



12431

IV Semester M.Sc. Examination, September/October 2022
(CBCS Scheme)
COUNSELING PSYCHOLOGY
401 : Marriage and Family Therapy – II

Time : 3 Hours

Max. Marks : 70

Instructions : 1) Answer *all* questions.
2) *All* questions carry **equal** marks.

1. a) Describe Gerald Patterson's cognitive behavioral family therapy.
OR
b) Delineate the types of behavior and cognitive behavioral family therapy.
 2. a) Elucidate Bill O' Hanion solution – focused brief therapy.
OR
b) Write a note on :
 - a) Role of the therapist
 - b) Process and outcome of narrative family therapy.
 3. a) Explain couple therapy according to Susan Johnson.
OR
b) Describe John Gottman's perspective of couple and therapy.
 4. a) Discuss cultural diversity in family therapy concerning Indian families.
OR
b) Elaborate on evolving professions in a rapidly developing nation.
 5. a) Write a note on :
 - a) Domestic violence
 - b) Child abuse and neglect.
OR
b) Explain counselling the family with children having educational problems.
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IV Semester M.Sc. Examination, September/October 2022
(CBCS)

COUNSELLING PSYCHOLOGY
402 : Educational Counselling – II

Time : 3 Hours

Max. Marks : 70

Instructions : Answer **all** questions. **All** questions carry **equal** marks.

1. a) Describe recognition of ADHD symptoms.
OR
 1. b) Write a note on Autism spectrum disorder and learning disability.
 2. a) Discuss educational programs for HIV/AIDS and promoting their health.
OR
 2. b) Delineate gender sensitization and sex education.
 3. a) Elucidate family counseling for children with psychological problems.
OR
 3. b) Explain teacher as career counselor.
 4. a) Describe the policies and programs of WHO.
OR
 4. b) Discuss the recent developments and updates related to education in India.
 5. a) Elucidate preparing students for higher education and career.
OR
 5. b) Explain crisis intervention in the educational setting.
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IV Semester M.Sc. Examination, September/October 2022
(CBCS Scheme)
COUNSELING PSYCHOLOGY
403 SC : Positive Psychology

Time : 2 Hours

Max. Marks : 35

Instructions : 1) Answer any five (5) questions.
2) All questions carry equal marks.

1. Delineate building human strength and going from negative to positive.
 2. Define positive psychology. Explain the assumptions and goals of positive psychology.
 3. Write a note on :
 - a) Engaged life
 - b) Meaningful life.
 4. Explain the determinants of happiness.
 5. Describe the principles of pleasure.
 6. Elucidate virtues and strength of character as positive traits.
 7. Write a note on :
 - a) Wisdom and courage
 - b) Forgiveness and gratitude.
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Fourth Semester M.Sc. Degree Examination, November 2023
(CBCS Scheme)

COUNSELLING PSYCHOLOGY
401 : Marriage and Family Therapy – II

Time : 3 Hours

Max. Marks : 70

Instructions : 1) Answer **all** questions.
2) **All** questions carry **equal** marks.

1. a) Explain the major premises of behavioural family therapy.

OR

b) Explain the therapy process of cognitive behavioural couple therapy.

2. a) Critically examine the solution focussed brief therapy.

OR

b) Explain techniques of narrative family therapy.

3. a) Explain Gottman's model of marriage therapy.

OR

b) Elucidate the therapeutic process of Susan Johnson's emotion focussed couple therapy.

4. a) Explain the challenges to practicing family therapy in the context of diversity in India.

OR

b) Explain the need for the development of family therapy in India.

5. a) Justify the relevance of family therapy to families with sexual abuse issues.

OR

b) Describe the process of behavioural family therapy for families with behavioural problems in a child.



IV Semester M.Sc. Examination, November 2023
(CBCS Scheme)
COUNSELLING PSYCHOLOGY
402 : Educational Counselling – II

Max. Marks : 70

Time : 3 Hours

Instructions : 1) Answer *all* questions.
2) *All* questions carry **equal** marks.

1. a) Describe the symptoms of self-harm and suicide risk.

OR

b) Elaborate screening for Depression and Anxiety.

2. a) Discuss the educational programmes on HIV/AIDS education and health promotion.

OR

b) Write a short note on :

i) Life skills

ii) Suicide prevention.

3. a) Discuss teachers and parents as collaborators in counselling children.

OR

b) Explain the need and importance of family counselling for children with psychological problems.

4. a) Describe the National Laws on education and child welfare.

OR

b) Discuss the policies and programmes of WHO.

5. a) How to create safe and supportive educational culture and environment in educational setting ?

OR

b) Discuss "School counsellors as consultants and collaborators".



IV Semester M.Sc. Examination, November 2023
(CBCS Scheme)
COUNSELLING PSYCHOLOGY
405 SC : Positive Psychology

Time : 2 Hours

Max. Marks : 35

Instructions : 1) Answer **any five** questions.
2) **All** questions carry **equal** marks.

1. Explain the positive psychology assumptions.
 2. Write a short note on :
 - a) Pleasant life.
 - b) Meaningful life.
 3. Define happiness and explain the measure of happiness.
 4. Describe positive emotions and principles of pleasure.
 5. Elaborate on personality, emotions and biology.
 6. Discuss Wisdom and Courage in detail.
 7. Write an essay on mindfulness.
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