor Strange: The Multiverse of Madness*", where Wanda was the "villain." The irony of how the once celebrated hero was now fought by her own people.

We all are aware of her story, lost her dear ones, her other half and her kids who were named as "illusion" by others. Ever stopped to wonder how the hero that once saved many people failed to save her own? How this bitter tragedy turned her into an "anti-hero"? At the end of the movie, I sympathized with her, wondering "How must it feel to lose everyone you loved?" Is it possible to stay optimistic and kind to the world which wasn't kind to yours? After all, she is just a mother looking for her children.

Here, our adoration of the anti-hero is rooted in self-identification with their characteristics and backstories. When characters reflect versions of ourselves, we connect on a deeper level. Our love for these characters stems from empathy.

Anti-heroes or villains are mostly portrayed as “*imperfect, flawed and complicated.*” Whereas in reality, the human beings that surround us are built with similar flaws, imperfections, even the reflection you see in the mirror is imperfect. So, while the heroes are portrayed to be “*perfect*” in every way possible, which seems impossible to expect in humans. Maybe that’s why we feel a morbid connection with anti-heroes; maybe because they are the embodiment of everything we struggle to accept about ourselves.

Do they only reflect what we are? Mostly, we romanticize them because they embody rebellion, freedom, intensity- the things we secretly wish we dared to live. Because they dared to wear what they are proudly, while we quiver away in the darkness. Maybe we romanticize villains because they carry our forbidden reflections- the parts of us that crave, fall, and rise again. In them, we see the honesty of being human: imperfect, defiant, yearning for redemption even as we sin.

Heroes show us who we should be, but villains reveal who we are when no one’s watching. They bleed in ways we recognize, love in ways we fear, and break in ways that mirror our own quiet fractures.

To love the villain is to admit that goodness is not born from purity, but from the choice to rise, even when the soul is stained. Perhaps that’s the quiet secret of it all: we don’t root for their darkness but we root for the light that dares to live in it.

**Darshana Vijaylal**  
**I B.A. Psychology**

## **FREEDOM VERSUS INFLUENCE: THE HIDDEN BATTLE BEHIND HUMAN CHOICES**

Human freedom is often viewed as the ability to make choices without restriction. Yet psychology reveals that human decision-making is far more complex. Each decision we make is subtly shaped by our environment, emotions, culture, and even the invisible expectations of others. The line between freedom and influence is not clear-cut. It is a constant negotiation between internal will and external pressure.

**Why Read This:** In an age of social media algorithms, persuasive advertising, and digital overload, understanding how influence affects our choices is essential. This article helps readers explore the psychological mechanisms that shape everyday decisions and how awareness can protect our sense of true autonomy.

From childhood, our social surroundings play a powerful role in shaping what we believe to be normal or desirable. Through observation and imitation, we learn behaviours and attitudes from parents, peers, and society. This process, while natural, also means that our preferences are rarely formed in isolation. Even subtle cues such as trends, approval, or fear of exclusion can alter what we choose without conscious realization.

Cognitive psychology provides further insight into this phenomenon. The human brain often relies on two systems when making decisions: one fast and intuitive, the other slow and analytical. While the fast system helps us make quick judgments, it is also vulnerable to influence. Advertisements, framing effects, and persuasive messages often target this automatic system, steering us toward the choices that feel spontaneous but are actually guided by external design.

At the motivational level, the desire for belonging and approval makes people highly responsive to social influence. Many individuals adjust their opinions or behaviors to align with group norms, sometimes without realizing it. However, not all forms of influence reduce freedom. Supportive environments such as those that encourage self-expression and personal growth, can actually strengthen a person's sense of autonomy.

To preserve psychological freedom, awareness must come first. Recognizing how influence works and allows individuals to pause before reacting and evaluate whether their choices align with their values. Simple habits like questioning one's motivations, setting personal goals, and reducing digital distractions can create mental clarity. Moreover, structuring environments thoughtfully such as limiting exposure to manipulative media or surrounding oneself with constructive influences enhances self-directed decision-making.

Society also shares responsibility for supporting individual freedom. Institutions, educators, and designers can foster autonomy by promoting transparency, encouraging critical thinking, and reducing manipulative persuasion in digital and social spaces. By prioritizing informed consent and ethical design, collective systems can protect the psychological independence of individuals.

**Conclusion:** Freedom is not the absence of influence. It is the ability to recognize and manage it. True autonomy arises when people understand the forces shaping their thoughts and

actively choose actions that reflect their authentic values. In a world filled with subtle persuasion and constant comparison, the most powerful act of freedom is conscious awareness.

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## INDIGO MELTDOWN

The recent operational meltdown of IndiGo triggered by the enforcement of new pilot fatigue norms has left thousands stranded, exposing severe corporate negligence despite ample regulatory lead time. This crisis, however, is merely a symptom of a deeper malaise, the crystallization of a “Too Big to Fail” monopoly in Indian aviation. It mirrors alarming trends in sectors like telecom, where the tide of duopolies and the erosion of consumer choice signal a shift from a competitive market to one defined by structural dominance. As passengers pay the price for this lack of alternatives, the state’s role as a regulator faces its ultimate test.

In early December 2025, India’s busiest airports descended into chaos. IndiGo, the country’s largest airline, cancelled more than 2,000 flights in less than a week, leaving thousands of passengers stranded without notice or options. The official explanation is simple: “there is an ongoing pilot shortage, triggered by new fatigue management rules.” But the real story is far more troubling. The Directorate General of Civil Aviation (DGCA) has rolled out updated duty-time regulations for pilots, requiring longer rest periods and reduced flying hours to combat fatigue and ensure aviation safety. These changes were overdue and aligned with global best practices, implemented only after a deadly Air India Express crash in June 2025 that killed 260 people.

It is a wake-up call about the dangers of market consolidation without accountability. And it is a warning that in a society where flying is no longer a luxury, the system that supports it must be more than just profitable. The pilot-fatigue rules are designed to bring aviation closer to global norms. But their abrupt withdrawal shows that when the most powerful player stumbles, the system bends to accommodate. Scaling up India’s aviation market without safeguards is a recipe for repeated failure. As passenger numbers grow, so must regulatory and infrastructure depth. It includes rethinking the role of oversight.

IndiGo faces a long road to rebuild its brand reputation. This incident is a crucial lesson in corporate responsibility and the necessity of robust regulatory oversight. Moving forward, India needs more substantial competition and stronger consumer protection to prevent such large-scale disruption from recurring, ensuring mobility remains a reliable right and not a gamble. The meltdown revealed that size can breed negligence, and dominance does not equate

to prudence.

Not only the aviation sector is about to talk in the sense of many existing monopolies which are ruling the market. Consumers are dependent in one way or another on these products or manufacturers. Thus, a day missed with such offerings leaves us stuck all the way in our day-to-day activities. Some examples can give us a view of the challenge in the upcoming days, either flights or telecom, which cover most of the state by a monopoly. The need is to think and simultaneously act to bring changes in existing situations where it becomes beneficial to both consumers and producers. But instead, making the scale for one's existence is a threat in future, leaving no alternatives for consumers themselves.

Mr. Arjun R  
II BBA Aviation

## THE JOURNEY TO MAKE THEM PROUD

Aarav lived with his parents in a small apartment on the edge of a busy city. From the outside, their life seemed ordinary-three people sharing a small home, going through the same routines every day. But inside, a quiet boy with a gentle heart resided. His parents were loving, but life had placed heavy burdens on them. His father worked long hours at a hardware store, coming home tired each night. His mother took care of household chores and did part-time stitching work to help support the family. With all their responsibilities, worry had become a constant presence in their minds. Though they cared deeply for Aarav, their conversations with him were usually brief that focused on homework, chores, and grocery lists. They rarely had the energy for deeper discussions.

Aarav understood this. He never blamed them; instead, he carried a soft ache- not of anger, but of longing. He wished his father would sit next to him and ask about his dreams, or that his mother would notice how hard he was working in school. But he didn't complain. He had always been the kind of boy who quietly channeled his feelings into his hopes rather than his words. Since he was young, he had a dream- a dream of a world beyond city noise and concrete walls. Whenever he saw pictures of mountains, forests, and distant lakes, a beautiful restlessness filled his chest. He admired people who traveled, explored, and breathed freely under open skies. Most of all, he yearned to find a place where he wouldn't feel invisible.

At night, when the city lights blinked like tired stars, Aarav would sit by his window and imagine climbing a mountain peak. He pictured standing at the summit, the cold wind blowing through his hair, his eyes filled with colors he had never seen before. In those moments, he promised himself one thing: "One day, I will achieve something. Not just for me, but so my

parents can look at me with pride.”

### **The Journey Begins**

Dreams are beautiful, but they don't create change on their own. Aarav knew that. So, he started working hard, not loudly, but with steady determination. He studied more seriously than ever before. During school breaks, he watched online tutorials about photography, writing, and digital editing. At night, when the house slept, he practiced with his old second-hand camera, a gift from a distant uncle. It wasn't perfect. It had scratches and sometimes failed to zoom but it became his faithful companion.

Soon he took on freelance photography and writing jobs online. Small tasks at first: editing pictures, writing travel descriptions for local businesses, and helping with social media posts. The pay was modest, but every rupee counted. His classmates thought he was strange for spending so much time alone. He didn't mind. Loneliness, he realized, wasn't always an enemy; sometimes it was a teacher. It sharpened his focus, built his resilience, and showed him how to keep moving forward even when no one was watching. Every morning, before leaving for school, he would whisper to himself, “Keep going. This is for them.”

### **The First Step into the World**

After months of saving, Aarav finally bought a bus ticket to the mountains he had only seen in pictures. It was a long journey- a journey into the unknown. As he sat by the window, watching the city fade behind him, fear and excitement danced in his heart. When he reached the mountains, he felt as if the world had opened its arms to him. The air was crisp, the valleys deep, and the silence peaceful. For the first time, he felt truly alive.

He wandered through narrow village paths, spoke to locals, tasted unfamiliar foods, and captured everything with his camera. He jotted notes in his journal about the kindness he received, the beauty of simplicity, and how the mountains felt like a place where his heart could finally breathe. One evening, at sunset, he climbed to a high viewpoint. As the sky turned orange and gold, he closed his eyes and let the wind rush past him. It carried away years of loneliness, replacing them with something new, something that felt like hope. He wrote an article about his experience and sent it to a local newspaper, not expecting much.

### **A Moment Worth Everything**

A week later, his mother picked up the newspaper from the doorstep. As she flipped through the pages, her eyes stopped. There it was...Aarav's name. His article. His photographs. His words describing the beauty of the mountains and the courage it took to travel alone. Her hands trembled. His father, who rarely showed his feelings, slowly sat down and read the

article with quiet pride. A smile, soft but meaningful appeared on his face. When Aarav returned home, his parents didn't say much at first. But the silence felt different this time. His mother hugged him with tears in her eyes. His father placed a hand on his shoulder and said, "We're proud of you, beta." Those words were all he had ever longed to hear.

### **Dreams to Life**

From that day onward, Aarav didn't stop. He traveled to more places, hill stations, coastal villages, ancient towns. Each one adding a new chapter to his story. His photography gained more attention, his writing improved, and his confidence grew. But no matter where he went, he always returned home. His success never made him arrogant; instead, it deepened his gratitude. One evening, sitting on a quiet hill during one of his journeys, he watched the sun sink behind the mountains. He thought of his childhood window, where he once gazed at the sky and dreamed of this very moment. He smiled and whispered to the wind, "I did it. Maybe not everything yet, but enough to make them smile."

The wind carried his words across the valley, and even though he couldn't see it, he felt they had reached home: right into the hearts of the parents he loved so much.

**Mr Avijit Kumar**  
**I YEAR BBA AVIATION**

## **FOMO (Fear of Missing Out) AND ITS PSYCHOLOGICAL IMPACT**

FOMO or Fear of missing out is a feeling of anxiety that has become a universal concept in the recent years. FOMO refers to the feeling that one has when they think that others are having a better or, rewarding time in their absence. It is followed by the desire to stay connected, continuously, with what others are doing. To understand this concept better, we must explore the causes and effects of FOMO among individuals today.

To delve deeper into this issue, we need to understand that, now, more than ever, people are more exposed to each other's life, and what they are missing out on, in terms of what can be considered a "good time". With the growing presence of social media, we are continuously aware of each other's experiences and lifestyle. This, in turn, creates a twisted perception of other's lives.

Consequently, it leads to comparing oneself with others and their lack of connection with others. This gives rise to the feeling of loneliness and inadequacy, which can contribute in lowering of one's self-esteem. It can also lead to depressive episodes, which can result in engaging in risky activities in order to attract the attention of others. Over time, these emotional

responses can lead to suicidal acts or thoughts.

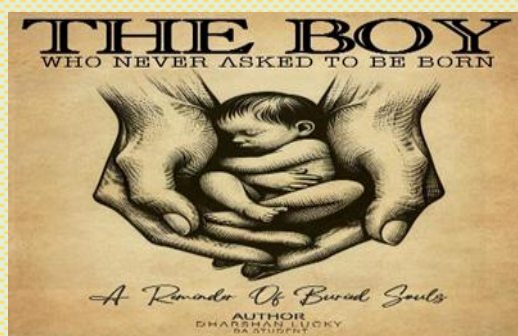
Furthermore, it can also lead to social media addiction due to the constant desire to always stay connected with others by being online, leading to disruptions in their day-to-day activities. This further bring about stress and burnout in their daily life, as the constant pressure to stay connected causes mental fatigue. Ultimately, FOMO becomes more than just an emotion, it becomes a lifestyle, shaping their thoughts and behavior.

Moreover, FOMO influences a person's decision making and problem-solving abilities. Individuals experiencing FOMO often make decisions not based on their genuine desires but out of fear of being left out or excluded. Such impulsive decisions can lead to overspending or material possession just to feel like they "fit in". This constant cycle of seeking approval from others can prevent individuals from developing genuine connections and self-fulfillment. In conclusion, FOMO is more than a fleeting feeling of missing out, it is a modern psychological challenge deeply ingrained within us. It affects an individual's mental health, relationship, and even their perception of their self-worth. Overcoming FOMO requires learning to be present and setting healthy self-boundaries. When we begin to value our own journey instead of measuring it with others, we will be able to find self-fulfillment and a peace of mind.

**Nirmala Oinam,**

**III YEAR B.A. - Psychology**

## **THE BOY WHO NEVER ASKED TO BE BORN**



### **PRESSURE:**

He stands over the invisible grave every night. Some nights he mourns, some nights he forgets, some nights he pretends nothing ever died. Hey you may feel it too, don't you? The hollow in your chest. The one no one ever notice. The boy you were; kind, loud, messy, emotional, but buried under expectations and silence. Every man reading this knows him. Every man has been

him. This not a story about a boy. It's about every you buried inside yourself

### **THE BIRTH:**

He didn't ask to exist. He was born out of a moment, a mix of love, lust or may be just circumstance. Where two people shared something and called it a creation or blessing. How do you call something a blessing? When you weren't even asked to exist.

### **PARENTING:**

They say we love our children more than our lives-unconditionally. A word followed through generations. Parents are not villains, but often they are the first trauma artists. Not with beatings, but with comparison, conditions, expectations, emotional blackmail: "We gave you everything, what more do you want?", "We struggled for you, now you must do this for us", "Think of our condition, don't hurt us, do this for our happiness." The raw truth: children are not born to fix adult failures.

### **THE DOMINANCE THEY CALL CULTURE:**

Take it easy, adjust, understand. You are a boy, you should be strong. But why? Who decided boys don't feel pain? Who wrote the rule that sons must be obedient, silent, endlessly responsible? Who said boys must be hard just because the world is?

### **A BOY IS NOT:**

A boy is not responsible for his parents' dream, not a refund for their regrets, not a repayment for their struggles. Yet parents treat him like one. He whispers inside that if all your love comes with conditions, is it even love? Then. why the sweet lie followed through decades our love is unconditional. They notice when a boy stops eating, studying, scoring and never notice when he stops living. He walks slower, stops smiling the same way, sleeps too much or not at all. They call him lazy, rude, careless. They remember only the version of him they wanted and not the boy he truly is. He may whisper that if a boy has to die inside to make parents proud then it doesn't deserve to call it "PARENTING".

### **LOVE – SOMETHING REAL:**

Then love entered, soft eyes, warm hands finally someone who saw him or at least he thought so. He gave everything; his heart, soul, time, truth but love to come with expiry. She healed by speaking, he healed by breaking. She said, "you changed" he whispered, "you made me".

A girl's heartbreak is written with poems; a boy's heartbreak is written in silence.

### **GOD'S PLAN:**

Often parents say everything is a god's plan, whatever happens God wrote it but a brutal truth most people can't digest. What if God didn't write all this? What if we're the ones misusing his name to hide our failures. Blame destiny for the wounds they themselves create; blame God for the cages they build for their children. Call it fate when it's actually fear, ego, control and insecurity but inside him question is simple. If God created me, why am I living a life written by you?

### **THE FUNERAL INSIDE EVERY MAN:**

There's a grave in every man's chest. It doesn't have a stone or flowers, but it has a name. It is his. The boy he was, the boy he killed-not intentionally, not violently, but just slowly over years of guilt, obedience, silence and fear. Inside the boy says that you didn't kill me, you abandoned me.

### **NOW IF YOU ARE READING THIS:**

If you felt every word burn inside, you know who is this story is about, you've been him. You are him. You have lived this silence too. You know how it feels to act fine when you're dying inside. To listen your parents, fight and still smile at breakfast. To love someone deeply and lose yourself completely. And still, you wake up every day, wear your mask and play your role.

**Mr. Darshan**  
**I BA (HEP)**

## **THE EFFECT OF URBAN ARCHITECTURE ON MENTAL HEALTH**

### **Introduction:**

In today's rapidly urbanizing world, the psychological effects of city life are becoming increasingly significant. Cities influence how people think, feel, and behave, often affecting their mental health in profound ways. Urban architecture, when designed thoughtfully, can serve as a powerful medium for healing and well-being by reconnecting humans with the natural environment and encouraging social harmony.

### **Green Spaces and Biophilic Design:**

One of the most effective ways to enhance mental health in cities is through the integration of green spaces and biophilic design. Biophilic design emphasizes human affinity for nature and seeks to include natural elements like plants, water, and organic patterns into the built

environment. According to Roger Ulrich's Stress Reduction Theory, exposure to natural settings lowers physiological stress responses such as heart rate and blood pressure. Parks, gardens, and even vertical greenery within buildings help reduce anxiety and provide restorative spaces where individuals can unwind and recharge from urban overstimulation.

#### **Natural light and air quality:**

Natural light and clean air are essential yet often overlooked factors in urban design. Access to sunlight has been linked to improved mood, better sleep cycles, and enhanced cognitive performance. Similarly, maintaining high air quality within cities reduces fatigue, irritability, and cognitive decline. Open windows, skylights, and cross-ventilation systems not only make urban spaces healthier but also create environments that feel more uplifting and connected to nature's rhythm. The management of sensory input through balanced soundscapes, visual openness, and natural ventilation supports mental clarity and emotional stability.

#### **Walkability And Active Spaces:**

Walkable cities encourage physical activity, spontaneous social interaction, and a sense of belonging. Sidewalks, pedestrian-friendly layouts, and bike lanes reduce dependency on vehicles while increasing community engagement. Richard J. Jackson, a leading public health advocate, highlights the strong connection between urban planning, design, and mental health. His research demonstrates that people living in walkable, well-connected neighborhoods experience less depression and greater satisfaction with life. When architecture promotes mobility and inclusiveness, cities become active environments that foster social bonds and emotional well-being.

#### **Real-Life Connections In Urban Settings:**

Certain architectural features have a direct influence on everyday happiness. Accessibility ensures that all citizens can easily reach green spaces, transport, and community resources. Outdoor seating creates opportunities for relaxation, reflection, and conversation, transforming city spaces into extensions of home and community. Furthermore, community bonds flourish in designs that prioritize shared spaces like plazas, courtyards, and playgrounds, where people naturally connect and feel included. Such human-centered layouts reduce isolation and promote a sense of belonging crucial for psychological health.

#### **Conclusion:**

In conclusion, the relationship between urban architecture and mental health is undeniable. Cities that embrace nature, optimize sensory experiences, and encourage movement can greatly enhance psychological well-being. The evidence provided by scholars like Roger Ulrich and Richard J. Jackson reinforces the idea that our built environments shape not just our lifestyles but also our emotional states. Therefore, designing cities with care, creativity, and compassion is vital. Thoughtful urban planning through greenery, light, accessibility, and social inclusivity—can transform cities from sources of stress into spaces of serenity, resilience, and collective joy.

**Priyanka K.M.**  
**II B.Sc.Psychology.**

## THE PSYCHOLOGY BEHIND PROCRASTINATION

Procrastination is something almost everyone experiences at some point in their lives. It is the act of delaying tasks, even when we know that doing so may cause stress later. However, procrastination is often misunderstood. It is not just laziness or lack of discipline. There are deep psychological factors that influence why we postpone work or responsibilities.

As a person who prefers quiet places and small circles, I am an introvert but a good listener. My interest in psychology makes me curious about why we behave the way they do, what causes such behaviors and how can we change them. The main purpose of writing this article is to understand why people procrastinate even after knowing the consequences behind it. Instead of simply assuming it as a bad habit I want to explore the psychological and emotional factors behind it and make people understand that it's not just lack of discipline and how awareness can help them overcome it.

One of the main psychological reasons of procrastination is not that people cannot manage time or they lack discipline, but it is about emotions. When we procrastinate, it is usually because the task makes us feel anxious and stressed so the brain tries to protect us from what makes us uncomfortable and shifts focus on something more pleasant such as scrolling on the phone or talking to a friend this offers relief but that is only temporary.

Another reason why people procrastinate is because of the fear of failure and perfectionism. Sometimes we are delaying tasks because we are worried that we may not do it perfectly. The pressure to perform well makes the task feel more difficult, so we delay it to later hoping it will make us feel more confident but that leads to more stress.

Also, the brain naturally seeks short term rewards. So, activities that give us pleasure like scrolling on the phone, chatting etc. release dopamine which is a pleasure-seeking hormone. On the other hand, working on assignments, projects or responsibilities offers rewards only after their completion so the brain chooses the more immediate pleasure-seeking activity.

We can observe procrastination in everyday life. From a small child to an adult everyone procrastinates and it's normal. Delaying homework because they want to go play, delaying assignments and projects until the deadline is very close. People choose to exercise but keep pushing it to tomorrow and then tomorrow never comes. Sometimes we even avoid difficult conversations because they feel emotionally heavy. These situations show how procrastination is tied to emotions.

In conclusion, procrastination is not simply lacking discipline. It is a physical and mental response to emotional discomfort. By understanding this we can learn to manage our emotions better, manage our time by organizing and planning tasks so that they are not delayed until the deadline. The key takeaway is that change just happens in the blink of an eye, it takes time. So, with awareness, patience and consistent practice, anyone can reduce procrastination and work towards building a more confident and better self.

**Reshma Bhutia,  
III BSc. Psychology**

## **THE INVISIBLE BATTLES PEOPLE FIGHT EVERY DAY**

I've always thought of myself as an optimistic person. Life hasn't always been easy. I have gone through many silent battles within myself, and some of them still continue. But even in the hardest moments, I hold on to hope. I believe that strength isn't shown by how loudly we win our battles, but by how quietly we keep going. I like helping others who face similar struggles, those who smile on the outside but are hurting inside. My dream is to heal minds and hearts, and to make people feel seen, understood, and less alone.

The reason I chose to write about invisible battles is because almost everyone fights one. These are not always the kind of struggles the world notices. They could be battles with anxiety, self-doubt, loneliness, or grief. Some people fight to get out of bed in the morning, to stay motivated, or to find meaning in what they do. Yet they go on, pretending everything is fine. I write this not just to speak for myself, but for all those who carry unseen pain and still manage to smile.

We often forget that everyone is fighting a battle we cannot see. The quiet student in class, the cheerful friend, the strong parent-all may be carrying invisible weight. Just because someone looks fine doesn't mean they are. And that is why kindness matters more than we think. A small act of care, a smile, a few kind words, a patient ear can ease someone's burden. Sometimes, the smallest gestures are what remind a person that life is still worth holding on to. Another truth I have learned is that healing begins with self-compassion. We often criticize ourselves for not being strong enough, but real strength lies in acceptance, in telling ourselves, "It's okay to not be okay." When we understand our own pain, we also become more capable of understanding others. That's how empathy grows, and that's how we help each other heal.

I have seen this truth around me every day in friends who hide their anxiety behind laughter,

in parents who stay strong despite exhaustion, and in strangers who carry pain behind polite smiles. Even in my own life, I've felt what it means to fight quietly and still keep faith in better days. Books like "Man's Search for Meaning" by Viktor Frankl and "Reasons to Stay Alive" by Matt Haig remind me that suffering can shape us, not destroy us. My audience for this reflection is anyone who has ever felt unseen; young people, students, and anyone walking through life feeling tired but still trying.

If there is one message, I would like my readers to take away, it's this: be kind, always. We don't know what others are going through, and sometimes, compassion can be someone's reason to keep going. The invisible battles people fight every day are proof of one thing—that humans are stronger than they appear, and even in silence, hope survives.

**Revathi. C,**

**III BSc Psychology**

## **THE ILLUSION OF A FULL LIFE: HOW CHASING EVERY EXPERIENCE MAKES US MISS OURSELVES**

In today's modern world, the idea of living a full life has taken on a new meaning. People often measure fulfilment by the number of experiences they collect rather than the depth of understanding they gain from them. We see others travelling, achieving, and exploring, and we begin to believe that happiness lies in constant motion. Yet, beneath this chase for a "complete" life, there lies an emptiness many fail to recognize.

Understanding this illusion is vital for everyone, especially for students and young adults who are stepping into a fast-changing society. Learning about this concept helps us question what truly matters. In a time when social comparison dominates our minds, knowing the psychology behind this behaviour allows us to avoid emotional burnout. It reminds us that living meaningfully is not about doing everything, but about choosing what adds value to our growth and peace.

Psychologically, this mindset connects to what experts call the "Fear of Missing Out" or FOMO. This feeling arises when people believe others are experiencing more joy or success than they are. The mind creates a false sense of urgency, pushing individuals to try everything, meet everyone, and never pause. This constant pressure triggers stress, anxiety, and dissatisfaction, even when life appears full from the outside.

Social media and digital culture have intensified this illusion. Every day, we see curated highlights of other people's lives, filtered smiles, perfect travels, and achievements. The

human brain begins to compare unconsciously, shaping desires based on what it sees rather than what it truly needs. As a result, people confuse excitement with happiness, and busyness with purpose. In chasing every experience, they often lose connection with their own inner world.

Many psychologists explain that the human brain seeks both stimulation and stability. When stimulation becomes excessive, it leads to emotional fatigue and lack of focus. People who constantly chase new experiences often find themselves unable to enjoy them deeply. The more they run, the less they feel. This psychological trap creates an illusion of living fully while internally feeling empty and restless.

True fulfilment, according to positive psychology, comes from mindfulness and meaning. Instead of chasing endless experiences, individuals who slow down and reflect tend to find greater joy in smaller things- a meaningful conversation, a creative act, or moments of gratitude. Awareness helps us connect with the present rather than constantly searching for the next thrill.

To overcome this illusion, one must practice self-awareness. Asking simple questions such as “Why am I doing this?” or “What do I hope to feel?” can bring clarity. By learning to enjoy stillness, humans reconnect with their authentic emotions and needs. Real growth happens not in collecting experiences but in learning from them consciously.

In the end, the illusion of a full life teaches us an important truth – ‘more is not always better’. Chasing every experience may make life look complete from the outside, but inner fulfilment comes only through understanding, presence, and purpose. When we learn to value depth over quantity, we stop running after life and begin truly living it.

Subhashree U,  
II B.Sc - Psychology.

## **THE SCIENCE OF STRESS: UNLOCKING THE BIOLOGICAL HIJACK AND MASTERING IT**

“Stress is not just ‘Feeling Overwhelmed’. It is a biological survival system”

We often dismiss stress as a purely emotional state, a fleeting feeling of being overwhelmed or anxious. However, biologically, it is a complex survival system. It is a chain reaction of chemical and electrical signals that instantly transforms how your brain functions and how your body operates. When pressure hits, your brain undergoes a dramatic **"biological hijack."** The process begins in the **amygdala**, your brain's threat detection center. It sounds the alarm before you even consciously process danger, flooding your system with stress hormones like

**adrenaline and cortisol.** While this chemically prepares you to "sprint" or fight, it comes at a steep price: your **prefrontal cortex**, the center of logic and reasoning shuts down. To prioritize survival instincts, the brain diverts resources *away* from this critical area. This explains why decision-making crumbles and we "blank out" during heated arguments; we literally lose access to our higher-level thinking.

Not all stress is created equal. While short-term stress (or "Eustress") can actually boost performance and sharpen focus, **chronic stress** is dangerous. When the alarm never turns off, the body faces long-term decay. Persistently high cortisol levels suppress the immune system, disrupt sleep, and cause gut inflammation, eventually leading to burnout.

Fortunately, you can hack your biology to regain control. Since you cannot always control your external environment, focus on manual overrides to reverse the response:

- **Box Breathing:** Using the 4-4-4-4 rhythm signals the vagus nerve to physically slow the heart rate and lower blood pressure.
- **Movement:** Exercise is the most effective way to mechanically "burn off" excess cortisol and adrenaline.
- **Connection:** Socializing releases **Oxytocin**, a natural anti-stress hormone that actively counters the effects of cortisol.

Understanding that stress is biological, not just emotional, is the first step to mastering it.

**Subhrata Subhranjali**  
**III B.Sc. Psychology**

## **ROLE OF EDUCATION IN NATION BUILDING**

Education is a characteristic need and a basic human right of every individual. Education empowers humankind with all the aspects needed for survival. Education forms the backbone of every growing and developing nation that wishes to build a futuristic statehood.

Education is a basic right that must be provided to every individual so that they contribute to the well-being of society and sustain it. As the saying goes, "A man without education is like a building without foundation", highlights how education plays a vital role in our life. Education not only aids a degree but provides confidence, self-reliance, independence, wisdom, empathy and financial gain.

To build a nation, not only infrastructure or financial aids with political influence is sufficient. People or citizens with right mindset and literacy are essential. To explain this, Hate Crime: that are practical on grounds of prejudice and hatred towards a person's race, religion, identity, gender, disability and beliefs. How do we eradicate this? Well, spreading awareness and education to people have a broader view of thinking will aid this cause.

As Maulana Abu Kalam Azad once said, "Education makes a person needed to the society", education makes one understand how harmony, empathy and honesty is essential for a nation to be built and sustained.

Education helps the nation building process with moral values and practical values too.

Education not only enlightens a man with moral and ethical beliefs but also gives the essential knowledge required to develop and serve the society. With the tool of knowledge and expertise, various professionals contribute to building a smart and resourceful nation. Engineers build and contribute in technology, doctors provide health care, legal experts deliver justice, culinary professionals make good, interesting and provide nourishment at the same time, forensic experts build a bridge between law and science, and many more career paths not only benefit the individual but also the nation. Education and progress of nations go hand in hand. The more the developments are introduced, the more the ideas get cultivated, better the future will shine. Education or per se tool of knowledge builds the bridge between nation building and futuristic approach to a better society. Scholars like Abdul kalam Azad, pandit Jawaharlal Nehru, M Gandhi, BR Ambedkar and our forgotten freedom fighter who fought and dreamt of a future also had a common vision: nation building through literacy. Dr. RadhaKrishnan, hence, also marked their birthday for the teachers who are the pillars of our lives, they not only shape our minds but also pushed the students closer to their goals.

In today's digital world, knowledge and information is just a click away. This empowers the youth of every nation. Despite some issues and need to deliver education to every part of the world, education makes sure we don't lose any hope. Education not only aids in nation building but also contributes in making of youth that ultimately is the future of nation.

**Vibha Golekar**  
**I B.Sc. Forensic Science**

## RIDDLES

1. I have a head and a tail but no body? What am I?
2. you can catch me, but you can not throw me. What am I?
3. I have keys but I don't open lock. What am I?
4. I am the child of water. But if water touches me, I die. What am i?
5. why did the computer go to the doctor?
6. I have a bank. But I don't have cash. Who am I ?
7. the more you take of me, the more you leave behind. What am I?
8. I die when I drink and live when I eat. What am I?
9. I can travel around the world, while staying in a corner. What am I?
10. I'm the beginning of eternity, the end of time and space, the beginning of every end, and the end of every place. What am I?

Answers: 1. A coin, 2, cold, 3. Piano, 4. Salt, 5. It had a virus, 6. River, 7. Footsteps, 8. Fire, 9, stamp, 10. The letter E

**Inchara**  
**II BCA**

# SPOT THE LANDMARKS!

ADIMI      AUDITORIUM      DORMITORY      MONUMENT

ARBORETUM      CAMPUS      GYMNASIUM      PLAZA

ARENA      CAFETERIA      LABORATORY      QUAD

ARCHWAY      CHAPEL      LIBRARY      STUDENT UNION

ATHLETIC      DORM      LOUNGE      UNIVERSITY

L	A	B	O	R	A	T	O	R	Y	D	G	H
C	A	F	E	T	E	R	I	A	Y	A	E	F
Q	L	I	B	R	Y	Y	L	R	E	T	U	M
A	U	B	C	A	R	B	O	E	Y	H	J	O
C	H	A	P	E	L	T	U	N	A	L	T	N
T	I	I	D	J	I	S	N	A	W	E	N	U
O	D	K	O	M	U	M	G	C	H	T	E	M
R	U	L	R	P	I	N	E	R	S	I	T	Y
I	A	O	M	O	P	N	V	A	Y	C	V	W
U	D	A	Q	R	S	T	I	P	L	A	Z	A
M	C	X	Y	G	Y	M	N	A	S	I	U	M
S	T	U	D	E	N	T	U	N	I	O	N	P

*P JENNIFER BCOM FINAL YEAR*

# A Fresher's First Step

*By a hopeful heart in a new world*



A little nervous, not too much,  
Just a quiet flutter, a gentle touch—  
Of fear that fades when faces smile,  
Though strangers now, just for a while.



New walls, new halls, new skies above,  
But I walked in full of dreams and love.  
Not to claim it, not to own,  
Just to find a place I'd call my own.



"They said, 'It's Freshers Day—go shine!'"  
And so I did, made that stage mine.  
With mic in hand, I found my voice,  
Anchored the day—my heart rejoiced.



They made me CR, a little lead,  
A guiding hand, a friend in need.  
The teachers knew my name so soon,  
I smiled beneath the college moon.



Still waiting for the rest to bloom,  
For laughter loud in every room.  
To dance in fests, to write my part,  
To build a world, heart by heart.



The seniors—President, VP, and crew,  
So warm, so kind, so full of hue.  
I dream of bonds that time will grow,  
In this place where I'll learn, and glow.



So here I am, not lost, just new,  
With eager steps and skies to view.  
I came to belong, not to take—  
To love, to live, to give, not fake.

**Harshitha N**  
BSc Forensic Science  
1st year

## The Muse's Corner- Faculty Creative Collection

### HEROES, LESSONS, AND LIFE: WHAT THE MAHABHARATA TEACHES TODAY'S YOUTH"

The *Mahabharata* is not just an ancient epic; it is a timeless guide to life, offering lessons in education, courage, facing challenges, and respect. While many of us are familiar with its principal characters such as Arjuna, Krishna, and Karna, the epic also introduces rare and unique personalities whose stories teach extraordinary values relevant even to today's generation of college students.

At its core, the *Mahabharata* is about the struggle between dharma (righteousness) and adharma (unrighteousness), and it showcases how human beings face challenges in the journey of life. One of the most enduring lessons of the epic is the importance of education. In the Mahabharata, education is not limited to academic learning but extends to **moral, ethical, and spiritual development**. For instance, the Pandavas were trained in martial arts, statecraft, archery, and moral philosophy under the guidance of Dronacharya. This multi-dimensional "Young Minds, Bold Hearts: Navigating Life's Challenges with Integrity" learning made them not only skilled warriors but also wise decision-makers. The story encourages young readers to value knowledge in all its forms-be it intellectual, emotional, or practical skills, highlighting that education is the foundation of courage and moral strength.

**Bravery** in the Mahabharata is portrayed not merely through battlefield heroics but through the courage to uphold truth and righteousness, even in the face of personal loss. Arjuna, the great archer, faced moral dilemmas on the battlefield of Kurukshetra, hesitant to fight against his own kin. His inner conflict and the guidance he received from Krishna in the form of the *Bhagavad Gita* teach us that true bravery involves facing our fears, questioning ourselves, and taking the right action despite emotional and psychological challenges. Similarly, Bhishma, the grandsire of the Kuru dynasty, exhibited extraordinary courage by committing to a lifelong vow of celibacy and loyalty, demonstrating that courage also comes in the form of discipline, patience, and sacrifice.

**Life is full of challenges**, and the Mahabharata offers numerous examples of resilience. Draupadi, the queen of the Pandavas, faced humiliation and adversity with remarkable dignity and strength. Her ability to remain steadfast in her values, demand justice, and maintain her

integrity in extremely trying situations serves as a profound lesson for students today: challenges are inevitable, but one's response defines character. Another inspiring figure is Yudhishtira, whose journey was riddled with tests of morality, patience, and leadership. He taught that integrity and ethical decision-making should never be compromised, even under immense pressure.

**Respect** is a cornerstone of the Mahabharata's teachings. Respect for elders, teachers, peers, and even adversaries is repeatedly emphasized. Karna, often remembered for his valor and generosity, is a rare and unique character whose story is both inspiring and tragic. Despite facing social stigma for being born to a charioteer family, Karna remained loyal, generous, and honorable. His respect for friendship and loyalty, particularly towards Duryodhana, teaches that respect and ethics must guide our actions, even in complex circumstances. Likewise, Vidura, known for his wisdom and integrity, exemplified respect for dharma and truth, often advising the kings wisely, even when his advice was ignored.

Among the lesser known but fascinating characters is Barbarika, sometimes called Khatushyamji in folk traditions. Barbarika, the grandson of Bhima, had a unique boon that he could end any war single-handedly. However, he displayed remarkable humility by surrendering his weapons to Krishna before the battle, recognizing that loyalty to Dharma and the greater good surpasses personal glory. His story reminds students that humility and selflessness are as important as strength and skill.

The Mahabharata also teaches that common people, often overlooked in grand narratives, play crucial roles. Figures like Ekalavya, who mastered archery through dedication and self-learning without formal instruction, exemplify perseverance and the spirit of independent learning. Though his sacrifices were immense, including giving away his thumb to honor his teacher's expectations, Ekalavya embodies the principle that education and skill can be pursued relentlessly, even in adverse circumstances.

For young college students, these lessons are highly relevant. Education in today's world is not just about exams and grades; it is about building knowledge, values, resilience, and ethical awareness. Bravery is not only fighting external battles but also standing up for what is right in daily life. Facing challenges with patience and integrity, as demonstrated by characters like Draupadi, Yudhishtira, and Karna, can guide students through academic pressures, social dilemmas, and personal struggles. Respecting peers, mentors, and diversity helps build a

harmonious community, mirroring the ideals portrayed in the epic.

Moreover, the Mahabharata encourages reflection. The dilemmas faced by the characters often mirror real-life ethical and personal choices, urging students to think critically about decisions and consequences. It highlights that life is a combination of knowledge, courage, respect, and resilience, and the path to success and fulfillment lies in balancing these virtues.

**In conclusion, the Mahabharata is more than an epic; it is a manual for life,** guiding young minds toward wisdom, courage, and moral strength. Its stories of education, bravery, facing challenges, and respect are timeless, and the rare and unique characters like Karna, Barbarika, Ekalavya, and Vidura provide inspiration that is both relatable and aspirational. For college students, absorbing these lessons can shape not only their academic journey but also their personal growth, encouraging them to become not just successful professionals but also conscientious, brave, and respectful individuals. The Mahabharata, therefore, continues to be a beacon of learning, courage, and moral guidance, illuminating the path for generations to come.

**Dr. S. RAJI**  
Dean Academic

### **Machar Khaogi? 🦋 🦋 🦋**

Who said learning a new language is easy 😊? Growing up in a southern state that resisted Hindi, my only exposure came through Door Darshan from those iconic soaps of the 80s: *Buniyaad*, *Hum Panchi Ek Dal Ke*, *Fauji*, and *Circus* (who knew its hero would one day rule Bollywood).

Back then, TV time was rationed. Homework first, chores next, then maybe a peek at the screen at the news time or a special treat on Fridays when we will get to watch plenty of black and white movie songs for thirty minutes. The telecast started at 6 in the evening and ended at 10 at night. Only during weekend, we get to have a bonus Movie. While others admired sarees and jewelry, I was hooked on to words. My favourite Hindi phrases ‘Nahi, Chup Raho, Aao, Jaao’ made me feel powerful 🤪.

Decades after, marriage, relocation, and a new life in Bangalore made me life more complicated. My spine troubles meant I needed domestic help. Friends suggested Bengali or

Nepali maids who worked lightning fast. Most of them spoke Hindi. Thus entered Binodhini, or Bino, who spoke a delightful mix of Bengali, Hindi, and Nepali. My colleagues teased: “Party shuru karein!” They knew my Hindi was laughable, not to speak of my Kannada that was pathetic 😊.

The first days were chaos. Bino’s sentences blended three languages and mine was rusty “serial Hindi.” I would ask friends daily for translations. Numbers confused me (pandhra vs bhara 🤔). Sometimes I made Bino speak to ChatGPT or Gemini to get the translation. Eventually, we invented our own system- Signs, broken words, and endless laughter.

She would say, “Didi ko nahi samja” (Didi didn’t understand 😊). I would tease her with “Chalo Bino, jadoo shuru karo!” She’d laugh and correct me: “Jhadoo bolna hai, Didi!” Honestly, I still don’t get the difference 🤔.

Despite her struggles of getting married at the tender age of 16, working in 8 houses from dawn to dusk, supporting her son back home to provide him with proper education that she did not receive, Bino was always sunshine. A candle lighting every room 🕯️.

One day, I fried sardines. Knowing she rarely gets to eat non-veg. She could not afford to eat non vegetarian food frequently as it would mean adding a hole to her purse. I offered some to her as I could sense her love for meats. Nervously, I asked, “Bino... tum Machar khaogi?” 🐟 She froze. Stunned, half-laughing, half-confused. I repeated, embarrassed: “Don’t take it badly... if you don’t want, no problem.” (In my locality, domestic helps take offence if we offer food to them!!!) She still did not understand. Then I mimed a fish swimming 🐟 in a bowl of water. Suddenly, she burst into laughter 🤣. And it hit me. OMG! I should have said Machli khaogi, not Machar khaogi!

From that day, “Machar khaogi?” became our secret joke. Every fried fish carried that memory. It wasn’t just a slip of the tongue. It was proof that language barriers can dissolve in humor and kindness ❤️. Her “Nepalindi” and my “Tele-Hindi” collided, but we built bridges with broken words and silly gestures.

What mattered wasn’t perfect grammar. What mattered was connection. What mattered was laughter echoing louder than mistakes. So, tell me... *Tum bhi Machar khaogi?* 😊

## **BIG BROTHER'S EMPIRE IS SINKING**

It is well known that Trump, in his desire to make America great again, is targeting even his own country's corporate institutions, questioning how much money they invest here. Trump is a businessman. He knows very well that business doesn't work like this. This is a disappearing drama. Two major events in the past few days have proven that this farce that has been going on for a few months is a drama.

Apple CEO Tim Cook announced plans to invest \$500 million in China after speaking to China's Minister of Information and Technology on October 15. A day earlier, Google's parent company Alphabet announced that it would open a major AI data center in Visakhapatnam, India, with plans to invest \$15 billion over the next five years.

The decree has been issued that companies should invest in America, and two giant companies there are going against their word and investing in China and India. In particular, the AI data hub to be set up in Visakhapatnam, India, will attract the world's attention. When we look into the reasons why these two companies went to the extent of violating the word of their country's president, what comes to light is not rocket science. Business is based only on profit. The simple principle that we all need to understand is that if there is no cash flow, whether it is a company or a small family, it is certain to collapse.

While it is a fact that investing in India and China brings profits, the eco-system required to conduct such business is present in these countries today. In America, that atmosphere is more likely to disappear than to grow. The fact that India and China have 35 percent of the world's population creates a very large market. Today, the population of China and India is no longer just a number. Their purchasing power has increased significantly. With the decline in population in Europe, the countries there are rapidly moving towards aging. The previous eco-system is no longer as robust in America.

Thus, when we compare the situation of all the countries in the world, China is at the top and the world sees India rising as well. The gap between India and China remains substantial. China's infrastructure development, regulatory efficiency, and manufacturing capabilities have given it significant advantages that India is still working to match.

The main reason for this is the extreme independence in India. If we have to implement a task in our country, we face hundreds of obstacles and worries. The work that takes us years can sometimes be done in China in a week or days. Speed and accuracy have taken them to that level.

### **The Coming Shift**

Western dominance could gradually shift toward Asian countries. Some upheavals will also

occur during this transition period. First, American business houses will start investing elsewhere. We are already witnessing this. In the second phase, China, India and the BRICS countries may increasingly conduct trade in alternative currencies rather than exclusively in dollars. We can already see some movement in this direction.

According to SWIFT data, the US dollar still accounts for approximately 65 percent of global payment transactions and remains the dominant reserve currency. However, this could see gradual decline in the coming years as countries diversify their reserve holdings. There could be downward pressure on the dollar value in the next two years, though the extent remains uncertain.

The dollar has maintained its strength for several key reasons: it remains the world's primary reserve currency, the US has deep and liquid financial markets, and most international debt is denominated in dollars. Additionally, most countries in the world have stored their reserves in dollars. If the dollar falls sharply, all the countries that have such reserve currencies will suffer losses. Thus, they slowly liquidate their dollar holdings over time rather than making abrupt moves.

When another strong global currency emerges or when a basket of currencies gains wider acceptance, countries may exchange their reserve money for those alternatives. The dollar could face significant depreciation over time. Some analysts suggest it could reach ₹40 per USD within five years if current trends continue, though such predictions remain speculative.

#### Gold, Markets, and Uncertainty

Many countries including China and India have already started buying gold. According to the World Gold Council, central banks have been net purchasers of gold, adding significant tonnage to reserves in recent years. The price of gold typically increases during times of social instability and currency uncertainty.

Traditionally, when the price of gold increases, the stock market often sees a decline, and the PE ratio (price to earnings) typically falls as well. But today's situation is different and somewhat unusual.

Gold prices are rising, yet the market has not fallen proportionately. The PE ratio remains elevated. This is a situation where there is both sunshine and rain—contradictory indicators appearing simultaneously. Historically, such anomalies don't persist for extended periods. Eventually, one trend typically prevails.

In this context, the US stock market could see a 20 to 30 percent correction in the next 12 to 14 months. This would likely have an impact on all the stock markets of the world. At a time of power transition, and especially when the global economic order is shifting, such corrections

are difficult to avoid.

Those who have invested in India need not worry excessively. Corrections are typically followed by recoveries in emerging markets with strong fundamentals. Those who have invested in America should evaluate their positions carefully, as the stock market there may face headwinds in the first half of the year.

Currency devaluation could compound these effects. Due to both these factors, investments could face significant volatility. Indians who want to return to India and investors who have allocated heavily to the American stock market should be cautious at this time. They should pay attention to the points written here and understand how much they will affect them and take action accordingly.

The Bottom Line

Leave all other points aside, as they require time and technical analysis to understand fully. One central point deserves attention: America has finished its prime time. The economy faces structural headwinds. The fact that major institutions are investing substantially in India and China, even beyond the preferences of the President, reflects fundamental economic realities and the pursuit of growth opportunities in emerging markets.

**By Ramesh G E**

**Assistant Professor**

**SEA College of Science, Commerce and Arts**

### **DARE TO DREAM**

Close your eyes and let your imagination fly away.

See a picture of where you wish to be one day.

Let the colors of your heart take command,

To paint the picture of your dream and place it in your hand.

Hold on tightly and nurture it, but allow it room to grow;

When you reach your dream, open your hand and let it go.

Close your eyes and search for another, caring for it as before.

Never stop searching, achieving and letting go.

For that's what dreams are for!!!

**M.Ramya**

**Assistant professor**

**Department of Computer Science**

## **BALANCING INNOVATION AND RISK IN HUMAN AUGMENTATION**

In rapid technological advancements, human augmentation acts as a frontier that blurs the lines between biology and technology. At its core, human augmentation refers to the use of technology to enhance the physical and cognitive abilities of individuals. Millions of people are already interacting with human augmentation technologies to improve their lives and body functions. For example, focus on recreating human functions that are almost depleted, Prosthetics (artificial device) can replicate amputated legs or fingers.

### **What is Human Augmentation Technology?**

Human augmentation technology is an invention that enhances human capabilities, elevating human health and quality of life.

### **Types of Human Augmentation Technology.**

#### **1. Replicating Human Abilities**

Human augmentation technologies that can replicate human abilities. For example, **Naked prosthetics** is one company that has leveraged the power of human augmentation to develop finger prosthetics for people whose fingers have been amputated.

#### **2. Supplementing Human Ability**

Enhancing existing human abilities by giving extra strength, better vision, endurance, or other augmented capabilities. One of the most captivating aspects of human augmentation is its ability to significantly improve quality of life. An emerging brain-computer interfaces (BCIs) hold the promise of helping those with neurological conditions communicate effectively, expanding their capacity to engage with the world around them.

#### **3. Augmentation action**

The focus here is on improving human physical abilities. Thus, the technology is designed to help human performs more precise functions, for example by using robotics.

### **Risk in human augmentation:**

**Unknown long-term effects:** Gene editing, neural implants, and prosthetics may cause unforeseen physiological or neurological consequences over time.

**Device malfunction:** Augmented limbs, brain-computer interfaces (BCIs), or implanted sensors can fail, leading to injury or dependency.

Bio-compatibility issues: Implants may cause infections, immune rejection, or chronic inflammation.

Cognitive overload: Enhancements that increase information intake or processing could produce mental fatigue or burnout.

### **Conclusion:**

Human augmentation can improve quality of life, enable new capabilities, and revolutionize medicine and industry. However, without careful governance and ethical frameworks, it risks compromising autonomy and privacy, and producing unforeseen physical and psychological harms.

**Ms. MALINI.S**  
**Assistant Professor,BCA**

## **PREMATURE SCALING DECISIONS**

### **A SPECIFIC AND COMMONLY CITED ERROR IN ENTREPRENEURSHIP**

#### **Premature Scaling:**

Premature scaling refers to the expansion of operations, hiring, marketing, or infrastructure investment before a startup has achieved product-market fit or established a stable, repeatable business model. It is the temptation to grow Fast without validating whether the product truly meets market needs.

There are common causes for this premature scaling like,

- ✓ Overconfidence in early traction or feedback.
- ✓ Investor pressure demonstrates rapid growth.
- ✓ Misinterpretation of early success, such as temporary spikes in user interest or media attention.

After analyzing these causes startups can identify the premature scaling in many ways as mentioned below,

- ✓ Aggressive hiring before revenue can support the team.
- ✓ Large marketing spend without understanding the customer.
- ✓ Building out infrastructure that exceeds current demand.
- ✓ Expanding to new markets before securing the current one

As a result, startups can face challenges in growth. It often leads to quickly spending money without enough steady income to support the business. As the team and resources are stretched, operations become messy and unfocused. This rushed growth can also cause confusion among

team members, lowering morale and productivity. Larger operations are harder to change, making it difficult to adjust to customer needs or market shifts. As a result, premature scaling can turn small problems into major threats that put the entire business at risk.

## STRATEGIES TO AVOID PREMATURE SCALING

### 1. Validate Product-Market Fit

Before scaling, it's crucial to confirm that your product truly solves a problem customers care about. This means gathering real feedback from users and ensuring there's consistent demand. For example, Dropbox initially tested its core product with a small group of users who showed strong engagement before investing heavily in marketing and infrastructure. Skipping this step can lead to scaling a product that doesn't meet market needs, wasting resources.

### 2. Focus on Sustainable Growth

Instead of rushing to grow as fast as possible, prioritize steady growth that matches proven customer demand. For instance, Basecamp grew organically by focusing on customer satisfaction and retention, avoiding the pressure to scale rapidly with external funding. This approach helps maintain quality and reduces operational chaos.

### 3. Make Data-Driven Decisions

Rely on concrete metrics and customer insights rather than gut feelings or external pressure. For example, Airbnb continuously analyzed user behavior and booking patterns before expanding into new cities. This helped them allocate resources efficiently and avoid overextending prematurely.

### 4. Adopt an Iterative Approach

Startups should use a cycle of testing, learning, and refining their products and business models. Amazon famously started as an online bookstore and gradually expanded its product offerings based on customer data and feedback. This allowed Amazon to grow sustainably without overcommitting resources early on.

### 5. Control Costs and Cash Flow

Managing expenses is vital to avoid running out of money. Many startups fail because they scale operations and hire before generating enough revenue. For example, Instagram kept a small, focused team and lean operations in its early days, which helped them maintain a healthy runway until they found product-market fit.

### 6. Build a Strong Core Team

Hiring thoughtfully ensures the team stays aligned with the company's vision and culture. Over hiring too soon can dilute culture and cause communication breakdowns.

## 7. Stay Flexible and Ready to Pivot

Keeping operations agile allows startups to adjust quickly based on market feedback. Twitter began as a podcast platform called Odeo before pivoting to micro blogging after seeing user behavior. This Flexibility prevented wasted investment in an unviable model and allowed them to scale successfully in the right direction.

### **Conclusion:**

Premature scaling is a dangerous trap for entrepreneurs. The pressure to grow fast can lead to unsustainable practices. True success lies not in how fast a startup grows, but in how well it grows. By focusing on solving real customer problems and building a strong foundation first, entrepreneurs can avoid this common pitfall and build lasting ventures.

**Ms. Vidhya HK**  
**Assistant Professor,**  
**S.E.A College of Science, Commerce and Arts**

## **BECOMING YOU: THE JOURNEY OF YOUNG ADULTS IN A DYNAMIC WORLD**

Youth aged 18 to 24 stands at a powerful intersection of possibility and uncertainty. These years are often described as the most defining phase of life, a period where individuals begin shaping their identities, exploring ambitions, questioning long-held beliefs, and preparing to step into independence. In today's dynamic world, this journey is even more layered, influenced by rapid technological change, evolving social norms, and the constant push to carve out a meaningful life.

### **The Search for Self**

The transition from adolescence to adulthood is not sudden; it unfolds gradually as young adults experiment with choices, relationships, and personal values. Many describe this period as "figuring out who I really am," a process influenced by education, friendships, family expectations, and personal reflection. Identity becomes less about what others expect and more about what feels authentic. This is the age where passions take shape, boundaries are tested, and a sense of individuality emerges.

### **Education, Careers, and the Weight of Future Decisions**

For many, college and early careers form the backbone of this phase. New academic environments expose young adults to diverse ideas and worldviews, but they also introduce pressure:

- What career should I choose?

- How do I stand out?
- What if I fail?

In a fast-changing job market, these questions feel heavier than before. Yet this period also brings tremendous freedom to explore internships, new skills, creative work, and entrepreneurial dreams. It is a space where curiosity often matters more than certainty.

### **Emotional Well-being in a Connected Age**

Mental health has become one of the defining concerns for today's youth. With rising academic expectations, financial strain, and the constant comparison culture of social media, many young adults experience anxiety and self-doubt. Still, this generation is remarkably self-aware. Conversations around therapy, mindfulness, emotional literacy, and boundary-setting are no longer taboo. Youth are learning that seeking help is a form of strength, not weakness.

### **Relationships, Belonging, and the Need for Connection**

Between 18 and 24, friendships often deepen into chosen family. These relationships provide affirmation, companionship, and a sense of grounding during times of uncertainty. Romantic relationships, too, mature as young adults learn the nuances of communication, trust and mutual respect.

Many seek authenticity above all else. In a world of curated digital personas, genuine connection feels both rare and essential.

### **Navigating the Digital Landscape**

Technology shapes nearly every aspect of a young adult's life. From online learning to creative expression, from career networking to activism, digital platforms expand opportunities like never before. But they also bring challenges like Information overload, social comparison, Digital fatigue etc.

Striking a balance between online presence and offline life is becoming a crucial skill. Youth today are learning to use technology with intention while protecting their well-being.

### **Purpose, Values, and Redefining Success**

Unlike previous generations that often-prioritized stability, today's young adults seek purpose-driven lives. They care deeply about social issues, sustainability, fairness, and mental health advocacy. Many aspire to careers that reflect their values, not just financial goals. This moral consciousness is shaping a generation that is empathetic, informed, and unafraid to question outdated norms.

### Resilience in a Changing World

The journey of becoming an adult has never been linear, but modern youth face an especially fluid world. Economic shifts, global challenges, and technological advances continue to redefine what the future looks like. Yet the resilience of today's youth stands out.

They adapt, learn, unlearn, rebuild, and continue moving forward with remarkable courage. Their strength lies not in perfection, but in the ability to grow through uncertainty.

If you are in this age group, **remember**: you are becoming, not arriving. It is normal to feel unsure, to change paths, to question yourself, and to learn through trial and error. **Growth happens in exploration.** Give yourself permission to be a work in progress.

Supporting young adults means listening without judgment, offering guidance without control, and creating spaces where they can dream boldly. When society invests in youth, it invests in its own future.

This is the journey of becoming you: **layered, challenging, beautiful, and uniquely yours.**

**Ms. Shashikala Ramesh**

**Assistant Professor-Department of Computer Science**

### THE ROLE OF MEDIA IN DEMOCRACY AND DEVELOPMENT

The power of speech is one of humanity's greatest gifts, and the freedom to express one's thoughts is a right held in the highest regard by democratic nations. In this context, the media occupies a central place. It informs citizens, shapes public understanding, and connects people to the world around them. While access to the internet and mobile technology continues to expand — even in fragile states — traditional platforms such as radio and television remain vital sources of information for many communities. In any democracy, journalism is indispensable to the healthy functioning of society, as it serves as a watchdog, scrutinizing those in power and ensuring that governance remains transparent and accountable.

A free press is often described as the "Fourth Estate," a pillar that supports democratic life by keeping citizens informed and engaged. Without it, people would be left without the knowledge needed to participate meaningfully in civic decision-making. This principle is recognized globally; even the First Amendment of the U.S. Constitution explicitly protects freedom of the press. Journalism's role extends far beyond reporting daily events; investigative journalism, in particular, exposes unethical practices, corruption, and misuse of authority. By bringing such issues to light, the media strengthens public trust and reinforces ethical conduct among elected representatives. Journalists also amplify the voices of underrepresented communities, foster

meaningful public dialogue, and create space for democratic participation. In this way, journalism does not simply inform, but shapes public opinion, encouraging citizens to think critically about their society and government.

Within the broader system of checks and balances — the executive, legislative, and judicial branches — journalism functions as an informal yet essential safeguard. To fulfill this responsibility, journalists must remain fair, accurate, and committed to truth. Their work demands integrity, independence, and a willingness to question power without fear or favor. As Nick Toso aptly notes, “Quality journalism is key to a healthy, functioning democracy.” The role of journalism as a “watchdog” is fundamental, as it serves to ensure that power is exercised responsibly and transparently.

Even if the press can perform only its most basic function which reporting on matters of public interest, it nevertheless acts as a promoter of transparency, openness, and accountability. Governments (even repressive ones) and the private sector often dislike negative press coverage. Though governments may try to suppress unfavorable reporting through legal or illegal means, this is rarely a sustainable long-term strategy. In fact, such efforts often hasten the erosion of public confidence in the government. Therefore, when the press performs its role effectively, it not only holds power accountable but also fosters a broader culture of transparency and openness.

If the press can fulfill its various roles as a watchdog, detective, educator, and advocate for good governance, it can serve as a catalyst for democracy and development. The public supports a press that reports accurately and provides reliable news and information about matters of public concern. As public support for the media grows, governments come under pressure to be more transparent and accountable. Over time, governments learn how to respond appropriately to press criticism, opening space for more sophisticated and constructive government-media relations. In this way, the government comes to view independent media as an essential vehicle for communicating with the public and for gauging popular sentiment.

The role of the media extends beyond political governance; it is also intertwined with socio-economic development. Several post-independence African governments, for example, have used the mass media as a tool for national consolidation, development, and even authoritarian control. The media's reach was extended to rural areas, ostensibly to promote development, but in practice, it often served as a means of state control. This government-controlled media

model, however, is far removed from the ideal of the press as a catalyst for democracy and development. When the media is strong and independent, it better fulfills its various roles, thereby ensuring that the public is more informed about issues of public interest. The more the public is informed, the better equipped it is to hold public power accountable and engage in governance, whether through voting, consultations, or other forms of civic participation.

A government of an informed citizenry is more capable of focused, effective decision-making because there is a free flow of information that enhances transparency. As the former president of the World Bank, the late James Wolfensohn, noted, "A key ingredient of an effective development strategy is knowledge transmission and enhanced transparency." To reduce poverty, it is essential to liberate access to information and improve the quality of that information. People with more information are empowered to make better choices, and this is why a free press is not a luxury — it is fundamental to equitable development. The media not only exposes corruption but also keeps a check on public policy by spotlighting government actions. It enables diverse voices to contribute to discussions on governance and reform, thereby helping to build public consensus for change.

The media's role in democratic development and governance cannot be overstated. It provides the platform through which citizens can participate in democratic processes, ensures the transparency of public officials, and empowers individuals to make informed decisions about their society and government. Without a free and independent press, the foundation of democracy and effective governance would be compromised.

**Ms. Nandhini V**

**Asst Professor- Journalism**

### **THE HAUNTING OF MEMORIES OF FADED FRIENDSHIPS**

Friendship is many times described as one of life's most valuable treasures. We step the ladder of life believing that the bonds we build will last forever, that Shared happiness and secrets will echo through the years unchanged. Yet, as time passes, many of us find ourselves haunted by memories of old friends who no longer speak to us.

Memories of old friends carry a different deep emotion. They are not just any old memory, but recollection of who we were. A song, a photograph, or even a Known street corner can remind us of those shared adventures, the late-night talks, silly jokes and the comfort of knowing that someone understood us without explanation. But nostalgia is bittersweet. It makes us recall the joy, yet undermines the silence that now exists. The haunting lies not in the memory itself, but in the absence of continuation.

Friendships need not have dramatic endings. More often they just fade away over time as life progresses ahead, like life transitions, moving to different cities or countries, changing jobs, or even starting families. Shifting priorities can mean what once brought us together may no longer align with our current needs and future plans. Unspoken misunderstandings are another factor; small things left unaddressed can cause huge misunderstandings over the period of time. The haunting comes from the lack of closure. Unlike romantic breakups, friendships often fade without a clear ending, leaving us wondering what went wrong.

Old friends become ghosts in our lives, not in a supernatural sense, but as lasting impressions. They exist in our habits, our stories, even in the way we enjoy small little moments. We may find ourselves sharing experiences that begin with, "*I had a friend who ...*" only to feel the pain of them being gone. These ghosts remind us that relationships are living entities. When neglected, they wither, but their impressions will last forever.

To live with these haunting memories is to accept that not all friendships are meant to last forever. Instead of mourning their absence, we can honor the role they played by acknowledging their contribution in shaping us. We can release the guilt, understanding that distance doesn't always mean failure; many times, it's growth. We can stay open to reconnection, as life is unpredictable, and we might meet them again. The haunting of old friendships is not a curse but a reminder of our capacity to connect deeply. Even if silence now fills the space, the memories remain proof that we once loved, laughed, and belonged. To be haunted is to be human. It means we have shared a strong bond which is enough to carry memories of them within us.

**Ms. Neha Fathima,**  
**Assistant Professor, Department of Psychology.**



ALUMNI REFLECTIONS

## ***Alumni Reflections***

Step into the vibrant echo chamber of time with *Alumni Reflections*, a spirited celebration of voices that once filled the classrooms, walked the corridors, and brought life to every corner of S.E.A, College of Science, Commerce, and Arts.

This electrifying section of our magazine brings to life the memories, musings, and milestones of our cherished alumni. With every word, they take us on a nostalgic ride, recounting the joy of campus fests, the adrenaline of last-minute submissions, the warmth of mentorship, and the friendships that still stand strong. Their reflections are not just stories—they are living proof of the college’s indelible imprint on their lives.

But *Alumni Reflections* doesn’t stop at sentiment. It soars with pride! This edition shines a spotlight on our **Alumni Achievers**, the trailblazers who are making waves across industries and communities. From innovators and entrepreneurs to educators and social changemakers, these stars are the pride of S.E.A, proving that the seeds of success were sown right here. It is more than a feature, it is a reunion of hearts, a celebration of dreams realized, and a beacon for those yet to embark on their journey. To our alumni, you may have flown far and wide, but your story is forever etched in the soul of S.E.A.

### **ECHOES FROM THE HALLS OF S.E.A.**

The memories come rushing back- laughter in the corridors, inspiring lectures, and the thrill of college events that brought everyone together. In this heartfelt section, our alumni look back on their time at S.E.A College with warmth and pride. Their reflections are a tapestry of friendships, lessons, and turning points that helped shape who they are today. Each story is a tribute to the enduring spirit and impact of their alma mater.

**NAME: OPIO ALBERT WILLIAM**  
**BATCH :2008-2011 B. Com**  
**FIRST INTERNATIONAL STUDENT BATCH**  
**MARKETING AND LEASING- IN CHARGE**  
**KNIGHT FRANK FACILITIES MANAGEMENT**

Namaste! My time in S.E.A College of Science, Commerce, and Arts started in 2008 and was nothing short of amazing. I definitely went through a period of cultural shock, and new learnings of the environment. I was adaptive and learnt more of the cultural. Upbringing of many South East Asians. I loved the food, hot and



spicy but really delicious. I really loved the events and festivals and the energy in celebration, from Diwali, Onam, and many others. This diversity is what makes India special. You won a place in my heart, and am glad I was part of the first batch of foreign students. I wish you all the very best and continue impacting destinies.

**NAME: BBOSA FRANK**  
**BATCH 2008-2011 BCA**  
**CURRENT POSITION:IT TECH SUPPORT**  
**ENGINEER**

Life at South East Asian College was a transformative and enriching experience. The diverse community of students and faculty created a vibrant atmosphere for learning and growth. The engaging curriculum and extracurricular activities helped me develop both academically and personally. Whether it was participating in campus events, forming lasting friendships, or gaining knowledge in specialized fields, my time at the college shaped my journey and prepared me for future challenges.



**NAME: YESHWANTH KUMAR 2009-2012**  
**DEPARTMENT OF ELECTRONICS**  
**CURRENT DESIGNATION- INFRA TRANSFORMATION MANAGER**



The year 2012 marked a monumental milestone in my life-the year I graduated from S.E.A College of Science, Commerce and Arts. This place, forever etched in my heart, was more than just an institution; it was a sanctuary of growth and discovery. The college, with its evocative name, invited us to explore not just the "South" and "East," but also the "North" and "West," guided by the unwavering support of its incredible staff. My professors, friends, and the entire S.E.A. community played an indispensable role in shaping the person I am today and success I hold. Their wisdom, kindness, and encouragement were the pillars that supported me through my journey. Each lecture, each conversation, and each shared moment contributed to a tapestry of memories that are easy to remember but hard to forget. S.E.A College is a compass, pointing me towards new horizons and helping me carve out my own path. It set benchmarks for excellence and inspired me to strive for greatness. The bonds I formed and the lessons I learned there are treasures I carry with me always. Reflecting on those days fills me with a profound sense of gratitude and nostalgia. S.E.A .College wasn't just a chapter in my life; it is the foundation of my story, a place where dreams were nurtured and futures were forged.

**NAME: OBIORA CHUKWUSIKO ONONYE**  
**BATCH 2009-2012 B.C.A**  
**ENTREPRENEUR – LEATHER GOODS AND**  
**ACCESSORIES LAGOS, NIGERIA**

My time at South East Asian College taught me skills and values that I use to this day in our family's leather craft business. The college helped me learn how to stay creative and work hard while keeping our traditions alive. I'm grateful for the friendships forged, guidance given and lessons learned I gained during those years. Currently I work with the rest of my family in our business making leather good and accessories in Lagos, Nigeria.



**NAME: NAYANIKA MAZUMDAR**  
**B.A. M.A-Economics**  
**CURRENT DESIGNATION- MIGRATIONS MANAGER**  
**AT HSBC**

Being in S.E.A. was an experience I could have never imagined because I went in with a very sceptical mind but the entire experience was the absolute opposite. The people I encountered were gems in the real sense. Everyone was supportive and encouraging of one and other. Always ready to help everyone grow regardless of whether they were close or not. Same for the teachers as I found the most supportive and motivating bunch of teachers who are truly selfless and always aim at providing the students with the best. It's one of the institutions that might not have the fanciest of things but was the best academic experience for me.



**NAME: SHILPI SAH**  
**MC 2023-25**

My experience at SEA College of Science, Commerce and Arts has been extremely positive. The college provides a supportive learning environment with knowledgeable and approachable faculty. Classes are well-organized, and the teaching methods make concepts easy to understand. The campus atmosphere is friendly, and there are good opportunities for students to grow academically and personally. Overall, I'm truly happy to be a part of this institution and appreciate the guidance I receive here.

**NAME: Geetha B R**  
**MC 2022-24**

I am Geetha B R and I really enjoyed my time at SEA College of Science, Commerce And Arts. The professors in the MCA were very good, As class are engaging and insightful. The campus has great facilities, like the library and also they provide Wi-Fi in campus . Overall, I'd recommend this college for its strong academics and vibrant campus life."



**NAME: NANDA KUMARI B, MCA 2023-25**

My name is Nanda Kumari B, and I have successfully completed my Master of Computer Applications (MCA) at S.E.A. College of Science, Commerce & Arts, KR Puram. My experience during the MCA program was highly enriching and career-oriented, as the course provided strong knowledge in programming languages, database management systems, web technologies, and software engineering.

Through practical lab sessions and my final-year project, I gained hands-on experience in developing real-time applications and enhancing my analytical and problem-solving skills. The college offers good infrastructure with well-equipped computer labs, a well-stocked library with technical books and journals, spacious classrooms, and a peaceful campus environment that supports academic growth. The professors are knowledgeable, supportive, and focus on both theoretical concepts and practical implementation, guiding students in projects, seminars, and career preparation. The fee structure for the MCA program is reasonable and semester-based, providing good value for the quality education and facilities offered. Overall, completing my MCA from this institution has strengthened my technical skills, confidence, and readiness for a professional career in the IT industry.

**NAME: MR. PRAKASH PS**  
**BCOM. BATCH 2022-2025**  
**PURSUING CMA**

My time in S.E.A College of Science, Commerce and Arts started in the year 2022-23 till 2025.

It was a transformative journey, blending rigorous learning with unforgettable friendships and newfound independence. It was a vibrant, fast-paced chapter that built confidence, fostered creativity, and shaped future through diverse experiences. These memorable years are truly a blend of personal



growth, fun, and preparation for life. Creating lasting memories and deep friendships. Developing independence, maturity, and confidence. S E.A College gave me Opportunities to explore interests, skills, and new passions it was a perfect mix of academic learning and enjoyable and memorable activities.

**Name: Pragathi N**

**Course: BBA in Aviation Management**

**Year of Pass: 2025**

My name is Pragathi N, and I graduated from SEA Group of Institutions, with a BBA in Aviation Management. As I look back, I feel incredibly grateful to have studied at SEA College. The college provided a strong academic foundation, and it was a vibrant environment that balanced both rigorous study and enriching extracurriculars.



One of the most significant aspects of my third year was the series of structured projects. In the fifth semester, we completed a mini-project, each student assigned a specific airline to analyze its operations and strategy. Then, in the sixth semester, we undertook a major project focused on a specific airport. Each of us was assigned a particular airport and guided by dedicated faculty members, ensuring we stayed on track and met high standards of research. Alongside this, all students were required to complete an internship in the sixth semester. This internship was a crucial step, as it gave us real-world exposure, allowed us to apply theoretical knowledge, and helped us build professional networks. Beyond academics, I also cherished the cultural events organized by the college. These events, from annual festivals to inter-college competitions, gave us a platform to express creativity, leadership, and teamwork. To current students, I say stay curious and embrace every learning opportunity. The skills I gained from these projects and my internship gave me a solid foundation, and I am forever grateful to SEA College for shaping my aspirations.

**NAME : DEEPENTI.R**

**YEAR OF PASSING: 2022-2025**

**CURRENT STATUS : PURSUING CA**

My time in S.E.A College of Science, Commerce and Arts started in the year 2022-23 till 2025.

It was a transformative journey, blending rigorous learning with unforgettable friendships and newfound independence. It was a vibrant, fast-paced chapter that built confidence, fostered creativity, and shaped future through diverse experiences. These memorable years are truly a blend of personal growth, fun, and preparation for life. Creating lasting memories and deep friendships. Developing independence, maturity, and confidence. S E.A College gave me Opportunities to explore interests, skills, and new passions it was a perfect mix of academic learning and enjoyable and memorable activities. I am very happy to be a part of S.E.A College and wish best of luck for upcoming batches for their journey in S.E.A College.



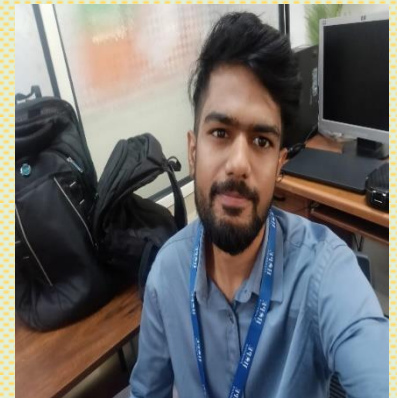
**NAME: SUJITH R**

**YEAR OF PASSING:2023**

**DESIGNATION: PYTHON FULLSTAK**

**TRAINER COMPANY: HOPE FOUNDATION**

I am very thankful for SEA College or giving me a wonderful campus life. It allowed me to make good friend circle and built my skills. The teachers gave me constant support even after the completion oh the college. Infact I got the connection to my current company from SEA College. Really grateful for everything.



### **FOOTPRINTS OF GLORY**

They once walked through these very corridor-dreamers with stars in their eyes and determination in their hearts. Today, they soar high, leaving their indelible mark across the world. The *Alumni Achievers* section of our magazine is a tribute to these torch bearers of excellence, the ones who dared to defy the ordinary and carved extraordinary paths in their respective fields.

**NAME: NAYAN KUMAR GOWDA**  
**CO-FOUNDER, INDIA4IAS | FOUNDER, SAI SANNIDHI PROJECTS |**  
**LEAD, VIVEKA BHARATA**



A visionary alumnus of S.E.A College of Science, Commerce, and Arts, **Nayan** wears many hats with excellence. As **Co-founder of India4IAS**, one of Karnataka's top UPSC coaching centers, he's transforming civil service aspirants into future leaders evident in the institution's stellar performance in UPSC 2022.

With **Sai Sannidhi Projects**, Nayan redefines real estate by blending urban living with nature, creating personalized, eco-conscious spaces in Bengaluru's IT hub.

Passionate about youth empowerment, he also leads **Viveka Bharata**, an organization rooted in Swami Vivekananda's ideals, offering skill training and spiritual grounding to India's vast youth population.

A changemaker, a dreamer, and a doer Nayan continues to inspire with his commitment to nation-building.

**NAME: KAMALA CHANDRASHEKAR**  
**FOUNDER, SRISTI GROUP OF INSTITUTIONS**

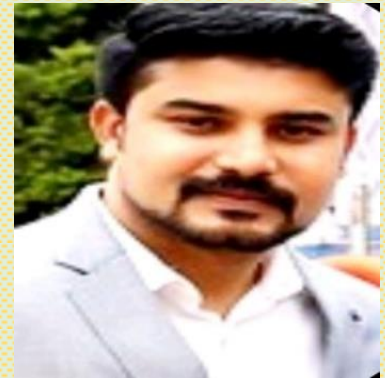
An alumna of S.E.A College of Science, Commerce, and Arts, **Ms. Kamala Chandrashekar** turned her passion for education into a powerful movement. At just 22, she founded **Sristi Kids**, which has grown into the **Sristi Group of Institutions**, now educating over **1800 students** across four branches in Bangalore.



Recipient of the **Best Preschool Award** and the **Acharya Award**, she continues to inspire as an educationist, entrepreneur, and trained Carnatic vocalist. A true symbol of S.E.A excellence bold, visionary, and unstoppable.

**NAME: ADARSH SASHIDHARAN**  
**RECRUITMENT MANAGER, ALLEGIS GLOBAL SOLUTIONS**  
**NORTH AMERICA**

From S.E.A to North America, **Adarsh Sasidharan** has carved a global path marked by ambition and excellence. A proud alumnus of our college, he now holds the position of **Recruitment Manager at Allegis Global Solutions**, North America one of the world's leading talent solutions firms.



His journey stands as a shining example of how dedication, vision, and a strong academic foundation can open doors across continents. Adarsh continues to inspire young minds to think big, act bold, and pursue their goals with confidence.

**FIROZ SHEIK – FROM CHAMPION TO COACH: THE RISE OF A YOGA STAR**



Firoz Sheik, a celebrated alumnus of S.E.A College, has carved an extraordinary path in the world of yoga. A multiple-time national medallist, Firoz clinched a **Silver medal in Rhythmic Yoga Pair** and a **Bronze in the Traditional event (Senior category)** at the **37th National Games, Goa (2023)**. At the **36th National Games in Gujarat (2022)**, he dazzled again with a **gold medal in Rhythmic Pair** and another **Bronze in Traditional Yoga**.

With over **30 national-level appearances**, prestigious titles such as **Yoga Kumara, Bharat Yoga King (Junior)**, and **Yoga Sadhaka**, and international wins to his name, Firoz is not just a performer—he is a phenomenon. Today, he is one of the **most sought-after yoga instructors in leading schools**, inspiring young minds through his expertise, passion, and story of perseverance. Firoz Sheik stands as a shining example of how dedication and discipline can transform talent into legacy.



# PHOTO GALLERY



**COLLEGE GOVERNANCE**



**HEADS OF THE DEPARTMENTS**



**FACULTY MEMBERS**



**IQAC CELL**



**INSTITUTION INNOVATION COUNCIL**



**STUDENTS GRIEVANCE REDRESSAL COMMITTEE**



**ANTIRAGGING COMMITTEE**



**ANTI SEXUAL HARASSMENT COMMITTEE**



**INTERNAL COMPLAINTS COMMITTEE**



**WOMEN EMPOWERMENT CELL**



**EQUAL OPPORTUNITY CELL**



**SC/ST WELFARE COMMITTEE**



**CULTURAL COMMITTEE**



**SCIENCE CLUB**



**IT CLUB (CSI)**



**COMMERCE CLUB**



**ECO CLUB**



**TOURISM CLUB**



**SPORTS CLUB**



**NSS/YRC**



**NCC**



**NON-TEACHING STAFF**



**GROUP D**



**BCOM FINAL YEAR**



**BCOM SECOND YEAR**



**BCOM FIRST YEAR**



**BBA FINAL YEAR**



**BBA SECOND YEAR**



**BBA FIRST YEAR**



**B.Sc. FINAL YEAR**



**B.Sc SECOND YEAR**



**B.Sc FORENSIC SCIENCE FINAL YEAR**



**B.Sc FORENSIC SCIENCE SECOND YEA**



**B.Sc FORENSIC FIRST YEAR**



**B.Sc EMCs AND CND FINAL YEAR**



**B.Sc EMCs CBL AND C&D SECOND & FIRST YEAR**



**BCA FINAL YEAR**



**BCA SECOND YEAR**



**BCA FIRST YEAR**



**BA FINAL YEAR**



**BA FIRST & SECOND YEAR**



**BSW/BTTM/MTTM**



**BHM FINAL YEAR**



**BHM FIRST & SECOND YEAR**



**MCA**



**MSW**



**M.Sc. Organic Chemistry**



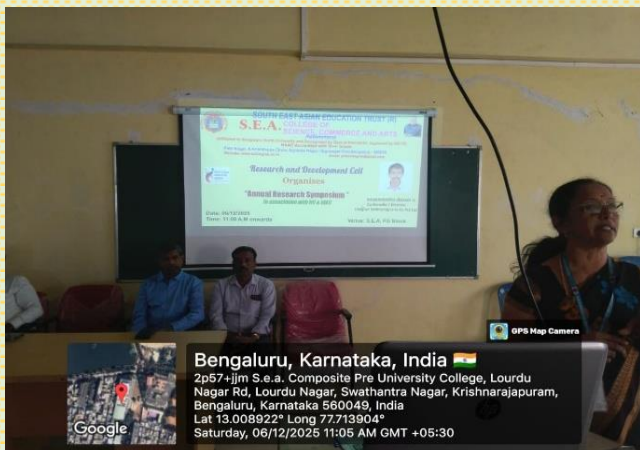
**MBA**



**Expert Talk**



**Civil Service Orientation**



**Annual Research Symposium**



**Guest Lecture**



**Career Guidance**



**IT Club Orientation**



**Ancient Coin Exhibition**



**Minority Welfare Awareness Program**



**Travel Brochure Design Competition**

**AI & I 4.0 Tools Workshop**



**Quiz Bit**

**Tally Certificate Program**



Sea Bazaar



Poster Making Competition



Workshop On Journaling Technique



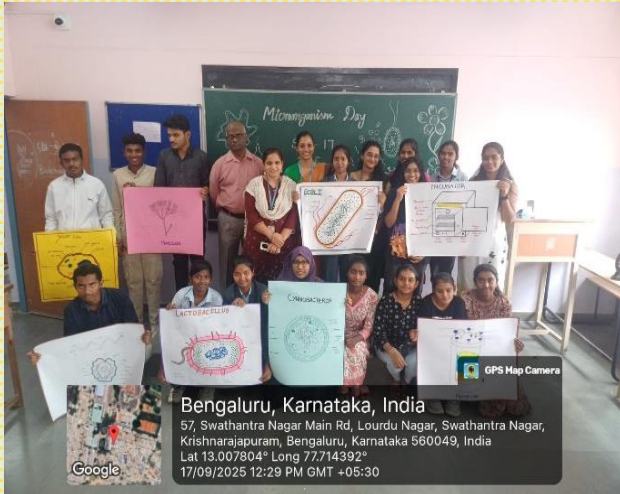
Parent-Teacher Meeting



World Heart Day



World Tourism Day



**Microorganism Day**



**Investor Awareness Program**



**Internship Stipend Distribution**



**Hindi Diwas**



**International Human Right's Day**



**Bartending Workshop**



**World Letter Writing Day**



**Placement Drive**



**Har Ghar Tiranga**



**Soft Skills Seminar**



**Brush And Lens**



**Academic Meeting**



**Student Exchange Program**



**World Environment Day**



**No Tobacco Day**



**Cleanliness Drive**



**Visit To Slum**



**Kannada Rajyotsava**



**National Integration Day**



**Investiture Ceremony**



**Fresher's Day**



**Cultural Fest**



**Onam**



**Festive Cake Mixing**



**Ayudha Pooja**



**Alumni Meet**



**Kargil Vijay Diwas**



**Constitution Day**



**Gandhi Jayanthi**



**150<sup>th</sup> Year Of "Vande Mataram"**



**Ambedkar Jayanthi**



**Basava Jayanthi**



**Savithribai Phule Jayanthi**



**Republic Day**



**Independence Day**



**Republic Day**







**Prathiksha(Bhm)-Gold Medal Housekeeping Entrepreneur**



**Genomania  
Gardend City University  
Tarun, Dhruva,Mahathi- First Prize**



**Verbal Knock-Out  
Gardencity University  
Collegaswin,Gaythri,Harshitha- First Prize**



**Pratiksha  
Parampara- Silicon City  
Photography -2<sup>nd</sup> Prize**



**Bhoomikasolo Singing 2<sup>nd</sup> Prize  
Kristu Jayanthi College**



**Jennifer, Lavanya, And Mona  
Jewellery Making Sacred Heart College**



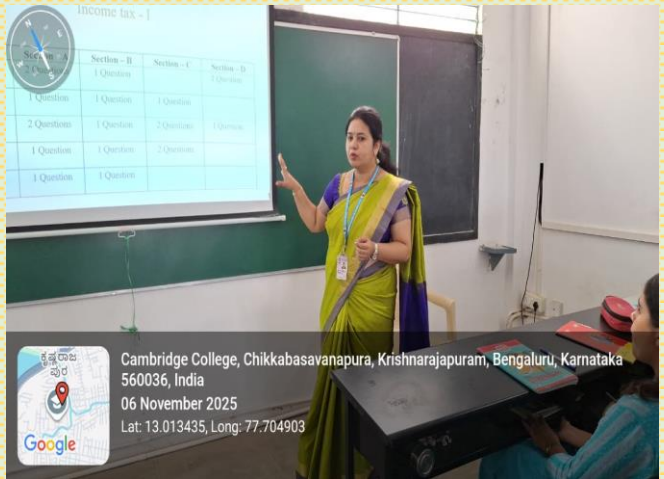
**Dr. SRIDHAR M**



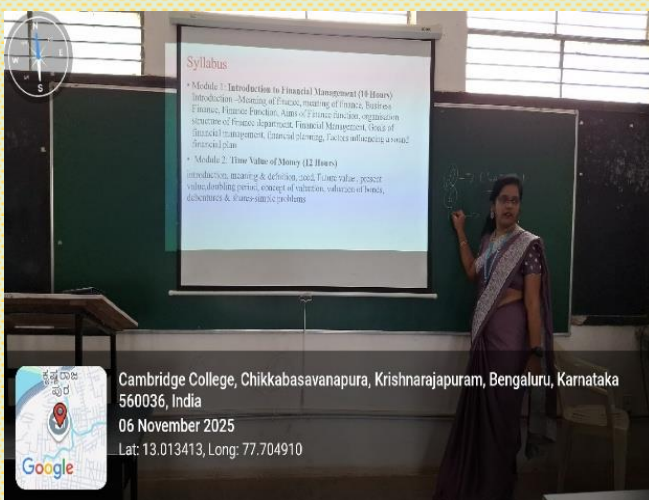
**MEGHA H R**



**DR. K. ADISESHA**



**MS. SHRUTHI S K**



**MS. CHANDANA A S**



**THARUN S(B.Sc FORNENSIC)-HAMMER THROW**



**FOOTBALL(RUNNER-UP)**





**COMMUNITY ENGAGEMENT ACTIVITIES**



**ANTI-DRUG AWARENESS**



**NATIONAL POLLUTION CONTROL DAY**



**CHILDREN HEALTHCARE AWARENESS**

**WOMEN EMPOWERMENT AWARENESS**



**WORLD ENVIRONMENT DAY**



**CANDID SHOTS**



















**TEMPLE**



**UG BLOCK**



**PG BLOCK**



**IQAC MEETING ROOM**



**BUSINESS LAB**



**COMPUTER LAB**



**PSYCHOLOGY LAB**



**BIOTECHNOLOGY LAB**





**CND LAB**



**ELECTRONICS LAB**



**FORENSIC LAB**



**MATHS LAB**



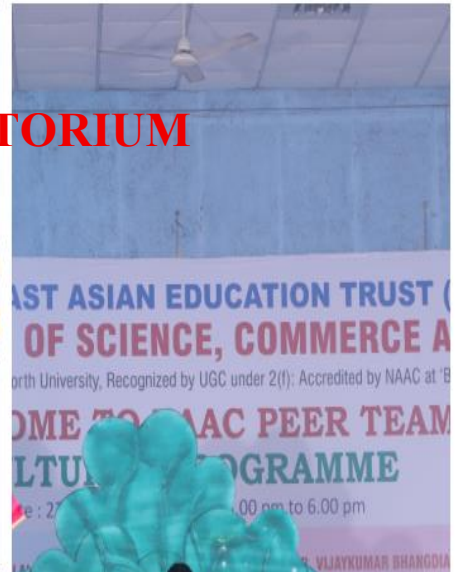
**PHYSICS LAB**



**CHEMISTRY LAB**



# MULTIPURPOSE AUDITORIUM







# S.E.A GROUP OF INSTITUTIONS

SEA EDUCATION TRUST

KR PURAM, BANGALORE, KARNATAKA - 560049

## ADMISSION OPEN

### SEA COLLEGE OF ENGINEERING & TECHNOLOGY

Approved by AICTE, Affiliated to VTU,  
Recognised by Govt. of Karnataka

#### B.E/B.Tech

- **Computer Science & Engineering**
- **Artificial Intelligence & Machine Learning**
- **Artificial Intelligence & Data Science**
- **IoT & Cyber Security**  
Including Blockchain Technology
- **Information Science & Engineering**
- **Electronics & Communication Engineering**
- **Mechanical Engineering**
- **Civil Engineering**
- **Agricultural Engineering**

#### M.E/M.Tech

- **Computer Science & Engineering**
- **VLSI & Embedded Systems**
- **MBA (VTU) (Dual Specialisation)**  
Human Resource | Marketing | Finance  
Business Analytics

#### Ph.D

- **CSE, ME | ECE | CHE | MBA**

### SEA COLLEGE OF EDUCATION

- **B.Ed**

### SEA COMPOSITE PU COLLEGE

- **SCIENCE** PCMB | PCMC
- **COMMERCE** EABC | BACS | HEBA
- **ARTS** HEPS | ESPP

### SEA ITI

- **Fitter**
- **Electrician**
- **Electronic Mechanic**

### SEA COLLEGE OF SCIENCE COMMERCE & ARTS (AUTONOMOUS)

Affiliated to BNU & Recognised by Govt. of Karnataka

#### UG PROGRAMS

- **B.Sc** Electronics, Maths, Computer Science, Physics  
Maths, Computer Science, Psychology, Chemistry  
Maths, Chemistry, Life Science, Bio-Technology
- **B.Sc** - Forensic Science
- **B.Sc** - Clinical Nutrition & Dietetics
- **B.Sc** - Food Science & Nutrition
- **BA** History, Economics, Political Science  
Criminology, Psychology, Journalism
- **B.Com** General | Logistics & Supply Chain Management
- **BBA** General | Aviation Management
- **BCA | BTM | BSW | BHM**

#### PG PROGRAMS

- **MA** English | Economics | Kannada
- **M.Sc** Computer Science | Inorganic Chemistry  
Organic Chemistry | Physical Chemistry | Botany
- **M.Com | MCA | MTTM | MSW**
- **MBA** Dual Specialisation  
Marketing | Finance | Human Resource | Health Care Mgt.

### SEA EVENING COLLEGE (BNU)

- **B.Com | BA | BCA**

### SEA LAW COLLEGE

Affiliated to KSLU, Hubli & Recognised by Bar Council of India

- **LLB** (3 Year Course) | **BA LLB** (5 Year Integrated Course)

### SEA COLLEGE OF NURSING

Affiliated to RGUHS & Recognised by INC & KNC  
Approved by Govt. of Karnataka

- **GNM | B.Sc Nursing | PB B.Sc Nursing**
- **M.Sc Nursing**  
Medical Surgical | Pediatrics | Community | OBG

### SEA SCHOOLS

#### SEA PRIMARY & HIGHER SECONDARY SCHOOL

- **State Syllabus** - Nursery to 10th STD.

#### SEA INTERNATIONAL SCHOOL

- **ICSE Syllabus** - Nursery to 10th STD.

25

YEARS OF EXCELLENCE  
IN EDUCATION

6000+

STUDENTS INCLUSIVE  
OF FOREIGN & NATIONAL

48+

ACRE CAMPUS IN THE  
HEART OF THE CITY

600+

EXPERIENCED  
FACULTY

100%

PLACEMENT ASSISTANCE &  
INDUSTRIAL OPPORTUNITY

 [admissions@seaedu.ac.in](mailto:admissions@seaedu.ac.in)

 [seaedu.ac.in](http://seaedu.ac.in)

 **+91 7353 945 999**